



Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
1	24	RUBEN DELGADO GIL	ASCARI HARMAN TRAIL RUNNING	1:40:47	4:01 min/km	2:36:24	4:11 min/km	3:02:28	4:08 min/km	3:20:29	4:06 min/km	3:27:32	4:09 min/km	+0
2	1488	DANIEL CORDON TOSCANO	EPA MIGUEL RIOS	1:45:11	4:12 min/km	2:44:09	4:24 min/km	3:11:49	4:21 min/km	3:30:06	4:18 min/km	3:37:11	4:20 min/km	+9:39
3	513	AHMED MOHAMED KARROUM	TRAIL RUNNING MELILLA	1:41:48	4:04 min/km	2:43:39	4:23 min/km	3:11:42	4:21 min/km	3:31:08	4:19 min/km	3:38:20	4:22 min/km	+10:47
4	695	MIGUEL ANGEL TELLEZ SEGURA	CLUB ATLETICO MELILLA	1:43:22	4:08 min/km	2:44:38	4:25 min/km	3:13:27	4:23 min/km	3:32:29	4:20 min/km	3:39:34	4:23 min/km	+12:02
5	252	JUAN CARLOS COELLO SANCHEZ	CA ANTORCHA	1:39:40	3:59 min/km	2:38:59	4:16 min/km	3:10:26	4:19 min/km	3:32:17	4:20 min/km	3:40:52	4:25 min/km	+13:20
6	1588	MUSTAFA MOHAMED ABDERRAHAMAN	INDEPENDIENTE	1:41:04	4:02 min/km	2:41:55	4:20 min/km	3:12:38	4:22 min/km	3:34:49	4:23 min/km	3:43:41	4:28 min/km	+16:08
7	1292	NEBIL DRISS HAMED	INDEPENDIENTE	1:51:52	4:28 min/km	2:49:10	4:32 min/km	3:16:49	4:28 min/km	3:37:54	4:27 min/km	3:45:05	4:30 min/km	+17:33
8	317	JOSE MANZANO SANTIAGO	GADOR CORRE CON EL BUEN PASTOR	1:45:26	4:13 min/km	2:49:26	4:32 min/km	3:19:03	4:31 min/km	3:40:50	4:31 min/km	3:49:32	4:35 min/km	+21:59
9	900	AZIZ LARZI	HTRAINER	1:51:53	4:28 min/km	2:54:40	4:41 min/km	3:23:49	4:37 min/km	3:43:31	4:34 min/km	3:50:22	4:36 min/km	+22:49
10	998	JOSE ANTONIO MORENO PALACIOS	CLUB ATLETISMO LOS 100 METROS DE	1:47:35	4:18 min/km	2:50:04	4:33 min/km	3:20:45	4:33 min/km	3:43:24	4:34 min/km	3:51:15	4:37 min/km	+23:42
11	1528	MANUEL FUENTES BARRIENTOS	PENA CEUTI 100 KM	1:49:22	4:22 min/km	2:52:52	4:38 min/km	3:23:40	4:37 min/km	3:44:12	4:35 min/km	3:51:24	4:37 min/km	+23:52
12	1337	JOSPIN ERLOR MECDEM	INDEPENDIENTE	1:43:42	4:08 min/km	2:48:32	4:31 min/km	3:19:03	4:31 min/km	3:42:42	4:33 min/km	3:51:27	4:37 min/km	+23:55
13	1662	ROBERTO CUESTA CALVO		1:48:17	4:19 min/km	2:52:54	4:38 min/km	3:24:40	4:39 min/km	3:46:18	4:37 min/km	3:54:10	4:41 min/km	+26:37
14	395	FRANCISCO RIOS GARCIA	POLICIA NACIONAL	1:48:15	4:19 min/km	2:53:59	4:40 min/km	3:26:46	4:41 min/km	3:51:57	4:44 min/km	4:00:14	4:48 min/km	+32:42
15	429	ANTONIO JESUS IBAÑEZ DE LA ROSA	EPA MIGUEL RIOS	1:48:13	4:19 min/km	2:53:59	4:40 min/km	3:26:46	4:41 min/km	3:51:59	4:44 min/km	4:00:14	4:48 min/km	+32:42
16	1475	MOHAMED AHMED MOHAMED	PENA CEUTI 100 KM	1:57:58	4:43 min/km	3:05:43	4:59 min/km	3:34:37	4:52 min/km	3:53:49	4:47 min/km	4:00:18	4:48 min/km	+32:45
17	202	RAFAEL MARTIN MARTIN	CLUB ATLETISMO RINCÓN DE LA VICTOF	1:54:24	4:34 min/km	3:01:16	4:51 min/km	3:33:23	4:50 min/km	3:53:49	4:47 min/km	4:01:29	4:49 min/km	+33:56
18	1669	MOHAMED EL HAMMOUTI		1:45:36	4:13 min/km	2:57:56	4:46 min/km	3:32:55	4:50 min/km	3:53:52	4:47 min/km	4:02:08	4:50 min/km	+34:35
19	1018	ABDELKADER MANKOUCH	INDEPENDIENTE	1:48:01	4:19 min/km	2:56:22	4:44 min/km	3:31:24	4:48 min/km	3:54:57	4:48 min/km	4:03:15	4:51 min/km	+35:42
20	1501	RAFAEL PEREZ IDRICIA	TERLEG 1	1:52:04	4:28 min/km	2:58:51	4:48 min/km	3:30:37	4:47 min/km	3:53:47	4:47 min/km	4:03:15	4:51 min/km	+35:43
21	944	OMAR DRIS MAANAN	TRAIL RUNNING MELILLA	1:52:04	4:28 min/km	2:57:57	4:46 min/km	3:30:37	4:47 min/km	3:54:19	4:47 min/km	4:03:31	4:52 min/km	+35:59
22	1592	HECTOR GOMEZ SANCHEZ	INDEPENDIENTE									4:04:09	4:52 min/km	+36:36
23	253	ANTONIO BARREIRO GARCIA	LINEA DE META	1:54:22	4:34 min/km	2:59:49	4:49 min/km	3:32:45	4:50 min/km	3:56:54	4:50 min/km	4:05:14	4:54 min/km	+37:41
24	923	JOSE PABLO ALDAMA GUILLEN	ALHAMA COYM	1:53:36	4:32 min/km	3:01:36	4:52 min/km	3:37:09	4:56 min/km	4:00:38	4:55 min/km	4:10:30	5:00 min/km	+42:57
25	677	JORGE HERGUIDO GARRIDO	CD AQUEATACAMOS	1:54:50	4:35 min/km	3:08:18	5:03 min/km	3:41:12	5:01 min/km	4:03:04	4:58 min/km	4:10:41	5:00 min/km	+43:08
26	540	ENRIQUE GOMEZ RUIZ	INDEPENDIENTE	1:57:49	4:42 min/km	3:08:31	5:03 min/km	3:40:08	5:00 min/km	4:02:53	4:58 min/km	4:11:02	5:01 min/km	+43:29
27	575	SALVADOR PEÑAFLOK AKBERT	INDEPENDIENTE	1:54:20	4:34 min/km	3:05:01	4:58 min/km	3:37:47	4:56 min/km	4:01:52	4:57 min/km	4:11:16	5:01 min/km	+43:43
28	869	FALI ALCAIDE RIVAS	TRAIL RUNNING MELILLA	1:58:30	4:44 min/km	3:08:55	5:04 min/km	3:41:29	5:02 min/km	4:03:50	4:59 min/km	4:11:57	5:02 min/km	+44:24





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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
29	216	YUSEF DRIS MOHAMED	CM ANYERA	1:57:27	4:41 min/km	3:06:36	5:00 min/km	3:39:53	4:59 min/km	4:03:59	4:59 min/km	4:13:24	5:04 min/km	+45:52
30	68	ANGEL JIMENEZ RIVAS	INDEPENDIENTE	1:53:20	4:32 min/km	3:03:22	4:55 min/km	3:39:27	4:59 min/km	4:04:17	5:00 min/km	4:13:38	5:04 min/km	+46:05
31	1458	DAVID RUIZ JIEMENEZ	INDEPENDIENTE	1:57:09	4:41 min/km	3:07:33	5:02 min/km	3:40:52	5:01 min/km	4:04:42	5:00 min/km	4:13:44	5:04 min/km	+46:11
32	292	JULIO MARTINEZ	PILOÑA DEPORTE	1:48:42	4:20 min/km	3:01:26	4:52 min/km	3:38:39	4:58 min/km	4:05:07	5:01 min/km	4:14:24	5:05 min/km	+46:51
33	327	RAFAEL BOLAÑO MONTES	MELILLA SIEMPRE ESPANOLA	2:00:01	4:48 min/km	3:14:13	5:12 min/km	3:48:02	5:10 min/km	4:10:17	5:07 min/km	4:18:21	5:10 min/km	+50:48
34	1374	CRISTINA GONZALVES VILAS	TROTADUNAS	1:58:39	4:44 min/km	3:14:14	5:12 min/km	3:47:29	5:10 min/km	4:09:55	5:06 min/km	4:18:48	5:10 min/km	+51:15
35	1585	ABDESSELAM KHOUYAOU		2:00:01	4:48 min/km	3:18:10	5:19 min/km	3:48:43	5:11 min/km	4:10:43	5:07 min/km	4:19:18	5:11 min/km	+51:45
36	1579	FRANCISCO PADILLA VIZCAINO	REGULARES DE MELILLAME ATREVO			3:18:11	5:19 min/km	3:48:43	5:11 min/km	4:10:42	5:07 min/km	4:19:20	5:11 min/km	+51:48
37	335	JOSE LUIS CUARTERO NAVARRO	FARMACIA MILITAR	1:59:19	4:46 min/km	3:09:24	5:05 min/km	3:44:35	5:06 min/km	4:10:24	5:07 min/km	4:19:26	5:11 min/km	+51:54
38	523	MARIO PIZANA CASES	BACTERIOS RUNNERS TEAM	1:57:51	4:42 min/km	3:11:13	5:08 min/km	3:45:20	5:07 min/km	4:09:52	5:06 min/km	4:19:49	5:11 min/km	+52:17
39	484	JAVIER RICO TORTOSA	TRAIL RUNNING MELILLA	1:52:13	4:29 min/km	3:12:14	5:09 min/km	3:47:50	5:10 min/km	4:10:49	5:08 min/km	4:20:31	5:12 min/km	+52:58
40	237	PAKO DOMINGUEZ PEDREÑO	RING-8	1:58:29	4:44 min/km	3:08:56	5:04 min/km	3:47:48	5:10 min/km	4:12:33	5:10 min/km	4:20:40	5:12 min/km	+53:07
41	811	SUFIAN MOHAMED MOHAMED	INDEPENDIENTE	1:54:43	4:35 min/km	3:12:31	5:10 min/km	3:47:30	5:10 min/km	4:12:06	5:09 min/km	4:20:57	5:13 min/km	+53:24
42	754	PABLO IBAÑEZ SANCHO MIÑANO	TRIATOMIX	2:07:14	5:05 min/km	3:17:45	5:18 min/km	3:50:50	5:14 min/km	4:13:17	5:11 min/km	4:21:03	5:13 min/km	+53:30
43	870	KARIN AHMED AMAR	TRAIL RUNNING MELILLA	2:01:51	4:52 min/km	3:17:00	5:17 min/km	3:49:05	5:12 min/km	4:12:51	5:10 min/km	4:21:35	5:13 min/km	+54:02
44	1477	ISIDRO FERNANDEZ NAVARRO	TERLEG 2	1:54:24	4:34 min/km	3:07:29	5:01 min/km	3:46:11	5:08 min/km	4:12:45	5:10 min/km	4:22:12	5:14 min/km	+54:40
45	1502	ANGEL CONDE RODRIGUEZ	TERLEG 2	1:54:27	4:34 min/km	3:06:57	5:01 min/km	3:46:10	5:08 min/km	4:12:47	5:10 min/km	4:22:14	5:14 min/km	+54:41
46	413	MIGUEL ANGEL IGLESIAS BLANCO	A. D. SIR LUGO	2:09:53	5:11 min/km	3:24:52	5:29 min/km	3:54:37	5:19 min/km	4:15:32	5:13 min/km	4:22:49	5:15 min/km	+55:16
47	731	DARIO MORENO CARRASCO	CT CALIFAS DE HIERRO	1:55:44	4:37 min/km	3:09:04	5:04 min/km	3:45:35	5:07 min/km	4:12:27	5:10 min/km	4:22:53	5:15 min/km	+55:20
48	599	JAVI ALMANSA MATEO	INDEPENDIENTE	2:02:17	4:53 min/km	3:17:47	5:18 min/km	3:51:45	5:16 min/km	4:14:42	5:12 min/km	4:23:26	5:16 min/km	+55:54
49	1659	IGNACIO RUBEN TORRES SANCHEZ		2:03:20	4:56 min/km	3:19:00	5:20 min/km	3:51:01	5:15 min/km	4:14:32	5:12 min/km	4:23:26	5:16 min/km	+55:54
50	36	LUIS PERNAS GONZALEZ	CEX CARTAGENA	1:58:24	4:44 min/km	3:13:39	5:11 min/km	3:50:58	5:14 min/km	4:15:54	5:14 min/km	4:24:44	5:17 min/km	+57:11
51	1043	FERNANDO GARCIA GALLEGO		1:54:22	4:34 min/km	3:14:23	5:13 min/km	3:52:16	5:16 min/km	4:17:00	5:15 min/km	4:25:28	5:18 min/km	+57:56
52	319	JULIO IGLESIAS TRUJILLO	ASUQUITA	2:02:53	4:54 min/km	3:18:40	5:20 min/km	3:53:20	5:18 min/km	4:17:24	5:16 min/km	4:26:03	5:19 min/km	+58:30
53	373	ALONSO MORENO	INDEPENDIENTE	1:57:36	4:42 min/km	3:14:55	5:13 min/km	3:51:32	5:15 min/km	4:17:22	5:16 min/km	4:27:04	5:20 min/km	+59:32
54	762	MIGUEL CARLOS CORTES RAMOS	CD SOHAIL - LA SENDA	1:58:00	4:43 min/km	3:14:37	5:13 min/km	3:51:32	5:15 min/km	4:17:19	5:16 min/km	4:27:08	5:20 min/km	+59:35
55	1620	AHMED BEN AHMED	FARHANA	2:04:32	4:58 min/km	3:19:05	5:20 min/km	3:54:48	5:20 min/km	4:17:51	5:16 min/km	4:27:12	5:20 min/km	+59:39
56	6	PACO CASTILLO CARRASCAL	TRIATLO PALLEJA	1:53:18	4:31 min/km	3:13:46	5:12 min/km	3:53:51	5:18 min/km	4:19:21	5:18 min/km	4:27:41	5:21 min/km	+1:00:09





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Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
57	233	DANIEL BUENO HERVAS	EVT/GC	2:08:30	5:08 min/km	3:21:18	5:24 min/km	3:55:40	5:21 min/km	4:19:12	5:18 min/km	4:27:57	5:21 min/km	+1:00:25
58	1503	CRISTIAN CASTRO JIMENEZ	TERLEG 2	1:59:09	4:45 min/km	3:15:49	5:15 min/km	3:54:18	5:19 min/km	4:19:55	5:19 min/km	4:29:23	5:23 min/km	+1:01:50
59	1178	ABDELKAMAL AZDOUFFAL	RUNNERS TEAM	2:01:51	4:52 min/km	3:19:18	5:21 min/km	3:56:19	5:22 min/km	4:20:45	5:20 min/km	4:29:49	5:23 min/km	+1:02:17
60	1135	ÑEÑO GARCIA CANELA	OLYMPIC CENTER	1:57:48	4:42 min/km	3:12:15	5:09 min/km	3:55:08	5:20 min/km	4:21:10	5:20 min/km	4:30:09	5:24 min/km	+1:02:37
61	133	MATILDE MARTINEZ ALVAREZ	INDEPENDIENTE	2:05:04	5:00 min/km	3:19:28	5:21 min/km	3:55:22	5:20 min/km	4:21:12	5:20 min/km	4:30:57	5:25 min/km	+1:03:24
62	70	JOSE MIGUEL ANGEL MARTINEZ	RYT TRAIL PINTO	2:06:23	5:03 min/km	3:29:20	5:37 min/km	4:03:09	5:31 min/km	4:24:01	5:24 min/km	4:32:02	5:26 min/km	+1:04:29
63	679	RONALD FERNANDO ENCISO RODRIGU	ULOG 24	1:59:15	4:46 min/km	3:18:53	5:20 min/km	3:54:42	5:20 min/km	4:21:31	5:21 min/km	4:32:07	5:26 min/km	+1:04:35
64	925	ANTONIO ASTASIO	ALHAMA COYM	1:58:40	4:44 min/km	3:18:44	5:20 min/km	3:56:04	5:21 min/km	4:24:27	5:24 min/km	4:33:15	5:27 min/km	+1:05:42
65	1269	JESUS ARROYO SALVADOR	INDEPENDIENTE	2:01:26	4:51 min/km	3:22:54	5:26 min/km	3:59:39	5:26 min/km	4:24:34	5:24 min/km	4:33:37	5:28 min/km	+1:06:05
66	1330	CRISTOBAL ALVAREZ GUZMAN	INDEPENDIENTE	2:00:01	4:48 min/km	3:18:12	5:19 min/km	3:55:21	5:20 min/km	4:23:10	5:23 min/km	4:33:52	5:28 min/km	+1:06:19
67	1621	SAID EL ALLOUYI	FARHANA	1:59:04	4:45 min/km	3:18:15	5:19 min/km	3:55:37	5:21 min/km	4:25:04	5:25 min/km	4:34:24	5:29 min/km	+1:06:51
68	330	ALEJANDRA CARMEN MOLINA ARAGUE	CLUB ATLETISMO RUBELTOR	2:05:43	5:01 min/km	3:25:17	5:30 min/km	4:02:12	5:30 min/km	4:26:20	5:27 min/km	4:34:34	5:29 min/km	+1:07:01
69	157	VICTOR NICOLAS	INDEPENDIENTE	1:48:16	4:19 min/km	3:08:20	5:03 min/km	3:53:42	5:18 min/km	4:24:07	5:24 min/km	4:34:49	5:29 min/km	+1:07:16
70	539	EUSEBIO ASTORGA MORA	ARCHIDONA GYM RUNNING	2:01:36	4:51 min/km	3:24:09	5:28 min/km	4:00:46	5:28 min/km	4:26:22	5:27 min/km	4:35:50	5:31 min/km	+1:08:17
71	727	TOMAS LUIS ROMERO PUERTO	INDEPENDIENTE	2:00:04	4:48 min/km	3:18:50	5:20 min/km	3:58:36	5:25 min/km	4:26:23	5:27 min/km	4:36:53	5:32 min/km	+1:09:21
72	1161	ALFREDO MENGERT	INDEPENDIENTE	2:04:51	4:59 min/km	3:25:00	5:30 min/km	4:02:30	5:30 min/km	4:27:56	5:29 min/km	4:37:01	5:32 min/km	+1:09:29
73	962	JUAN PARRA DEL PINO	MELILLA SIEMPRE ESPANOLA	2:04:41	4:59 min/km	3:24:20	5:29 min/km	4:02:02	5:30 min/km	4:28:12	5:29 min/km	4:38:28	5:34 min/km	+1:10:55
74	371	ANTONIO GUERRA LUQUE	INDEPENDIENTE	2:10:57	5:14 min/km	3:30:03	5:38 min/km	4:06:04	5:35 min/km	4:30:17	5:31 min/km	4:39:07	5:34 min/km	+1:11:35
75	1520	CARLOS DEL PINO	INDEPENDIENTE	2:04:51	4:59 min/km	3:24:59	5:30 min/km	4:05:26	5:34 min/km	4:31:05	5:32 min/km	4:39:11	5:35 min/km	+1:11:39
76	387	JOSE LUIS PRIETO NOVO	A. D. SIR LUGO	2:08:50	5:09 min/km	3:26:15	5:32 min/km	4:03:20	5:31 min/km	4:29:53	5:31 min/km	4:39:23	5:35 min/km	+1:11:50
77	1032	CARLOS MANUEL DIEGUEZ BAENA	DEPORTIVO LA ZUBIA	2:08:18	5:07 min/km	3:34:27	5:45 min/km	4:09:19	5:39 min/km	4:31:27	5:33 min/km	4:39:34	5:35 min/km	+1:12:01
78	9	PEDRO MARTIN LOPEZ	CGU	2:02:15	4:53 min/km	3:24:31	5:29 min/km	4:03:43	5:32 min/km	4:30:10	5:31 min/km	4:39:54	5:35 min/km	+1:12:21
79	852	FRANCISCO JAVIER HITA REGUERA	INDEPENDIENTE	2:11:25	5:15 min/km	3:31:30	5:40 min/km	4:08:29	5:38 min/km	4:31:25	5:33 min/km	4:40:26	5:36 min/km	+1:12:53
80	409	MERCEDES RIVAS AGUILAR	EPA MIGUEL RIOS	2:13:39	5:20 min/km	3:34:58	5:46 min/km	4:09:11	5:39 min/km	4:31:19	5:33 min/km	4:40:50	5:37 min/km	+1:13:18
81	1446	MANUEL ZAMORA ZARZA	INDEPENDIENTE	2:11:44	5:16 min/km	3:31:26	5:40 min/km	4:09:03	5:39 min/km	4:32:24	5:34 min/km	4:40:55	5:37 min/km	+1:13:22
82	823	OSCAR VAZQUEZ FLORES	C.D MEDITERUNNERS	2:07:21	5:05 min/km	3:27:57	5:34 min/km	4:04:02	5:32 min/km	4:30:58	5:32 min/km	4:40:57	5:37 min/km	+1:13:24
83	568	JOSE BERRIOS SANCHEZ	TRAIL RUNNING MELILLA	2:11:34	5:15 min/km	3:31:27	5:40 min/km	4:09:04	5:39 min/km	4:32:40	5:34 min/km	4:41:25	5:37 min/km	+1:13:52
84	1519	ALVARO FLORES PLA	INDEPENDIENTE	1:59:08	4:45 min/km	3:18:16	5:19 min/km	4:01:50	5:29 min/km	4:31:02	5:32 min/km	4:41:40	5:38 min/km	+1:14:07





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
85	93	JAVIER TORRES FERNANDEZ	INDEPENDIENTE	2:06:42	5:04 min/km	3:24:11	5:28 min/km	4:03:48	5:32 min/km	4:31:08	5:33 min/km	4:41:45	5:38 min/km	+1:14:12
86	1369	MARIA ELENA LEIVA VILLAGRAN	BONCG/CIAT18	2:17:55	5:31 min/km	3:36:50	5:49 min/km	4:09:22	5:40 min/km	4:33:00	5:35 min/km	4:41:49	5:38 min/km	+1:14:16
87	1361	RAFAEL ALCARAZ SANTANA	RUNNERS TEAM	1:57:47	4:42 min/km	3:08:19	5:03 min/km	3:46:14	5:08 min/km	4:27:08	5:28 min/km	4:42:09	5:38 min/km	+1:14:36
88	118	SERGIO GOMEZ LOPEZ	CD SOHAIL - LA SENDA	2:05:43	5:01 min/km	3:26:16	5:32 min/km	4:05:13	5:34 min/km	4:32:35	5:34 min/km	4:42:10	5:38 min/km	+1:14:38
89	1461	BRAHIM BENAISA RAMI	CLUB DE ATLETISMO PLAYA DE MELILLA	2:00:02	4:48 min/km	3:27:50	5:34 min/km	4:06:37	5:36 min/km	4:32:13	5:34 min/km	4:42:16	5:38 min/km	+1:14:43
90	28	JUAN LOPEZ GOMEZ	CUEVA DE NERJA-UMA	2:10:02	5:12 min/km	3:30:18	5:38 min/km	4:07:50	5:37 min/km	4:33:03	5:35 min/km	4:42:32	5:39 min/km	+1:15:00
91	905	ALMUDENA SIERRA GARCIA	RAC16	2:08:38	5:08 min/km	3:34:52	5:46 min/km	4:09:57	5:40 min/km	4:34:43	5:37 min/km	4:43:55	5:40 min/km	+1:16:22
92	85	ANTONIO MIGUEL TORREGROSA CAST	HTRAINER	2:18:19	5:31 min/km	3:37:54	5:50 min/km	4:11:59	5:43 min/km	4:35:29	5:38 min/km	4:45:00	5:42 min/km	+1:17:28
93	1146	JOSE MARIANO MARTIN HERNANDO	THE TOTAL TRAINING	2:02:24	4:53 min/km	3:28:27	5:35 min/km	4:09:09	5:39 min/km	4:35:48	5:38 min/km	4:45:06	5:42 min/km	+1:17:34
94	328	JUAN ANTONIO PRIETO MUÑOZ	INDEPENDIENTE	2:12:06	5:17 min/km	3:36:48	5:49 min/km	4:09:55	5:40 min/km	4:36:32	5:39 min/km	4:46:22	5:43 min/km	+1:18:50
95	1663	JOSE ISIDRO TORREBLANCA		2:05:12	5:00 min/km	3:30:39	5:39 min/km	4:09:48	5:40 min/km	4:36:29	5:39 min/km	4:46:50	5:44 min/km	+1:19:18
96	399	TEOFILO IVAN VAZQUEZ MONROY	A. D. SIR LUGO	2:09:57	5:11 min/km	3:29:15	5:37 min/km	4:07:38	5:37 min/km	4:35:55	5:38 min/km	4:47:00	5:44 min/km	+1:19:28
97	1665	ALI YAARAS		2:06:23	5:03 min/km	3:28:52	5:36 min/km	4:07:38	5:37 min/km	4:36:29	5:39 min/km	4:47:27	5:44 min/km	+1:19:54
98	1623	ABDELKADER HANDI	FARHANA	2:04:28	4:58 min/km	3:28:51	5:36 min/km	4:06:55	5:36 min/km	4:36:30	5:39 min/km	4:47:31	5:45 min/km	+1:19:58
99	689	MARTA VIDAL BENITO	INDEPENDIENTE	2:09:58	5:11 min/km	3:32:27	5:42 min/km	4:11:14	5:42 min/km	4:37:37	5:40 min/km	4:47:40	5:45 min/km	+1:20:08
100	1085	ANTONIO NICOLAS ESCOBAR	INDEPENDIENTE	2:10:44	5:13 min/km	3:30:28	5:39 min/km	4:10:22	5:41 min/km			4:48:15	5:45 min/km	+1:20:43
101	1172	CARLOS JAVIER GARCIA GOMEZ	MELILLA SIEMPRE ESPANOLA	2:10:13	5:12 min/km	3:29:58	5:38 min/km	4:09:26	5:40 min/km	4:38:39	5:42 min/km	4:49:16	5:47 min/km	+1:21:43
102	198	OSCAR PERAL MOHAND	INDEPENDIENTE	2:11:36	5:15 min/km	3:42:06	5:57 min/km	4:16:28	5:49 min/km	4:40:36	5:44 min/km	4:49:26	5:47 min/km	+1:21:53
103	625	FRANCISCO ROVIRA CESARES	BEER RUNNERS MELILLA	2:11:52	5:16 min/km	3:33:58	5:44 min/km	4:12:23	5:44 min/km	4:39:53	5:43 min/km	4:49:40	5:47 min/km	+1:22:07
104	1611	ESTEBAN GOMEZ OCHOA	TERLEG 1	1:54:29	4:34 min/km	3:28:06	5:35 min/km	4:11:20	5:42 min/km	4:40:39	5:44 min/km	4:49:52	5:47 min/km	+1:22:19
105	1079	ANTONIO JAIME MARIN CABRERA	INDEPENDIENTE	2:21:55	5:40 min/km	3:41:38	5:57 min/km	4:16:54	5:50 min/km	4:41:06	5:45 min/km	4:50:15	5:48 min/km	+1:22:42
106	1130	ANTONIO PLAZA	INDEPENDIENTE	2:04:13	4:58 min/km	3:28:34	5:35 min/km	4:10:39	5:41 min/km	4:40:31	5:44 min/km	4:50:28	5:48 min/km	+1:22:55
107	299	MIGUE MARTINEZ MARTINEZ	COBRAS RUNNERS	2:11:34	5:15 min/km	3:31:26	5:40 min/km	4:12:58	5:44 min/km	4:40:34	5:44 min/km	4:51:01	5:49 min/km	+1:23:28
108	620	MIGUEL ANGEL PEREZ BLASCO	INDEPENDIENTE	2:07:35	5:06 min/km	3:32:17	5:41 min/km	4:13:35	5:45 min/km	4:40:46	5:44 min/km	4:51:10	5:49 min/km	+1:23:38
109	1622	RACHID TARIJI	FARHANA	2:14:32	5:22 min/km	3:37:51	5:50 min/km	4:15:41	5:48 min/km	4:41:38	5:45 min/km	4:51:16	5:49 min/km	+1:23:44
110	1496	BENAISSA TAHIRI	TRAIL RUNNING MELILLA	2:11:54	5:16 min/km	3:39:29	5:53 min/km	4:18:26	5:52 min/km	4:43:37	5:48 min/km	4:52:34	5:51 min/km	+1:25:01
111	144	JUAN ANTONIO CINTAS RUEDA	EVT/GC	2:11:39	5:15 min/km	3:35:07	5:46 min/km	4:15:09	5:47 min/km	4:43:03	5:47 min/km	4:52:55	5:51 min/km	+1:25:22
112	178	FRANCISCO REQUENA BELMONTE	CORREDORES AFRICANUS MELILLA	2:11:39	5:15 min/km	3:33:11	5:43 min/km	4:14:20	5:46 min/km	4:43:28	5:48 min/km	4:53:13	5:51 min/km	+1:25:41





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MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
113	983	MIGUEL ANGEL ESTEVANEZ BOTELLO	HTRAINER	2:12:40	5:18 min/km	3:31:47	5:41 min/km	4:10:27	5:41 min/km	4:41:03	5:45 min/km	4:53:19	5:51 min/km	+1:25:46
114	723	LUIS PEDRO GONZALEZ SALAS	CORREDORES AFRICANUS MELILLA	2:15:50	5:26 min/km	3:40:16	5:54 min/km	4:18:57	5:53 min/km	4:44:32	5:49 min/km	4:53:20	5:52 min/km	+1:25:47
115	33	RAMON DEL OLMO CODES	INDEPENDIENTE	2:14:27	5:22 min/km	3:40:44	5:55 min/km	4:20:08	5:54 min/km	4:44:43	5:49 min/km	4:53:23	5:52 min/km	+1:25:50
116	1070	ANTONIO FRANCISCO RODRIGUEZ ARC	INDEPENDIENTE	2:19:21	5:34 min/km	3:40:18	5:54 min/km	4:18:26	5:52 min/km	4:44:17	5:49 min/km	4:53:25	5:52 min/km	+1:25:53
117	235	MANUEL GONZALEZ VERGARA	CORREDORES AFRICANUS	2:15:51	5:26 min/km	3:41:07	5:56 min/km	4:17:26	5:51 min/km	4:44:10	5:49 min/km	4:53:49	5:52 min/km	+1:26:17
118	1026	EDUARDO GARCIA PERTEGAS	GRUPO REGULARES MELILLA, 3 CIA	1:19:01	3:09 min/km	2:57:37	4:46 min/km	4:38:44	6:20 min/km	6:20:17	7:47 min/km	4:54:00	5:52 min/km	+1:26:27
119	712	MORALO MORALO	EL BARRIO	1:48:05	4:19 min/km			3:51:54	5:16 min/km	4:37:34	5:40 min/km	4:54:12	5:53 min/km	+1:26:39
120	550	SERGIO RINCON CARRO	PLAYA DE MELILLA	2:08:03	5:07 min/km	3:39:24	5:53 min/km	4:18:11	5:52 min/km	4:45:02	5:50 min/km	4:54:48	5:53 min/km	+1:27:15
121	707	DANIEL MILAN GUERA	CLUB DEPORTIVO TORRE DE MIGUEL SÉ	2:19:17	5:34 min/km	3:43:26	5:59 min/km	4:20:41	5:55 min/km	4:46:21	5:51 min/km	4:55:00	5:54 min/km	+1:27:28
122	709	ALVARO MILAN GUERA	REGULARES DE MELILLAME ATREVO	2:19:18	5:34 min/km	3:43:38	6:00 min/km	4:20:46	5:55 min/km	4:46:27	5:51 min/km	4:55:00	5:54 min/km	+1:27:28
123	937	FRANCISCO JAVIER MONTES MELERO	GACALEG II	2:24:13	5:46 min/km	3:52:39	6:14 min/km	4:25:12	6:01 min/km	4:47:14	5:52 min/km	4:55:08	5:54 min/km	+1:27:35
124	728	JAVIER BALLESTEROS BLANCO	INDEPENDIENTE	2:24:12	5:46 min/km	3:52:39	6:14 min/km	4:25:12	6:01 min/km	4:47:15	5:52 min/km	4:55:08	5:54 min/km	+1:27:36
125	344	EPIFANIO GABRIEL MUÑOZ MARTINEZ	INDEPENDIENTE	2:16:22	5:27 min/km	3:41:49	5:57 min/km	4:20:01	5:54 min/km	4:45:19	5:50 min/km	4:55:16	5:54 min/km	+1:27:43
126	537	LIAZID ABDELKADER MOHAMED	INDEPENDIENTE	2:17:55	5:31 min/km	3:43:32	6:00 min/km	4:21:22	5:56 min/km	4:46:09	5:51 min/km	4:55:25	5:54 min/km	+1:27:52
127	1560	PEDRO ANTONIO GONZALEZ MARTINEZ	CLUB ATLETISMO SUR ESTE	2:10:58	5:14 min/km	3:33:55	5:44 min/km	4:15:49	5:48 min/km	4:45:19	5:50 min/km	4:55:38	5:54 min/km	+1:28:05
128	16	GABRIEL LOPEZ ALONSO	INDEPENDIENTE	2:11:21	5:15 min/km	3:39:06	5:52 min/km	4:18:39	5:52 min/km	4:46:04	5:51 min/km	4:55:57	5:55 min/km	+1:28:25
129	15	FRANCISCO CAZALILLA	INDEPENDIENTE	2:19:46	5:35 min/km	3:47:52	6:07 min/km	4:21:26	5:56 min/km	4:46:02	5:51 min/km	4:55:57	5:55 min/km	+1:28:25
130	401	ALEJANDRO LINARES CASAS	INDEPENDIENTE	2:11:52	5:16 min/km	3:35:46	5:47 min/km	4:16:46	5:50 min/km	4:47:13	5:52 min/km	4:57:09	5:56 min/km	+1:29:36
131	571	FERNANDO AZNAR VILLATORO	INDEPENDIENTE	2:17:55	5:31 min/km	3:43:31	6:00 min/km	4:21:21	5:56 min/km	4:47:25	5:53 min/km	4:57:38	5:57 min/km	+1:30:05
132	770	ROBERT DIAS LAFUENTE	INDEPENDIENTE	2:17:54	5:30 min/km							4:57:38	5:57 min/km	+1:30:06
133	121	BLANCA GEMA SILVA GARCIA	CD ASCARI-HARMAN TRAIL RUNNING	2:19:14	5:34 min/km	3:45:05	6:02 min/km	4:24:42	6:00 min/km	4:49:59	5:56 min/km	4:58:44	5:58 min/km	+1:31:11
134	486	LUIS ANTONIO DE JESUS MARTINEZ	NINGUNO	2:16:47	5:28 min/km	3:44:43	6:01 min/km	4:24:35	6:00 min/km	4:50:24	5:56 min/km	4:58:52	5:58 min/km	+1:31:19
135	1225	SAMIRA MIZZIAN MOHAMED	RUNNERS TEAM	2:23:58	5:45 min/km	3:48:59	6:08 min/km	4:25:52	6:02 min/km	4:50:17	5:56 min/km	4:59:09	5:58 min/km	+1:31:36
136	201	BORJA GABRIEL CONDE FIGUEROA	INDEPENDIENTE	2:11:51	5:16 min/km	3:32:58	5:43 min/km	4:13:31	5:45 min/km	4:47:47	5:53 min/km	4:59:26	5:59 min/km	+1:31:53
137	169	SERGIO GARABOA CATRO	INDEPENDIENTE	2:11:51	5:16 min/km	3:32:58	5:43 min/km	4:13:31	5:45 min/km	4:47:46	5:53 min/km	4:59:26	5:59 min/km	+1:31:53
138	1537	MOUSTAPHA EL HAMDI	INDEPENDIENTE	1:57:02	4:40 min/km	3:37:13	5:49 min/km	4:23:01	5:58 min/km	4:49:58	5:56 min/km	5:00:24	6:00 min/km	+1:32:52
139	20	MAXI DIAZ-PAVON ARAGONES	INDEPENDIENTE	2:19:46	5:35 min/km	3:48:57	6:08 min/km	4:26:09	6:02 min/km	4:51:21	5:57 min/km	5:00:31	6:00 min/km	+1:32:58
140	807	FRANCISCO JAVIER ALONSO	INDEPENDIENTE	2:11:57	5:16 min/km	3:41:47	5:57 min/km	4:22:33	5:58 min/km	4:50:35	5:56 min/km	5:01:21	6:01 min/km	+1:33:49





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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
141	1415	JOSE MANUEL VELASCO BERMUDEZ	INDEPENDIENTE	2:11:08	5:14 min/km	3:41:19	5:56 min/km	4:24:57	6:01 min/km	4:51:38	5:58 min/km	5:01:33	6:01 min/km	+1:34:00
142	890	JACINTO DIAZ NAVARRO	PSICOFITNESS	2:10:45	5:13 min/km	3:42:09	5:57 min/km	4:23:18	5:59 min/km	4:51:50	5:58 min/km	5:01:50	6:02 min/km	+1:34:18
143	205	JUAN JESUS SILES SANCHEZ	TRAIL RUNNING MELILLA	2:17:55	5:31 min/km	3:47:31	6:06 min/km	4:24:10	6:00 min/km	4:51:44	5:58 min/km	5:02:08	6:02 min/km	+1:34:36
144	662	ANTONIO CAYETANO GARCIA RODRIGUEZ	INDEPENDIENTE	2:19:03	5:33 min/km	3:45:57	6:03 min/km	4:26:11	6:02 min/km	4:52:56	5:59 min/km	5:02:09	6:02 min/km	+1:34:37
145	590	AITOR BARRIENTOS RONDON	CD POLILLAS CEUTA	2:17:58	5:31 min/km	3:46:20	6:04 min/km	4:26:46	6:03 min/km	4:53:37	6:00 min/km	5:02:11	6:02 min/km	+1:34:38
146	1279	PEDRO L. MARQUEZ DIAZ		2:19:56	5:35 min/km	3:48:23	6:07 min/km	4:28:05	6:05 min/km	4:53:23	6:00 min/km	5:02:11	6:02 min/km	+1:34:39
147	81	ALBERTO VILLENA CEBRIAN	COFIBIKE	2:28:33	5:56 min/km	3:48:26	6:07 min/km	4:26:18	6:03 min/km	4:51:24	5:57 min/km	5:02:12	6:02 min/km	+1:34:40
148	1619	HODAI FAR EL MOHAMMADI EL KAYCH	KAYCHC RUNNERS TEAM	2:01:49	4:52 min/km	3:22:49	5:26 min/km	4:16:07	5:49 min/km	4:53:55	6:01 min/km	5:02:38	6:03 min/km	+1:35:05
149	60	FRANCISCO GOMEZ NAVARRETE	INDEPENDIENTE	2:16:36	5:27 min/km	3:43:40	6:00 min/km	4:22:47	5:58 min/km	4:51:59	5:58 min/km	5:02:39	6:03 min/km	+1:35:07
150	794	ROSA GARRIDO FLORES	HTRAINER	2:19:52	5:35 min/km	3:50:17	6:10 min/km	4:28:18	6:05 min/km	4:53:23	6:00 min/km	5:02:46	6:03 min/km	+1:35:13
151	792	DAVID GRAGERA FERNANDEZ	INDEPENDIENTE	1:59:58	4:47 min/km	3:31:06	5:40 min/km	4:16:12	5:49 min/km	4:52:27	5:59 min/km	5:02:59	6:03 min/km	+1:35:26
152	1666	EL OUARDANI KOU BAA		1:59:04	4:45 min/km	3:29:21	5:37 min/km	4:16:59	5:50 min/km	4:53:55	6:01 min/km	5:03:18	6:03 min/km	+1:35:45
153	52	MARZOK MOHAMED MOHAMED	OLYMPIC CENTER	2:11:39	5:15 min/km	3:42:41	5:58 min/km	4:25:53	6:02 min/km	4:53:56	6:01 min/km	5:03:23	6:04 min/km	+1:35:50
154	190	JUAN ANTONIO LOPEZ ALVAREZ	OLYMPIC CENTER	2:11:38	5:15 min/km	3:42:40	5:58 min/km	4:25:51	6:02 min/km	4:53:56	6:01 min/km	5:03:23	6:04 min/km	+1:35:51
155	579	VICENTE GUERRA VILLANUA	CLUB ATLETISMO RUBELTOR	2:19:29	5:34 min/km	3:47:05	6:05 min/km	4:28:03	6:05 min/km	4:54:22	6:01 min/km	5:03:47	6:04 min/km	+1:36:14
156	533	MOHAMED MOHAMED MIMUN	INDEPENDIENTE	2:17:29	5:29 min/km	3:41:48	5:57 min/km	4:20:24	5:55 min/km	4:50:49	5:57 min/km	5:04:29	6:05 min/km	+1:36:56
157	963	FRANCISCO DE ASIS NIETO RUIZ	INDEPENDIENTE	2:18:26	5:32 min/km	3:50:25	6:11 min/km	4:30:28	6:08 min/km	4:55:40	6:03 min/km	5:04:39	6:05 min/km	+1:37:06
158	449	JUAN MORENO BELTRAN	CAMINA CORREO REVIENTA	2:11:25	5:15 min/km	3:41:52	5:57 min/km	4:25:57	6:02 min/km	4:55:21	6:02 min/km	5:05:19	6:06 min/km	+1:37:47
159	616	VICTORIA GARCIA JIMENEZ	INDEPENDIENTE	2:18:29	5:32 min/km	3:47:52	6:07 min/km	4:28:14	6:05 min/km	4:54:15	6:01 min/km	5:05:33	6:06 min/km	+1:38:00
160	1434	FRANCISCO JOSE CASTAÑOS MICHAN	INDEPENDIENTE	2:10:45	5:13 min/km	3:39:29	5:53 min/km	4:22:51	5:58 min/km	4:55:33	6:03 min/km	5:06:04	6:07 min/km	+1:38:31
161	1034	FERNANDO ALCALA BALBOA	AD ULTRA FONDO GUADIX	2:17:59	5:31 min/km	3:47:43	6:06 min/km	4:29:12	6:07 min/km	4:56:45	6:04 min/km	5:06:45	6:08 min/km	+1:39:12
162	396	DAVID GIL HERNANDEZ	TECNIRUNNER	2:21:22	5:39 min/km	3:47:43	6:06 min/km	4:30:05	6:08 min/km	4:57:56	6:05 min/km	5:07:15	6:08 min/km	+1:39:42
163	423	CARLOS LIMON GOMEZ ROBLES	INDEPENDIENTE	2:15:07	5:24 min/km	3:42:34	5:58 min/km	4:23:26	5:59 min/km	4:55:20	6:02 min/km	5:07:26	6:08 min/km	+1:39:53
164	1525	JOSE LUIS ROLDAN VIDAL	CLUB DE MONTANA ANYERA	2:11:36	5:15 min/km	3:42:59	5:59 min/km	4:28:17	6:05 min/km	4:56:36	6:04 min/km	5:07:37	6:09 min/km	+1:40:04
165	127	JORGE AMORES ESPAÑA	CLUB EGO RUNIN	2:21:10	5:38 min/km	3:50:48	6:11 min/km	4:31:12	6:09 min/km	4:58:25	6:06 min/km	5:07:40	6:09 min/km	+1:40:08
166	993	ISABELO GUTIERREZ GARCIA	INDEPENDIENTE	2:13:49	5:21 min/km	3:48:37	6:08 min/km	4:29:11	6:07 min/km	4:57:56	6:05 min/km	5:07:55	6:09 min/km	+1:40:22
167	781	MOHAMED EL BARGRAGUI		2:16:58	5:28 min/km	3:45:53	6:03 min/km	4:27:18	6:04 min/km	4:56:15	6:03 min/km	5:08:03	6:09 min/km	+1:40:30
168	54	JUAN JOSE GUTIERREZ TORRES	CD BICHA TRAIL	2:14:10	5:22 min/km	3:48:52	6:08 min/km	4:32:15	6:11 min/km	4:59:09	6:07 min/km	5:08:47	6:10 min/km	+1:41:14





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	OFICIAL	RITMO	
169	1338	R. LUCAS ROMAN ESCOBAR	HTRAINER	2:19:31	5:34 min/km	3:49:54	6:10 min/km	4:30:39	6:09 min/km	4:59:08	6:07 min/km	5:08:51	6:10 min/km	+1:41:19
170	1216	ALEJANDRO AZNAR TORRENTE	INDEPENDIENTE	2:19:17	5:34 min/km	3:51:35	6:13 min/km	4:31:42	6:10 min/km	4:59:12	6:07 min/km	5:09:13	6:11 min/km	+1:41:41
171	619	FARID BUZIAN MOHAMED	INDEPENDIENTE	2:20:21	5:36 min/km	3:50:18	6:10 min/km	4:30:34	6:08 min/km	4:59:21	6:07 min/km	5:09:20	6:11 min/km	+1:41:47
172	143	FELIX MENDEZ MARTI	CORREDORES AFRICANUS	2:19:35	5:35 min/km	3:48:07	6:07 min/km	4:29:57	6:08 min/km	4:58:43	6:06 min/km	5:09:30	6:11 min/km	+1:41:57
173	1672	VICTOR MANUEL AGUILAR GUERRERO	INDEPENDIENTE	2:24:14	5:46 min/km	3:57:39	6:22 min/km	4:35:55	6:16 min/km	5:00:49	6:09 min/km	5:09:44	6:11 min/km	+1:42:11
174	1131	RAMON BERRUEZO MARTINEZ	INDEPENDIENTE	2:24:12	5:46 min/km	3:57:39	6:22 min/km	4:35:55	6:16 min/km	5:00:52	6:09 min/km	5:09:46	6:11 min/km	+1:42:14
175	1257	JUAN GONZALEZ SANTOS	INDEPENDIENTE	2:22:31	5:42 min/km	3:52:53	6:15 min/km	4:34:29	6:14 min/km	5:00:42	6:09 min/km	5:09:56	6:11 min/km	+1:42:23
176	1358	JOHN EDSON HUAMAN ORTEGA	INDEPENDIENTE	2:08:10	5:07 min/km	3:47:30	6:06 min/km	4:29:52	6:08 min/km	4:58:49	6:07 min/km	5:10:21	6:12 min/km	+1:42:48
177	39	JOSE MIGUEL PINILLA ALEMAN	CLUB ATLETICO ORIOL	2:15:50	5:26 min/km	3:46:14	6:04 min/km	4:30:02	6:08 min/km	5:00:12	6:08 min/km	5:10:29	6:12 min/km	+1:42:56
178	774	ANTONIO FERNANDEZ GARCIA	CHUBAKA SPORTS	2:24:19	5:46 min/km	3:52:37	6:14 min/km	4:32:32	6:11 min/km	5:00:22	6:08 min/km	5:10:43	6:12 min/km	+1:43:11
179	752	IGNACIO GARCIA VACAS	CD CUESTA ABAJO	2:23:24	5:44 min/km	3:52:56	6:15 min/km	4:33:42	6:13 min/km	5:00:50	6:09 min/km	5:10:53	6:13 min/km	+1:43:20
180	1567	JESUS PEREZ ZAPATA	TERLEG 1	1:57:38	4:42 min/km	3:40:19	5:54 min/km	4:30:15	6:08 min/km	5:01:07	6:09 min/km	5:11:58	6:14 min/km	+1:44:25
181	1532	HORMA ALI MAHMUD	INDEPENDIENTE	2:18:08	5:31 min/km	3:43:52	6:00 min/km	4:24:40	6:00 min/km	5:00:39	6:09 min/km	5:12:36	6:15 min/km	+1:45:03
182	661	HIGINIO JAVIER REUS MONTERO	ANTIUXIXONA	2:16:05	5:26 min/km	3:45:55	6:03 min/km	4:30:00	6:08 min/km	5:01:48	6:10 min/km	5:12:55	6:15 min/km	+1:45:22
183	1366	SALVADOR ZARCO TORRES	INDEPENDIENTE	2:17:18	5:29 min/km	3:46:13	6:04 min/km	4:30:01	6:08 min/km	5:01:46	6:10 min/km	5:12:55	6:15 min/km	+1:45:22
184	1262	ANTONIO JURADO PULIDO	CDA EL 18 DE LOS VILLARES	2:21:34	5:39 min/km	3:46:41	6:05 min/km	4:30:53	6:09 min/km	5:03:03	6:12 min/km	5:13:08	6:15 min/km	+1:45:35
185	1523	JOSE CARDENAS GALLARDO	CDA EL 18 DE LOS VILLARES	2:21:34	5:39 min/km	3:46:40	6:05 min/km	4:30:53	6:09 min/km	5:03:02	6:12 min/km	5:13:08	6:15 min/km	+1:45:36
186	1099	JOSE ANTONIO ALVAREZ HERNANDEZ	MTB POSTALMERIA					4:37:04	6:17 min/km	5:04:14	6:13 min/km	5:13:11	6:15 min/km	+1:45:39
187	196	ANTONIO BARON ROLDAN	INDEPENDIENTE	2:27:08	5:53 min/km	3:56:05	6:20 min/km	4:35:59	6:16 min/km	5:03:03	6:12 min/km	5:13:22	6:16 min/km	+1:45:50
188	1538	CHARY FERRERO PEREZ	OLYMPIC CENTER	2:20:16	5:36 min/km	3:53:23	6:15 min/km	4:34:33	6:14 min/km	5:03:06	6:12 min/km	5:13:40	6:16 min/km	+1:46:08
189	1540	JUAN BERNAL MONTERO	OLYMPIC CENTER	2:20:16	5:36 min/km	3:53:25	6:15 min/km	4:34:28	6:14 min/km	5:03:08	6:12 min/km	5:13:40	6:16 min/km	+1:46:08
190	858	FRANCISCO MANUEL CARRETERO VIZC	CT ALMERIA	2:13:42	5:20 min/km	3:46:55	6:05 min/km	4:31:01	6:09 min/km	5:01:58	6:10 min/km	5:13:48	6:16 min/km	+1:46:15
191	302	JOSE LUIS ANIADO MARTIN	BMR	2:15:41	5:25 min/km	3:44:07	6:01 min/km	4:31:42	6:10 min/km	5:04:53	6:14 min/km	5:15:00	6:18 min/km	+1:47:28
192	1157	JOSE MIGUEL VAZQUEZ PEREZ	INDEPENDIENTE	2:22:59	5:43 min/km	3:58:47	6:24 min/km	4:39:32	6:21 min/km	5:06:14	6:16 min/km	5:15:09	6:18 min/km	+1:47:36
193	244	JUAN RAMON NAVARRO ROMERO	CAMINA CORRE O REVIENTA	2:22:08	5:41 min/km	3:49:42	6:09 min/km	4:32:35	6:11 min/km	5:03:29	6:12 min/km	5:15:15	6:18 min/km	+1:47:43
194	116	FRANCISCO MARTIN FORNIELES	EQUIPO VICTIMAS DEL TERRORISMO DE	2:22:04	5:40 min/km	3:55:26	6:19 min/km	4:36:50	6:17 min/km	5:06:00	6:15 min/km	5:15:19	6:18 min/km	+1:47:46
195	1364	PEDRO JOSE GARCIA CANOVAS	INDEPENDIENTE	2:17:19	5:29 min/km	3:52:24	6:14 min/km	4:35:59	6:16 min/km	5:04:04	6:13 min/km	5:15:23	6:18 min/km	+1:47:51
196	903	CHICO QUINTERO	INDEPENDIENTE	2:23:06	5:43 min/km	3:54:40	6:17 min/km	4:36:08	6:16 min/km	5:05:21	6:15 min/km	5:15:48	6:18 min/km	+1:48:16





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MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
197	1040	MOHAMED AGRANDI	INDEPENDIENTE	2:20:18	5:36 min/km	3:55:29	6:19 min/km	4:38:26	6:19 min/km	5:05:50	6:15 min/km	5:16:38	6:19 min/km	+1:49:05
198	1015	MIGUEL ORTIZ PEREZ	INDEPENDIENTE	2:15:31	5:25 min/km	3:53:37	6:16 min/km	4:38:36	6:19 min/km	5:06:43	6:16 min/km	5:16:48	6:20 min/km	+1:49:16
199	1035	ANTONIO JESUS ALCALA SIERRA	AD ULTRA FONDO GUADIX	2:19:21	5:34 min/km	3:55:47	6:19 min/km	4:36:25	6:16 min/km	5:06:26	6:16 min/km	5:16:55	6:20 min/km	+1:49:22
200	621	ROBERTO GARCIA MARTIN	INDEPENDIENTE	2:25:10	5:48 min/km	3:57:46	6:22 min/km	4:36:07	6:16 min/km	5:06:56	6:17 min/km	5:17:14	6:20 min/km	+1:49:41
201	224	DAVID FERNANDEZ HIDALGO	INDEPENDIENTE	2:25:11	5:48 min/km	3:57:46	6:22 min/km	4:36:22	6:16 min/km	5:06:58	6:17 min/km	5:17:14	6:20 min/km	+1:49:42
202	1577	HANA HADI	INDEPENDIENTE	2:18:59	5:33 min/km	3:54:55	6:18 min/km	4:38:24	6:19 min/km	5:07:38	6:17 min/km	5:17:15	6:20 min/km	+1:49:43
203	1607	JOSE ANTONIO CHACON BENITEZ	INDEPENDIENTE	2:12:53	5:18 min/km	3:53:37	6:16 min/km	4:38:35	6:19 min/km	5:07:37	6:17 min/km	5:17:16	6:20 min/km	+1:49:43
204	1481	EMILIO JESUS PUENTE ROLDAN	TRAIL RUNNING MELILLA	2:24:49	5:47 min/km	4:01:08	6:28 min/km	4:39:32	6:21 min/km	5:07:32	6:17 min/km	5:17:28	6:20 min/km	+1:49:55
205	1498	JAVIER RODRIGUEZ GARCIA	TRAIL RUNNING MELILLA	2:24:50	5:47 min/km	4:01:08	6:28 min/km	4:39:32	6:21 min/km	5:07:31	6:17 min/km	5:17:28	6:20 min/km	+1:49:56
206	21	MARIA JOSE REYES PERELLO	INDEPENDIENTE	2:21:47	5:40 min/km	3:56:37	6:21 min/km	4:40:28	6:22 min/km	5:08:04	6:18 min/km	5:17:51	6:21 min/km	+1:50:18
207	1500	ADRIAN MAYO RON	INDEPENDIENTE	2:10:08	5:12 min/km	3:49:33	6:09 min/km	4:36:14	6:16 min/km	5:07:40	6:17 min/km	5:18:11	6:21 min/km	+1:50:38
208	483	MIGUE ANGEL MEDINA ROMERO	CLUB ATLETISMO LEBRIJA	2:12:13	5:17 min/km	3:46:31	6:04 min/km	4:35:12	6:15 min/km	5:08:23	6:18 min/km	5:18:37	6:22 min/km	+1:51:05
209	1098	ROBERTO COLLANTES MARCOS	INDEPENDIENTE	2:26:58	5:52 min/km	3:59:40	6:26 min/km	4:42:00	6:24 min/km	5:09:15	6:19 min/km	5:18:37	6:22 min/km	+1:51:05
210	541	MAGDALENA SANCHEZ MORALES	INDEPENDIENTE	2:18:05	5:31 min/km	3:51:47	6:13 min/km	4:36:57	6:17 min/km	5:08:10	6:18 min/km	5:18:39	6:22 min/km	+1:51:06
211	1267	JESUS BOCANEGRA SANCHEZ	INDEPENDIENTE	2:19:15	5:34 min/km	3:53:30	6:16 min/km	4:37:46	6:18 min/km	5:08:26	6:18 min/km	5:19:33	6:23 min/km	+1:52:01
212	1007	PABLO LINARES CASAS	INDEPENDIENTE	2:34:32	6:10 min/km	4:01:01	6:28 min/km	4:41:28	6:23 min/km	5:09:28	6:20 min/km	5:19:34	6:23 min/km	+1:52:01
213	223	RAFAEL POSTIGO CORTES	CLUB DE ATLETISMO RINCON DE LA VIC	2:29:09	5:57 min/km	4:01:52	6:29 min/km	4:43:52	6:27 min/km	5:10:14	6:21 min/km	5:19:46	6:23 min/km	+1:52:13
214	1486	EL KARMOUDI ABDESSELAM	INDEPENDIENTE	2:04:42	4:59 min/km	3:42:35	5:58 min/km	4:43:18	6:26 min/km	5:09:35	6:20 min/km	5:19:53	6:23 min/km	+1:52:21
215	376	ANDRES MANUEL JODAR FERNANDEZ	INDEPENDIENTE	2:15:57	5:26 min/km	3:57:09	6:22 min/km	4:43:19	6:26 min/km	5:09:42	6:20 min/km	5:19:57	6:23 min/km	+1:52:25
216	380	JUAN CARLOS BEA HIDALGO	INDEPENDIENTE	2:15:57	5:26 min/km	3:57:10	6:22 min/km	4:43:19	6:26 min/km	5:09:43	6:20 min/km	5:19:58	6:23 min/km	+1:52:25
217	778	NICOLAS MONTESINOS BORDOMAS	HTRAINER	2:21:00	5:38 min/km	4:01:45	6:29 min/km	4:42:34	6:25 min/km	5:10:13	6:21 min/km	5:20:22	6:24 min/km	+1:52:50
218	780	ALEJANDRO MONTESINOS RODRIGUEZ	HTRAINER	2:21:00	5:38 min/km	4:01:36	6:29 min/km	4:42:24	6:25 min/km	5:10:12	6:21 min/km	5:20:23	6:24 min/km	+1:52:50
219	1191	ARACELI LOPEZ JIMENEZ	INDEPENDIENTE	2:16:34	5:27 min/km	3:55:58	6:20 min/km	4:45:18	6:29 min/km	5:11:10	6:22 min/km	5:20:25	6:24 min/km	+1:52:52
220	976	KENNETH ANDRES SANCHEZ VARGAS	INDEPENDIENTE	2:21:29	5:39 min/km	3:58:51	6:24 min/km	4:39:19	6:20 min/km	5:10:22	6:21 min/km	5:21:18	6:25 min/km	+1:53:45
221	1156	RACHID EL OUAZGHARI	RUNNERS TEAM	2:18:59	5:33 min/km	3:54:32	6:17 min/km	4:39:33	6:21 min/km	5:11:14	6:22 min/km	5:21:25	6:25 min/km	+1:53:52
222	152	MIGUEL SALMERON CESPEDES	GADOR CORRE CON EL BUEN PASTOR	2:02:20	4:53 min/km	3:36:54	5:49 min/km	4:30:04	6:08 min/km	5:07:58	6:18 min/km	5:21:29	6:25 min/km	+1:53:56
223	59	JOSE Mª MEDINA MOYA	AQUEATACAMOS	2:25:56	5:50 min/km	4:01:17	6:28 min/km	4:46:39	6:30 min/km	5:12:13	6:23 min/km	5:21:40	6:26 min/km	+1:54:08
224	1667	KARIM EL HAMD		2:11:43	5:16 min/km	3:55:32	6:19 min/km	4:41:04	6:23 min/km	5:10:44	6:21 min/km	5:21:42	6:26 min/km	+1:54:09





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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
225	1557	SERGIO PARIS FERNANDEZ	CLUB DEPORTIVO SUR ESTE	2:24:43	5:47 min/km	3:54:45	6:18 min/km	4:37:09	6:17 min/km	5:09:49	6:20 min/km	5:21:49	6:26 min/km	+1:54:16
226	303	PILAR MARTINEZ CARBONELL	INDEPENDIENTE	2:22:21	5:41 min/km	4:00:43	6:27 min/km	4:44:31	6:27 min/km	5:11:41	6:22 min/km	5:22:14	6:26 min/km	+1:54:41
227	1317	VICKY MUÑOZ GARCIA	RUNNERS TEAM	2:24:57	5:47 min/km	3:58:46	6:24 min/km	4:41:49	6:24 min/km	5:11:36	6:22 min/km	5:22:22	6:26 min/km	+1:54:49
228	1123	ANDRES MENDEZ ESCOBAR	INDEPENDIENTE	2:19:43	5:35 min/km	3:52:12	6:14 min/km	4:36:34	6:17 min/km	5:10:52	6:21 min/km	5:22:32	6:27 min/km	+1:54:59
229	1465	FRANCISCO MIGUEL MONDEJAR PERE	MTB Y TRAIL PULPÍ	2:25:13	5:48 min/km	4:02:41	6:30 min/km	4:43:59	6:27 min/km	5:12:36	6:23 min/km	5:22:37	6:27 min/km	+1:55:05
230	1464	CRISTOBAL HARO MATURANA	MTB Y TRAIL PULPÍ	2:25:13	5:48 min/km	4:02:42	6:30 min/km	4:44:00	6:27 min/km	5:12:35	6:23 min/km	5:22:37	6:27 min/km	+1:55:05
231	340	JUAN ANTONIO MELERO PADILLA	SOBRE 2 RUEDAS BIKES	2:20:01	5:36 min/km	3:55:31	6:19 min/km	4:38:55	6:20 min/km	5:11:23	6:22 min/km	5:22:42	6:27 min/km	+1:55:09
232	1065	JESUS ANGEL DEL BRIO GONZALEZ	REAL GRUPO DE CULTURA COVADONGA	2:17:53	5:30 min/km	3:54:24	6:17 min/km	4:40:15	6:22 min/km	5:11:24	6:22 min/km	5:23:19	6:27 min/km	+1:55:46
233	825	CARLOS DE LA HERRAN LUMBRERAS	INDEPENDIENTE	2:32:14	6:05 min/km	4:04:20	6:33 min/km	4:46:13	6:30 min/km	5:13:47	6:25 min/km	5:23:41	6:28 min/km	+1:56:09
234	922	DANIEL VARGAS LOPEZ	INDEPENDIENTE	2:14:51	5:23 min/km	3:50:18	6:10 min/km	4:36:27	6:16 min/km	5:11:35	6:22 min/km	5:23:49	6:28 min/km	+1:56:16
235	493	JOSE DOMENE MARTINEZ	INDEPENDIENTE	2:28:21	5:56 min/km	4:01:33	6:29 min/km	4:43:16	6:26 min/km	5:13:39	6:25 min/km	5:24:24	6:29 min/km	+1:56:52
236	79	JOSE MARIA ZURITA GONZALEZ	CEI INDEPENDENT CATALUÑA	2:30:16	6:00 min/km	4:03:18	6:31 min/km	4:46:15	6:30 min/km	5:14:30	6:26 min/km	5:24:41	6:29 min/km	+1:57:09
237	1429	JORGE ESPINOSA SERRANO	INDEPENDIENTE	2:32:19	6:05 min/km	4:04:57	6:34 min/km	4:47:44	6:32 min/km	5:15:01	6:26 min/km	5:24:57	6:29 min/km	+1:57:25
238	861	ENRIQUE MORALES BARON	INDEPENDIENTE	2:24:12	5:46 min/km	3:57:42	6:22 min/km	4:43:17	6:26 min/km	5:14:12	6:25 min/km	5:25:14	6:30 min/km	+1:57:42
239	1009	JOSE MARIA DE LA TORRE MUÑOZ	INDEPENDIENTE	2:24:12	5:46 min/km	3:57:41	6:22 min/km	4:43:18	6:26 min/km	5:14:09	6:25 min/km	5:25:15	6:30 min/km	+1:57:42
240	871	JUAN CARLOS FLORES CALLE	¡VIVA ESPAÑA TEAM!									5:25:15	6:30 min/km	+1:57:42
241	1105	ANDREW HALL	TEAM MALÍ	2:30:51	6:02 min/km	4:03:23	6:32 min/km	4:45:25	6:29 min/km	5:14:30	6:26 min/km	5:25:16	6:30 min/km	+1:57:44
242	614	JUAN MANUEL PUERTA VILCHEZ	CERRO DEL CABALLO	2:22:59	5:43 min/km	3:58:26	6:24 min/km	4:42:00	6:24 min/km	5:14:40	6:26 min/km	5:25:31	6:30 min/km	+1:57:59
243	294	JOSE MANUEL PADIAL FERNANDEZ	INDEPENDIENTE	2:23:19	5:43 min/km	3:54:34	6:17 min/km	4:42:50	6:25 min/km	5:14:55	6:26 min/km	5:25:36	6:30 min/km	+1:58:04
244	90	JENNIFER LEWINSKI LOPEZ	INDEPENDIENTE	2:24:38	5:47 min/km	4:01:02	6:28 min/km	4:45:19	6:29 min/km	5:15:11	6:27 min/km	5:25:42	6:30 min/km	+1:58:09
245	506	VICENTE RODRIGUEZ BASCUÑANA	INDEPENDIENTE	2:31:53	6:04 min/km	4:05:20	6:35 min/km	4:47:49	6:32 min/km	5:16:00	6:28 min/km	5:25:51	6:31 min/km	+1:58:19
246	250	FCO JAVIER ANTEQUERA ROBLES	INDEPENDIENTE	2:26:24	5:51 min/km	4:15:14	6:51 min/km	4:53:14	6:39 min/km	5:17:31	6:30 min/km	5:25:58	6:31 min/km	+1:58:25
247	56	JOSE IGNACIO JALON OSTOS	INDEPENDIENTE	2:29:11	5:58 min/km	4:07:42	6:38 min/km	4:48:55	6:33 min/km	5:16:04	6:28 min/km	5:26:17	6:31 min/km	+1:58:44
248	245	MARIANO JAVIER DAQUILA FERNANDEZ	INDEPENDIENTE	2:29:12	5:58 min/km	4:07:42	6:38 min/km	4:48:54	6:33 min/km	5:16:04	6:28 min/km	5:26:18	6:31 min/km	+1:58:46
249	602	ALEJANDRO LOPEZ ALVAREZ	INDEPENDIENTE	2:23:48	5:45 min/km	3:56:54	6:21 min/km	4:43:52	6:27 min/km	5:15:20	6:27 min/km	5:26:20	6:31 min/km	+1:58:48
250	786	JAVIER MORENO MEJIAS	INDEPENDIENTE	2:19:53	5:35 min/km	4:01:11	6:28 min/km	4:47:48	6:32 min/km	5:16:26	6:28 min/km	5:26:41	6:32 min/km	+1:59:08
251	878	ALBERTO RODRIGUEZ CASAS	TRAIL ANTORCHA ANDÚJAR	2:21:20	5:39 min/km	3:59:22	6:25 min/km	4:45:21	6:29 min/km	5:15:39	6:27 min/km	5:26:45	6:32 min/km	+1:59:13
252	355	DAVID MARTIN NEVOT	INDEPENDIENTE	2:23:20	5:44 min/km	3:57:58	6:23 min/km	4:41:32	6:23 min/km	5:13:42	6:25 min/km	5:26:52	6:32 min/km	+1:59:19





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
253	98	IGNACIO JAVIER ESCUDERO ALONSO	INDEPENDIENTE	2:23:21	5:44 min/km	3:57:57	6:23 min/km	4:41:02	6:23 min/km	5:14:19	6:26 min/km	5:26:52	6:32 min/km	+1:59:19
254	48	INMA MARTINEZ SORIANO	APER ALCOI	2:23:20	5:44 min/km	3:57:57	6:23 min/km	4:41:02	6:23 min/km	5:13:44	6:25 min/km	5:26:52	6:32 min/km	+1:59:19
255	693	JOSE ALEJANDRO GALLARDO SANCHE	INDEPENDIENTE	2:17:05	5:29 min/km	4:01:05	6:28 min/km	4:45:40	6:29 min/km	5:17:09	6:29 min/km	5:27:01	6:32 min/km	+1:59:29
256	420	GUILLERMO SANTAMARIA FONZALEZ	CT ALMERIA	2:17:47	5:30 min/km	3:56:09	6:20 min/km	4:44:16	6:27 min/km	5:17:05	6:29 min/km	5:27:21	6:32 min/km	+1:59:48
257	831	JAVIER BALLESTER HERNANDEZ	RAJAOS RUNNERS	2:25:52	5:50 min/km	4:00:14	6:26 min/km	4:44:35	6:28 min/km	5:16:55	6:29 min/km	5:27:28	6:32 min/km	+1:59:55
258	272	MATEO GARCIA CABELLO	INDEPENDIENTE	2:26:56	5:52 min/km	4:00:03	6:26 min/km	4:45:13	6:28 min/km	5:16:41	6:28 min/km	5:27:53	6:33 min/km	+2:00:20
259	715	EMILIO RODRIGUEZ ORTEGA	CD GALOSPORT	2:22:51	5:42 min/km	4:00:58	6:28 min/km	4:45:24	6:29 min/km	5:16:24	6:28 min/km	5:27:56	6:33 min/km	+2:00:23
260	714	VALENTIN DOMENECH SANCHEZ	INDEPENDIENTE	2:22:52	5:42 min/km	4:00:58	6:28 min/km	4:45:24	6:29 min/km	5:16:23	6:28 min/km	5:27:56	6:33 min/km	+2:00:23
261	155	JUAN COBO	CLUB ATLETISMO PRIEGO DE CórDOBA	2:19:56	5:35 min/km	4:01:29	6:28 min/km	4:47:18	6:31 min/km	5:18:17	6:30 min/km	5:28:19	6:33 min/km	+2:00:46
262	106	MARIO LARA HERNANDEZ	INDEPENDIENTE	2:15:44	5:25 min/km	3:56:13	6:20 min/km	4:44:54	6:28 min/km	5:17:01	6:29 min/km	5:28:49	6:34 min/km	+2:01:17
263	318	FEDERICO SAEZ CAZORLA	GADOR CORRE CON EL BUEN PASTOR	2:27:27	5:53 min/km	4:08:53	6:40 min/km	4:49:15	6:34 min/km	5:18:08	6:30 min/km	5:29:52	6:35 min/km	+2:02:19
264	479	NIZAR-RACHID BUSSIAN MOHAMED	INDEPENDIENTE	2:20:21	5:36 min/km	3:55:15	6:18 min/km	4:46:01	6:30 min/km	5:19:31	6:32 min/km	5:30:15	6:36 min/km	+2:02:42
265	391	GERARDO CARREÑO SANZ	LEON CORRE	2:23:00	5:43 min/km	4:01:02	6:28 min/km	4:48:07	6:32 min/km	5:20:20	6:33 min/km	5:30:34	6:36 min/km	+2:03:02
266	1023	FRANCISCO ORTEGA CASTILLO	INDEPENDIENTE	2:25:05	5:48 min/km	4:02:15	6:30 min/km	4:47:23	6:31 min/km	5:19:51	6:32 min/km	5:30:35	6:36 min/km	+2:03:02
267	1022	GLORIA GONZALEZ MATEO	INDEPENDIENTE	2:25:05	5:48 min/km	4:02:14	6:30 min/km	4:47:24	6:31 min/km	5:19:53	6:32 min/km	5:30:35	6:36 min/km	+2:03:02
268	555	JOSE ANTONIO MARTINEZ-FUNES MAR	INDEPENDIENTE	2:18:10	5:31 min/km	4:05:12	6:34 min/km	4:48:58	6:34 min/km	5:20:06	6:33 min/km	5:30:35	6:36 min/km	+2:03:03
269	615	KARIM EMBARK HAMED	INDEPENDIENTE	2:29:17	5:58 min/km	4:11:02	6:44 min/km	4:53:50	6:40 min/km	5:21:40	6:35 min/km	5:31:00	6:37 min/km	+2:03:27
270	1127	ALEJANDRO REMARTINEZ BURKHALTE	CLUB ATLETICO MELILLA	2:17:57	5:31 min/km	4:01:13	6:28 min/km	4:49:04	6:34 min/km	5:20:09	6:33 min/km	5:31:25	6:37 min/km	+2:03:53
271	509	JOSE ANGEL FERNANDEZ SANCHEZ	EVT/GC	2:13:17	5:19 min/km	3:58:49	6:24 min/km	4:50:28	6:36 min/km	5:20:23	6:33 min/km	5:31:33	6:37 min/km	+2:04:00
272	884	MOHAMED BUSIAN MOHAMED	INDEPENDIENTE	2:20:22	5:36 min/km	3:55:55	6:20 min/km	4:47:07	6:31 min/km	5:20:17	6:33 min/km	5:31:38	6:37 min/km	+2:04:05
273	1066	FRANCISCO JAVIER SOLER SOTO	INDEPENDIENTE	2:14:59	5:23 min/km	4:10:04	6:42 min/km	4:54:37	6:41 min/km	5:23:35	6:37 min/km	5:32:08	6:38 min/km	+2:04:36
274	889	JOSE MANUEL TEJERA SACALUGA	INDEPENDIENTE	2:11:49	5:16 min/km	4:06:31	6:37 min/km	4:50:31	6:36 min/km	5:19:42	6:32 min/km	5:32:09	6:38 min/km	+2:04:36
275	1192	OSCAR VERGARA LOPEZ	CLUB MARATON LUCENA	2:16:33	5:27 min/km	3:55:57	6:20 min/km	4:45:18	6:29 min/km	5:21:02	6:34 min/km	5:32:25	6:38 min/km	+2:04:52
276	1668	JUAN ERNESTO OSORIO ALGAR		2:32:18	6:05 min/km	4:05:36	6:35 min/km	4:49:45	6:35 min/km	5:21:43	6:35 min/km	5:32:25	6:38 min/km	+2:04:53
277	381	FRANCISCO JESUS PADILLA RODRIGUEZ	INDEPENDIENTE	2:33:42	6:08 min/km	4:07:55	6:39 min/km	4:52:22	6:38 min/km	5:22:31	6:36 min/km	5:32:32	6:39 min/km	+2:04:59
278	1331	ALI MOHAND HAMED	INDEPENDIENTE	2:18:37	5:32 min/km	4:07:28	6:38 min/km	4:54:42	6:41 min/km	5:23:56	6:37 min/km	5:32:36	6:39 min/km	+2:05:03
279	733	JOSE ANTONIO SEGURA GALVEZ	INDEPENDIENTE	2:31:26	6:03 min/km	4:07:13	6:38 min/km	4:51:48	6:37 min/km	5:21:14	6:34 min/km	5:32:52	6:39 min/km	+2:05:20
280	821	JESUS JAVIER DE LA TORRE VALVERDI	INDEPENDIENTE	2:29:35	5:59 min/km	4:15:30	6:51 min/km	4:54:47	6:41 min/km	5:22:05	6:35 min/km	5:33:03	6:39 min/km	+2:05:30





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MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
281	946	MOHAND KADDUR HOSSEIN	INDEPENDIENTE	2:24:16	5:46 min/km	4:04:07	6:33 min/km	4:51:26	6:37 min/km	5:22:50	6:36 min/km	5:33:14	6:39 min/km	+2:05:41
282	383	JAVIER ANDRADE VALLE	BEER RUNNERS MELILLA	2:21:25	5:39 min/km	4:04:02	6:33 min/km	4:55:13	6:42 min/km	5:23:48	6:37 min/km	5:33:20	6:40 min/km	+2:05:48
283	221	ANGEL ARTEMIO ISA ANIEVAS	INDEPENDIENTE	2:29:15	5:58 min/km	4:08:52	6:40 min/km	4:50:03	6:35 min/km	5:21:41	6:35 min/km	5:33:23	6:40 min/km	+2:05:50
284	1432	CELESTE QUIROGA BARRACO	INDEPENDIENTE	2:27:45	5:54 min/km	4:07:02	6:37 min/km	4:53:15	6:39 min/km	5:22:45	6:36 min/km	5:33:24	6:40 min/km	+2:05:51
285	1574	KHALID HAMMADI DRIS	REGULARES DE MELILLAME ATREVO	2:22:21	5:41 min/km	4:02:11	6:30 min/km	4:50:30	6:36 min/km	5:22:49	6:36 min/km	5:33:35	6:40 min/km	+2:06:03
286	480	FRANCISCO MORENO BELTRAN	PIES NEGROS	2:30:50	6:02 min/km	4:11:38	6:45 min/km	4:54:40	6:41 min/km	5:22:55	6:36 min/km	5:33:35	6:40 min/km	+2:06:03
287	1304	JESUS PUERTO CONTRERAS	INDEPENDIENTE	2:28:37	5:56 min/km	4:04:49	6:34 min/km	4:52:15	6:38 min/km	5:22:48	6:36 min/km	5:33:36	6:40 min/km	+2:06:03
288	992	AMTANTOA ALVALVA CUCHARERO	INDEPENDIENTE	2:29:12	5:58 min/km	4:10:20	6:43 min/km	4:55:38	6:43 min/km	5:24:03	6:38 min/km	5:33:38	6:40 min/km	+2:06:05
289	633	JUAN CORBACHO ANTON	ELVET STRIDERS	2:35:09	6:12 min/km	4:08:57	6:41 min/km	4:52:41	6:39 min/km	5:23:52	6:37 min/km	5:33:48	6:40 min/km	+2:06:15
290	2	JOSE VALVERDE	INDEPENDIENTE	2:27:00	5:52 min/km	4:05:56	6:36 min/km	4:47:59	6:32 min/km	5:20:53	6:34 min/km	5:34:10	6:41 min/km	+2:06:38
291	148	JOSE MARIA TORRES JIMENEZ	INDEPENDIENTE	2:18:56	5:33 min/km	3:51:54	6:13 min/km	4:47:24	6:31 min/km	5:20:53	6:34 min/km	5:34:11	6:41 min/km	+2:06:38
292	274	RAFAEL SANCHEZ ORTIGOSA	CLUB RUNNING PLAYAS DE TORRE DEL	2:24:59	5:47 min/km	4:07:42	6:38 min/km	4:54:33	6:41 min/km	5:23:41	6:37 min/km	5:34:14	6:41 min/km	+2:06:41
293	708	JUAN ANTONIO ALEDO DIAZ	INDEPENDIENTE	2:37:30	6:18 min/km	4:12:55	6:47 min/km	4:55:13	6:42 min/km	5:24:16	6:38 min/km	5:34:20	6:41 min/km	+2:06:47
294	1005	MIGUEL ANGEL DELGADO PEREZ	INDEPENDIENTE	2:37:31	6:18 min/km	4:15:19	6:51 min/km	4:57:27	6:45 min/km	5:24:16	6:38 min/km	5:34:20	6:41 min/km	+2:06:48
295	1422	JOSE MANUEL MORALES BARON	INDEPENDIENTE	2:23:24	5:44 min/km	4:00:57	6:28 min/km	4:48:48	6:33 min/km			5:34:24	6:41 min/km	+2:06:51
296	1482	HABIBA MOHAMED MOHAMED	RUNNERS TEAM	2:34:33	6:10 min/km	4:13:16	6:47 min/km	4:56:43	6:44 min/km	5:24:06	6:38 min/km	5:34:34	6:41 min/km	+2:07:01
297	476	JOSE BARRACA NAVARRO	INDEPENDIENTE	2:26:41	5:52 min/km	4:06:53	6:37 min/km	4:51:39	6:37 min/km	5:23:31	6:37 min/km	5:34:34	6:41 min/km	+2:07:01
298	422	JUAN FRANCISCO RUEDA MOLERO	INDEPENDIENTE	2:32:55	6:07 min/km	4:11:30	6:45 min/km	4:55:13	6:42 min/km	5:24:06	6:38 min/km	5:34:43	6:41 min/km	+2:07:10
299	950	CARLOS MUNUERA VILLADA	ALUMBRES SPORT	2:26:23	5:51 min/km	4:05:48	6:35 min/km	4:50:03	6:35 min/km	5:22:19	6:35 min/km	5:34:52	6:41 min/km	+2:07:20
300	1294	RUBEN GIL CEMBRANO	INDEPENDIENTE	2:35:59	6:14 min/km	4:07:03	6:37 min/km	4:50:41	6:36 min/km	5:24:03	6:38 min/km	5:35:00	6:42 min/km	+2:07:27
301	50	JAVIER BAILEN FERRERO	INDEPENDIENTE	2:12:07	5:17 min/km	3:48:03	6:07 min/km	4:42:54	6:25 min/km	5:23:09	6:36 min/km	5:35:24	6:42 min/km	+2:07:52
302	853	DANIEL JESUS RODRIGUEZ RUIZ	INDEPENDIENTE	2:14:58	5:23 min/km	4:10:04	6:42 min/km	4:54:37	6:41 min/km	5:24:56	6:39 min/km	5:35:33	6:42 min/km	+2:08:00
303	1495	CARLOS COHEN LEVY	TRAIL RUNNING MELILLA	2:25:08	5:48 min/km	4:04:39	6:34 min/km	4:55:12	6:42 min/km	5:24:11	6:38 min/km	5:36:03	6:43 min/km	+2:08:31
304	881	REME CANO JIMENEZ	INDEPENDIENTE	2:26:33	5:51 min/km	4:03:22	6:32 min/km	4:50:42	6:36 min/km	5:23:56	6:37 min/km	5:36:07	6:43 min/km	+2:08:34
305	261	JESUS BAUTISTA DIAZ	INDEPENDIENTE	2:22:10	5:41 min/km	4:07:28	6:38 min/km	4:56:17	6:44 min/km	5:26:36	6:41 min/km	5:37:09	6:44 min/km	+2:09:37
306	440	JESUS PONCE OLIVA	CD SOHAIL - LA SENDA	2:28:11	5:55 min/km	4:12:26	6:46 min/km	4:56:17	6:44 min/km	5:26:37	6:41 min/km	5:37:11	6:44 min/km	+2:09:38
307	526	JUAQUIN RUIZ BERENGUER	WERUN	2:20:53	5:38 min/km	4:01:50	6:29 min/km	4:48:36	6:33 min/km	5:24:30	6:38 min/km	5:37:40	6:45 min/km	+2:10:07
308	1243	CAR DE DIEGO ESCRIBANO	INDEPENDIENTE	2:32:53	6:06 min/km	4:15:42	6:51 min/km	4:58:26	6:46 min/km	5:27:31	6:42 min/km	5:37:40	6:45 min/km	+2:10:07





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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
309	1244	LUIS ANTONIO MEDIAVILLA DIAZ	INDEPENDIENTE	2:32:54	6:06 min/km	4:15:43	6:51 min/km	4:58:26	6:46 min/km	5:27:31	6:42 min/km	5:37:41	6:45 min/km	+2:10:08
310	374	JOSE LUIS DE JUAN MARTIN	INDEPENDIENTE	2:39:12	6:22 min/km	4:17:07	6:54 min/km	4:57:55	6:46 min/km	5:26:59	6:41 min/km	5:37:51	6:45 min/km	+2:10:19
311	453	ANGEL BLANES NIETO	INDEPENDIENTE	2:33:27	6:08 min/km	4:13:17	6:47 min/km	4:57:12	6:45 min/km	5:27:01	6:41 min/km	5:37:52	6:45 min/km	+2:10:19
312	1224	MIGUEL ANGEL MARTINEZ TRUJILLO	RUNNERS TEAM	2:23:44	5:44 min/km	4:19:03	6:57 min/km	5:02:32	6:52 min/km	5:28:40	6:43 min/km	5:38:01	6:45 min/km	+2:10:28
313	365	RUBEN ABELLAN ARENAS	INDEPENDIENTE	2:20:24	5:36 min/km	4:05:48	6:35 min/km	4:55:18	6:42 min/km	5:26:56	6:41 min/km	5:38:07	6:45 min/km	+2:10:34
314	1381	JOSE MANUEL GARCES MORENO	INDEPENDIENTE	2:20:01	5:36 min/km	4:11:33	6:45 min/km	4:56:06	6:43 min/km	5:27:14	6:41 min/km	5:38:13	6:45 min/km	+2:10:41
315	1354	ANTONIO CORTES MOLINILLO	INDEPENDIENTE	2:30:38	6:01 min/km	4:11:38	6:45 min/km	4:54:46	6:41 min/km	5:25:45	6:40 min/km	5:38:35	6:46 min/km	+2:11:03
316	552	MOSTAFA HARCHAOUEN	INDEPENDIENTE	2:43:57	6:33 min/km	4:22:28	7:02 min/km	5:03:00	6:53 min/km	5:29:15	6:44 min/km	5:39:02	6:46 min/km	+2:11:29
317	1107	ELENA INFANTE VAZQUEZ	TRAIL RUNNING MELILLA	2:38:50	6:21 min/km	4:13:13	6:47 min/km	4:57:59	6:46 min/km	5:28:27	6:43 min/km	5:39:11	6:47 min/km	+2:11:38
318	1108	RAUL MELLADO BLAZQUEZ	TRAIL RUNNING MELILLA	2:38:48	6:21 min/km	4:13:12	6:47 min/km	4:58:00	6:46 min/km	5:28:23	6:43 min/km	5:39:11	6:47 min/km	+2:11:39
319	3	JOSE IGNACIO FERNANDEZ MARTIN	INDEPENDIENTE	2:34:14	6:10 min/km	4:14:08	6:49 min/km	5:02:05	6:51 min/km	5:30:29	6:45 min/km	5:40:27	6:48 min/km	+2:12:54
320	268	JAVIER OLIVA HIDALGO	INDEPENDIENTE	2:25:50	5:50 min/km	4:11:11	6:44 min/km	4:58:43	6:47 min/km	5:29:57	6:45 min/km	5:41:03	6:49 min/km	+2:13:30
321	1006	MARGARITA CASTAÑO BARRERA	INDEPENDIENTE	2:30:56	6:02 min/km	4:12:57	6:47 min/km	5:00:34	6:49 min/km	5:30:13	6:45 min/km	5:41:23	6:49 min/km	+2:13:51
322	7	JOAQUIN MARTIN-CONSUEGRA SIL	CLUB ATLETISMO MALAGON	2:34:21	6:10 min/km	4:17:53	6:55 min/km	5:02:59	6:53 min/km	5:30:48	6:46 min/km	5:41:23	6:49 min/km	+2:13:51
323	588	JOSE MADRID	INDEPENDIENTE	2:34:49	6:11 min/km	4:17:28	6:54 min/km	5:04:05	6:54 min/km	5:31:38	6:47 min/km	5:42:01	6:50 min/km	+2:14:29
324	613	JOSE ANTONIO URBANEJA MORENO	CD FUENTE DEL ACEBUCHE	2:31:34	6:03 min/km	4:20:08	6:59 min/km	5:04:07	6:54 min/km	5:31:34	6:47 min/km	5:42:04	6:50 min/km	+2:14:32
325	942	JULIAN AMADOR SAURA DELGADO	INDEPENDIENTE	2:35:20	6:12 min/km	4:14:40	6:50 min/km	5:02:14	6:52 min/km	5:32:04	6:47 min/km	5:42:09	6:50 min/km	+2:14:37
326	586	JESUS GONZALEZ ARJONA	INDEPENDIENTE	2:24:48	5:47 min/km	4:07:57	6:39 min/km	4:56:03	6:43 min/km	5:30:55	6:46 min/km	5:42:16	6:50 min/km	+2:14:43
327	443	JUAN GONZALEZ ARJONA	INDEPENDIENTE	2:24:51	5:47 min/km	4:07:57	6:39 min/km	4:56:05	6:43 min/km	5:30:56	6:46 min/km	5:42:17	6:50 min/km	+2:14:44
328	567	ELENA GUERRERO IZQUIERDO	INDEPENDIENTE	2:24:45	5:47 min/km	4:19:16	6:57 min/km	5:03:19	6:53 min/km	5:31:37	6:47 min/km	5:42:32	6:51 min/km	+2:14:59
329	760	ALE GUERRERO REQUENA	INDEPENDIENTE	2:26:57	5:52 min/km	4:06:48	6:37 min/km	4:52:08	6:38 min/km	5:30:06	6:45 min/km	5:42:42	6:51 min/km	+2:15:09
330	596	CRISTOBAL JUAN GONZALEZ LOPEZ	INDEPENDIENTE	2:26:57	5:52 min/km	4:06:51	6:37 min/km	4:52:08	6:38 min/km	5:30:05	6:45 min/km	5:42:43	6:51 min/km	+2:15:11
331	955	PEDRO CABRERA MARIN	INDEPENDIENTE	2:32:34	6:06 min/km	4:15:24	6:51 min/km	5:00:13	6:49 min/km	5:30:35	6:46 min/km	5:42:44	6:51 min/km	+2:15:11
332	566	JAIME MORA ZAFRA	REGULARES DE MELILLAME ATREVO	2:09:25	5:10 min/km	4:04:07	6:33 min/km	5:01:33	6:51 min/km	5:33:27	6:49 min/km	5:43:17	6:51 min/km	+2:15:44
333	339	JOSE ANTONIO RUIZ DE TORRES	BOTAS ROTAS	2:32:54	6:06 min/km	4:19:32	6:58 min/km	5:03:47	6:54 min/km	5:33:56	6:50 min/km	5:44:01	6:52 min/km	+2:16:29
334	352	JOSE CABEO RODRIGUEZ	CD INCANSABLES BIKE	2:33:27	6:08 min/km	4:12:50	6:47 min/km	4:59:20	6:48 min/km	5:31:40	6:47 min/km	5:44:04	6:52 min/km	+2:16:32
335	433	VICTOR LOPEZ CARRASCO	INDEPENDIENTE	2:27:45	5:54 min/km	4:07:01	6:37 min/km	4:56:37	6:44 min/km	5:31:58	6:47 min/km	5:44:08	6:52 min/km	+2:16:35
336	410	ROSITA PAREJO CAMPOS	PEÑA TRAIL			4:21:44	7:01 min/km	5:05:15	6:56 min/km	5:34:03	6:50 min/km	5:44:23	6:53 min/km	+2:16:50





Fecha: 30/03/2019

MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
337	554	GISELA VELASCO COSTA	INDEPENDIENTE	2:42:59	6:31 min/km	4:23:26	7:04 min/km	5:05:45	6:56 min/km	5:33:50	6:50 min/km	5:44:40	6:53 min/km	+2:17:07
338	966	MIGUEL SABIO MATEO	INDEPENDIENTE	2:27:37	5:54 min/km	4:19:16	6:57 min/km	5:04:04	6:54 min/km	5:34:20	6:50 min/km	5:45:13	6:54 min/km	+2:17:40
339	1176	RAFAEL FERRER MORENO	INDEPENDIENTE	2:33:49	6:09 min/km	4:14:22	6:49 min/km	5:03:42	6:54 min/km	5:34:19	6:50 min/km	5:45:36	6:54 min/km	+2:18:04
340	716	NONO VILLASANA SARABIA	CLUB CIUDAD AUTONOMA DE MELILLA C	2:17:44	5:30 min/km	4:09:38	6:42 min/km	4:58:11	6:46 min/km	5:34:48	6:51 min/km	5:45:45	6:54 min/km	+2:18:12
341	968	ALE LIMON LIMON	TRAIL RUNNING MELILLA	2:37:03	6:16 min/km	4:09:47	6:42 min/km	4:56:47	6:44 min/km	5:32:06	6:47 min/km	5:45:54	6:55 min/km	+2:18:21
342	1211	OSVALDO ESTEVANEZ BOTELLO	ATREVINOS	2:20:09	5:36 min/km	4:05:04	6:34 min/km	4:58:13	6:46 min/km	5:34:49	6:51 min/km	5:45:57	6:55 min/km	+2:18:25
343	510	ANA BELEN SANCHEZ ACOSTA	MANDRIL XTREM	2:35:26	6:13 min/km	4:19:20	6:57 min/km	5:05:14	6:56 min/km	5:34:41	6:51 min/km	5:46:02	6:55 min/km	+2:18:30
344	512	JUAN JOSE SANCHEZ JIMENEZ	MANDRIL XTREM	2:35:26	6:13 min/km	4:19:19	6:57 min/km	5:05:14	6:56 min/km	5:34:40	6:51 min/km	5:46:02	6:55 min/km	+2:18:30
345	320	JOSE MIGUEL SANCHEZ MORALES	INDEPENDIENTE	2:29:55	5:59 min/km	4:12:32	6:46 min/km	5:00:33	6:49 min/km	5:33:36	6:49 min/km	5:46:12	6:55 min/km	+2:18:39
346	1350	JUAN DE DIOS CONTIOSO DOMINGUEZ	INDEPENDIENTE	2:23:59	5:45 min/km	4:08:38	6:40 min/km	5:03:40	6:54 min/km	5:34:59	6:51 min/km	5:46:12	6:55 min/km	+2:18:39
347	210	JUAN MANUEL RUIZ ESPADA	INDEPENDIENTE	2:25:42	5:49 min/km	4:12:32	6:46 min/km	5:00:34	6:49 min/km	5:33:34	6:49 min/km	5:46:12	6:55 min/km	+2:18:39
348	711	ALEJANDRO MUÑOZ ESTRADA	INDEPENDIENTE	2:34:15	6:10 min/km	4:20:17	6:59 min/km	5:05:19	6:56 min/km	5:35:32	6:52 min/km	5:46:15	6:55 min/km	+2:18:42
349	1673	ANTONIO SANCHEZ CASTAÑO	CLUB DE SENDERISMO EL CAMALEON	2:44:35	6:35 min/km	4:24:40	7:06 min/km	5:07:32	6:59 min/km	5:36:13	6:52 min/km	5:46:25	6:55 min/km	+2:18:53
350	1442	EVA MARIA ANDRADES BERNAL	CLUB DE SENDERISMO EL CAMALEON	2:44:36	6:35 min/km	4:24:40	7:06 min/km	5:07:35	6:59 min/km	5:36:15	6:53 min/km	5:46:26	6:55 min/km	+2:18:53
351	99	LUIS GARCIA CARA	CLUB SENDERISTA CERRO DEL GATO	2:40:30	6:25 min/km	4:23:17	7:04 min/km	5:08:11	7:00 min/km	5:36:47	6:53 min/km	5:46:37	6:55 min/km	+2:19:04
352	519	MARIA DEL ROSARIO ALAMO GARCIA	HTRAINER	2:33:57	6:09 min/km	4:20:26	6:59 min/km	5:06:16	6:57 min/km	5:36:22	6:53 min/km	5:46:42	6:56 min/km	+2:19:10
353	1179	ILYASS AZDOUFALL	RUNNERS TEAM	2:22:42	5:42 min/km	4:16:43	6:53 min/km	5:04:42	6:55 min/km	5:36:20	6:53 min/km	5:46:53	6:56 min/km	+2:19:21
354	94	LORENZO ZAFRA AGUILAR	INDEPENDIENTE	2:37:42	6:18 min/km	4:18:35	6:56 min/km	5:04:42	6:55 min/km	5:36:21	6:53 min/km	5:46:54	6:56 min/km	+2:19:21
355	1183	JOSE ESCOBAR MARCOS	PERRUNNERS	2:20:40	5:37 min/km	4:09:46	6:42 min/km	5:04:40	6:55 min/km	5:37:16	6:54 min/km	5:48:00	6:57 min/km	+2:20:27
356	447	JOSE RUBIO SANCHEZ	INDEPENDIENTE	2:26:10	5:50 min/km	4:10:02	6:42 min/km	5:01:14	6:50 min/km	5:36:16	6:53 min/km	5:48:00	6:57 min/km	+2:20:28
357	1162	ANDRES LUIS RAMOS BATISTA	INDEPENDIENTE	2:17:05	5:29 min/km	4:06:54	6:37 min/km	5:02:06	6:51 min/km	5:36:19	6:53 min/km	5:48:03	6:57 min/km	+2:20:30
358	273	JUAN RAFAEL PEREZ EXPOSITO	A.D.A.M. ZUMAQUE	2:36:44	6:16 min/km	4:17:27	6:54 min/km	5:04:02	6:54 min/km	5:36:03	6:52 min/km	5:48:06	6:57 min/km	+2:20:34
359	123	ANDRES LOPEZ NIETO	SIERRA SUR DE JAEN	2:36:45	6:16 min/km	4:17:25	6:54 min/km	5:04:02	6:54 min/km	5:36:05	6:52 min/km	5:48:06	6:57 min/km	+2:20:34
360	103	MONTSE MARTIN ARIZA	INDEPENDIENTE	2:36:45	6:16 min/km	4:17:28	6:54 min/km	5:04:03	6:54 min/km	5:36:04	6:52 min/km	5:48:08	6:57 min/km	+2:20:35
361	706	JESUS MORAN CAUREL	REGULARES DE MELILLAME ATREVO	2:34:09	6:09 min/km	4:20:14	6:59 min/km	5:05:14	6:56 min/km	5:36:01	6:52 min/km	5:48:12	6:57 min/km	+2:20:40
362	969	ANDRES DIAZ RODRIGUEZ	REGULARES DE MELILLA...ME ATREVO	2:34:10	6:10 min/km	4:20:16	6:59 min/km	5:06:07	6:57 min/km	5:36:00	6:52 min/km	5:48:13	6:57 min/km	+2:20:40
363	171	RICARDO MARTINEZ CURT	REGULARES DE MELILLAME ATREVO	2:44:53	6:35 min/km	4:33:38	7:20 min/km	5:14:14	7:08 min/km	5:39:40	6:57 min/km	5:48:24	6:58 min/km	+2:20:52
364	183	FRANCISCO JAVIER DELGADO CARRAS	NINGUNO	2:08:28	5:08 min/km	4:02:22	6:30 min/km	4:58:41	6:47 min/km	5:35:27	6:52 min/km	5:48:42	6:58 min/km	+2:21:10





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MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
365	515	PEDRO JULIAN TORRECILLAS BOTIA	GACELAS THOMPSON RUNNING	2:30:49	6:01 min/km	4:11:12	6:44 min/km	5:02:00	6:51 min/km	5:35:46	6:52 min/km	5:48:52	6:58 min/km	+2:21:19
366	10	JORGE SANCHEZ RAMIREZ	INDEPENDIENTE	2:38:16	6:19 min/km	4:22:08	7:02 min/km	5:09:31	7:02 min/km	5:39:13	6:56 min/km	5:49:17	6:59 min/km	+2:21:45
367	5	ALBERTO SANCHEZ RAMIREZ	CHANATA BIKE	2:38:16	6:19 min/km	4:22:09	7:02 min/km	5:09:33	7:02 min/km	5:39:15	6:56 min/km	5:49:19	6:59 min/km	+2:21:46
368	122	SANDRA GONZALEZ PLANAS	SPORTIME FITNESS RUNNERS	2:24:25	5:46 min/km	4:17:51	6:55 min/km	5:07:47	6:59 min/km	5:37:49	6:54 min/km	5:49:20	6:59 min/km	+2:21:48
369	166	ABEL REDONDO PILO	INDEPENDIENTE	2:24:24	5:46 min/km	4:17:50	6:55 min/km	5:07:46	6:59 min/km	5:37:52	6:55 min/km	5:49:21	6:59 min/km	+2:21:48
370	495	SANDRO NAVAS PADIAL	INDEPENDIENTE	2:21:49	5:40 min/km	4:08:30	6:40 min/km	5:02:44	6:52 min/km	5:38:52	6:56 min/km	5:50:03	7:00 min/km	+2:22:30
371	592	SOUFIAN MOHAMED BOUZIANE	INDEPENDIENTE	2:50:24	6:48 min/km	4:20:23	6:59 min/km	5:06:11	6:57 min/km	5:38:15	6:55 min/km	5:50:03	7:00 min/km	+2:22:30
372	1529	ALEJANDRO DE SANTOS GRELA	REGULARES DE MELILLAME ATREVO	2:50:25	6:49 min/km	4:20:14	6:59 min/km	5:06:08	6:57 min/km	5:37:29	6:54 min/km	5:50:04	7:00 min/km	+2:22:31
373	1435	JOAQUIN CEBALLOS ZUÑIGA CANO	INDEPENDIENTE	2:34:57	6:11 min/km	4:16:57	6:53 min/km	5:07:08	6:58 min/km	5:40:04	6:57 min/km	5:50:29	7:00 min/km	+2:22:56
374	1436	MIGUEL ANGEL MATEO LOPEZ	INDEPENDIENTE	2:34:58	6:11 min/km	4:16:56	6:53 min/km	5:07:06	6:58 min/km	5:39:58	6:57 min/km	5:50:29	7:00 min/km	+2:22:56
375	875	FELIX PRADO GARCIA	SAPIENS HUMAN RUNNER	2:56:07	7:02 min/km	4:54:19	7:54 min/km	5:23:02	7:20 min/km	5:43:11	7:01 min/km	5:50:34	7:00 min/km	+2:23:01
376	1209	FERNANDO SANCHEZ CASTILLO	INDEPENDIENTE	2:37:55	6:19 min/km	4:18:58	6:57 min/km	5:05:45	6:56 min/km	5:39:07	6:56 min/km	5:50:56	7:01 min/km	+2:23:23
377	802	JOSE ANTONIO CARMONA JURADO	INDEPENDIENTE	2:31:22	6:03 min/km	4:20:41	6:59 min/km	5:07:13	6:58 min/km	5:40:14	6:57 min/km	5:51:00	7:01 min/km	+2:23:28
378	1452	SERAFIN BECERRA BLASCO	INDEPENDIENTE	2:30:30	6:01 min/km	4:20:36	6:59 min/km	5:13:17	7:07 min/km	5:41:13	6:59 min/km	5:51:23	7:01 min/km	+2:23:50
379	120	SALVADOR DIAZ GARCIA	INDEPENDIENTE	2:28:36	5:56 min/km	4:18:10	6:55 min/km	5:10:50	7:03 min/km	5:40:33	6:58 min/km	5:51:48	7:02 min/km	+2:24:16
380	1571	RUTH ESCALONA VIDAL	INDEPENDIENTE	2:43:14	6:31 min/km	4:25:01	7:06 min/km	5:10:39	7:03 min/km	5:41:09	6:59 min/km	5:52:04	7:02 min/km	+2:24:32
381	1570	ANTONIO JESUS CAMACHO DELGADO	INDEPENDIENTE	2:09:30	5:10 min/km	3:56:44	6:21 min/km	4:58:16	6:46 min/km	5:41:10	6:59 min/km	5:52:05	7:02 min/km	+2:24:33
382	1624	JOSÉ IGNACIO SALMERÓN CHACÓN	TERLEG 1	2:44:39	6:35 min/km	4:25:31	7:07 min/km	5:10:41	7:03 min/km	5:41:20	6:59 min/km	5:52:26	7:02 min/km	+2:24:53
383	1625	JUAN DIEGO BUENO DIAZ	TERLEG 1	2:44:40	6:35 min/km	4:25:32	7:07 min/km	5:10:41	7:03 min/km	5:41:19	6:59 min/km	5:52:27	7:02 min/km	+2:24:54
384	1633	SERGIO VEGA PORRAS	TERLEG 1	2:44:40	6:35 min/km	4:25:32	7:07 min/km	5:10:41	7:03 min/km	5:41:21	6:59 min/km	5:52:27	7:02 min/km	+2:24:55
385	1626	SERGIO DOMÍNGUEZ SIERRA	TERLEG 1	2:44:40	6:35 min/km	4:25:42	7:07 min/km	5:10:41	7:03 min/km	5:41:19	6:59 min/km	5:52:28	7:02 min/km	+2:24:55
386	1627	JESÚS DAVID DEL PINO MORALES	TERLEG 1	2:44:40	6:35 min/km	4:25:31	7:07 min/km	5:10:42	7:03 min/km	5:41:20	6:59 min/km	5:52:28	7:02 min/km	+2:24:55
387	1630	JOSÉ MARÍA SÁNCHEZ SALADO	TERLEG 1	2:44:46	6:35 min/km	4:25:39	7:07 min/km	5:11:40	7:05 min/km	5:41:23	6:59 min/km	5:52:28	7:02 min/km	+2:24:55
388	1654	DANIEL SANCHEZ CAÑO	TERLEG 1	2:44:41	6:35 min/km	4:25:36	7:07 min/km	5:10:43	7:03 min/km	5:41:23	6:59 min/km	5:52:28	7:02 min/km	+2:24:55
389	1628	GYOVANNY MADRID GÓMEZ	TERLEG 1	2:44:41	6:35 min/km	4:25:33	7:07 min/km	5:10:41	7:03 min/km	5:41:21	6:59 min/km	5:52:28	7:02 min/km	+2:24:55
390	1636	SIDI-AMINE BOUTALEB GARCÍA	TERLEG 1	2:44:41	6:35 min/km	4:25:33	7:07 min/km	5:10:41	7:03 min/km	5:41:21	6:59 min/km	5:52:28	7:02 min/km	+2:24:56
391	1643	JUAN GÓMEZ GARCÍA	TERLEG 1	2:44:44	6:35 min/km	4:25:37	7:07 min/km	5:10:47	7:03 min/km	5:41:24	6:59 min/km	5:52:28	7:02 min/km	+2:24:56
392	1631	MIGUEL ANGEL SANTÍN SANTOS	TERLEG 1	2:44:40	6:35 min/km	4:25:37	7:07 min/km	5:10:43	7:03 min/km	5:41:23	6:59 min/km	5:52:28	7:02 min/km	+2:24:56





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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
393	1632	NELSON ABDON BETANCUR MARIN	TERLEG 1	2:44:44	6:35 min/km	4:25:33	7:07 min/km	5:10:42	7:03 min/km	5:41:22	6:59 min/km	5:52:29	7:02 min/km	+2:24:56
394	1644	JORGE JACINTO GARCIA	TERLEG 1	2:44:41	6:35 min/km	4:25:34	7:07 min/km	5:10:45	7:03 min/km	5:41:25	6:59 min/km	5:52:29	7:02 min/km	+2:24:56
395	1629	FRANCISCO JAVIER PIEDRA FERNÁNDEZ	TERLEG 1	2:44:41	6:35 min/km	4:25:33	7:07 min/km	5:10:42	7:03 min/km	5:41:24	6:59 min/km	5:52:29	7:02 min/km	+2:24:57
396	1638	JOSÉ MANUEL CARDEÑAS CHICA	TERLEG 1	2:44:40	6:35 min/km	4:25:35	7:07 min/km	5:10:42	7:03 min/km	5:41:21	6:59 min/km	5:52:29	7:02 min/km	+2:24:57
397	1655	MIGUEL ANGEL SANCHEZ OJEDA	TERLEG 1	2:44:46	6:35 min/km	4:25:36	7:07 min/km	5:10:43	7:03 min/km	5:41:25	6:59 min/km	5:52:29	7:02 min/km	+2:24:57
398	1645	RUBEN LOPEZ HARO	TERLEG 1	2:44:42	6:35 min/km	4:25:33	7:07 min/km	5:10:44	7:03 min/km	5:41:25	6:59 min/km	5:52:30	7:03 min/km	+2:24:57
399	1642	JOSÉ MARÍA GARRIDO ESTRADA	TERLEG 1	2:44:42	6:35 min/km	4:25:34	7:07 min/km	5:10:44	7:03 min/km	5:41:27	6:59 min/km	5:52:30	7:03 min/km	+2:24:57
400	1646	JESUS MARTINEZ ZAMORA	TERLEG 1	2:44:42	6:35 min/km	4:25:34	7:07 min/km	5:10:43	7:03 min/km	5:41:25	6:59 min/km	5:52:30	7:03 min/km	+2:24:57
401	1639	FRANCISCO JAVIER CORTES SANCHO	TERLEG 1	2:44:42	6:35 min/km	4:25:35	7:07 min/km	5:10:45	7:03 min/km	5:41:27	6:59 min/km	5:52:30	7:03 min/km	+2:24:57
402	1635	FRANCISCO JESÚS BENEDICTO COSAN	TERLEG 1	2:44:43	6:35 min/km	4:25:34	7:07 min/km	5:10:45	7:03 min/km	5:41:25	6:59 min/km	5:52:30	7:03 min/km	+2:24:57
403	1649	CARLOS MANUEL PORRAS GALLEGO	TERLEG 1	2:44:46	6:35 min/km	4:25:35	7:07 min/km	5:10:45	7:03 min/km	5:41:28	6:59 min/km	5:52:30	7:03 min/km	+2:24:57
404	1637	JUAN CARLOS CANDEL FLOR	TERLEG 1	2:44:44	6:35 min/km	4:25:35	7:07 min/km	5:10:46	7:03 min/km	5:41:27	6:59 min/km	5:52:30	7:03 min/km	+2:24:58
405	1647	JAVIER OLMO COLLADOS	TERLEG 1	2:44:43	6:35 min/km	4:25:34	7:07 min/km	5:10:43	7:03 min/km	5:41:26	6:59 min/km	5:52:30	7:03 min/km	+2:24:58
406	1653	FCO JAVIER SANCHEZ SALADO	TERLEG 1	2:44:42	6:35 min/km	4:25:37	7:07 min/km	5:10:43	7:03 min/km	5:41:25	6:59 min/km	5:52:31	7:03 min/km	+2:24:58
407	1656	ANGEL SANTANDER ORTIZ	TERLEG 1	2:44:41	6:35 min/km	4:25:37	7:07 min/km	5:10:47	7:03 min/km	5:41:27	6:59 min/km	5:52:31	7:03 min/km	+2:24:58
408	1652	MIGUEL RUIZ DE MIER	TERLEG 1	2:44:41	6:35 min/km	4:25:33	7:07 min/km	5:10:43	7:03 min/km	5:41:27	6:59 min/km	5:52:31	7:03 min/km	+2:24:58
409	1657	EDURADO SORIANO RODRIGUEZ	TERLEG 1	2:44:46	6:35 min/km	4:25:36	7:07 min/km	5:10:49	7:03 min/km	5:41:35	6:59 min/km	5:52:31	7:03 min/km	+2:24:59
410	1650	FRANCISCO JAVIER QUINTANA MARTIN	TERLEG 1	2:44:45	6:35 min/km	4:25:35	7:07 min/km	5:10:47	7:03 min/km	5:41:26	6:59 min/km	5:52:31	7:03 min/km	+2:24:59
411	1651	DANIEL ROS GARZON	TERLEG 1	2:44:47	6:35 min/km	4:25:40	7:07 min/km	5:10:49	7:03 min/km	5:41:34	6:59 min/km	5:52:32	7:03 min/km	+2:24:59
412	612	PEDRO GARCIA ORTEGA	HUERTASALAMA	2:33:55	6:09 min/km	4:30:48	7:16 min/km	5:18:42	7:14 min/km	5:43:31	7:01 min/km	5:52:58	7:03 min/km	+2:25:25
413	1003	LUIS FERNANDEZ PIÑEIRO	INDEPENDIENTE	2:53:25	6:56 min/km	4:30:34	7:15 min/km	5:14:44	7:09 min/km	5:43:16	7:01 min/km	5:53:30	7:04 min/km	+2:25:57
414	1117	LUIS MIGUEL CASTILLO MONTOYA	INDEPENDIENTE	2:27:09	5:53 min/km	4:20:36	6:59 min/km	5:11:12	7:04 min/km	5:41:47	6:59 min/km	5:53:57	7:04 min/km	+2:26:25
415	573	SALVADOR CORTES SOLANO	C.D. FUENTE DEL ACEBUCHE	2:34:49	6:11 min/km	4:23:15	7:04 min/km	5:12:09	7:05 min/km	5:43:23	7:01 min/km	5:54:20	7:05 min/km	+2:26:48
416	465	ANTONIO GONZALEZ PEREZ	INDEPENDIENTE	2:34:52	6:11 min/km	4:23:16	7:04 min/km	5:12:11	7:05 min/km	5:43:23	7:01 min/km	5:54:21	7:05 min/km	+2:26:48
417	1290	ADRIAN ALONSO DEL MORAL	REGULARES DE MELILLAME ATREVO	2:22:08	5:41 min/km	4:05:04	6:34 min/km	5:03:10	6:53 min/km	5:41:05	6:58 min/km	5:54:30	7:05 min/km	+2:26:57
418	1384	MARTIN DIAZ RUIZ	KORYO	2:39:17	6:22 min/km	4:23:54	7:05 min/km	5:14:46	7:09 min/km	5:42:30	7:00 min/km	5:54:55	7:05 min/km	+2:27:23
419	1561	MARIOLA DIAZ	INDEPENDIENTE	2:32:34	6:06 min/km	4:20:24	6:59 min/km	5:10:28	7:03 min/km	5:42:08	7:00 min/km	5:54:59	7:05 min/km	+2:27:26
420	1565	ALONSO SALAMANCA SANZ	BHELTRA V	2:29:58	5:59 min/km	4:16:01	6:52 min/km	5:09:46	7:02 min/km	5:43:09	7:01 min/km	5:55:08	7:06 min/km	+2:27:36





Fecha: 30/03/2019

MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
421	508	JERONIMO PEREZ HERNANDEZ	REAL CLUB MARITIMO DE MELILLA	2:39:21	6:22 min/km	4:26:01	7:08 min/km	5:10:46	7:03 min/km	5:43:00	7:01 min/km	5:55:12	7:06 min/km	+2:27:40
422	1062	FRAN GUILLEN SANCHEZ	INDEPENDIENTE	2:22:27	5:41 min/km	4:09:11	6:41 min/km	5:06:12	6:57 min/km	5:42:03	7:00 min/km	5:55:13	7:06 min/km	+2:27:40
423	1231	SERGIO RIOS CRUZ	INDEPENDIENTE	2:42:55	6:31 min/km	4:27:36	7:11 min/km	5:13:41	7:07 min/km	5:45:27	7:04 min/km	5:55:28	7:06 min/km	+2:27:56
424	426	EDUARDO MARTIN VEGA	INDEPENDIENTE	2:39:38	6:23 min/km	4:23:45	7:04 min/km	5:12:02	7:05 min/km	5:43:54	7:02 min/km	5:55:35	7:06 min/km	+2:28:03
425	137	ENRIQUE GIL FERRER	DESIGN RUNNER	2:31:30	6:03 min/km	4:25:09	7:07 min/km	5:11:31	7:04 min/km	5:44:55	7:03 min/km	5:55:38	7:06 min/km	+2:28:05
426	840	BLANCA ALVAREZ MORATINOS	INDEPENDIENTE	2:37:54	6:18 min/km	4:25:27	7:07 min/km	5:14:45	7:09 min/km	5:45:25	7:04 min/km	5:55:45	7:06 min/km	+2:28:13
427	388	JOSE ALVAREZ CASTILLO	INDEPENDIENTE	2:42:55	6:31 min/km	4:27:37	7:11 min/km	5:13:41	7:07 min/km	5:45:25	7:04 min/km	5:55:49	7:06 min/km	+2:28:16
428	1039	MOHAMED AFKER	INDEPENDIENTE	2:38:32	6:20 min/km	4:27:37	7:11 min/km	5:13:41	7:07 min/km	5:45:39	7:04 min/km	5:55:50	7:07 min/km	+2:28:18
429	598	GONZALO GARCIA VAZQUEZ	INDEPENDIENTE	2:35:00	6:12 min/km	4:22:52	7:03 min/km	5:10:45	7:03 min/km	5:44:15	7:02 min/km	5:56:14	7:07 min/km	+2:28:41
430	475	JOAQUIN CASALLO CALDERON	INDEPENDIENTE	2:42:41	6:30 min/km	4:22:52	7:03 min/km	5:10:44	7:03 min/km	5:44:14	7:02 min/km	5:56:14	7:07 min/km	+2:28:41
431	119	JOSE ANTONIO CANO CANO	CD ANTAS BIKE	2:42:02	6:28 min/km	4:30:08	7:15 min/km	5:19:37	7:15 min/km	5:46:56	7:06 min/km	5:56:44	7:08 min/km	+2:29:12
432	136	JOSE MARIA MORENO GUTIERREZ	INDEPENDIENTE	2:34:25	6:10 min/km	4:22:56	7:03 min/km	5:14:11	7:08 min/km	5:47:19	7:06 min/km	5:57:16	7:08 min/km	+2:29:44
433	315	IGNACIO REVERTE LOPEZ	INDEPENDIENTE	2:34:25	6:10 min/km	4:22:56	7:03 min/km	5:14:11	7:08 min/km	5:47:20	7:06 min/km	5:57:16	7:08 min/km	+2:29:44
434	851	FRANCISCO JOSE PARDO FERNANDEZ	INDEPENDIENTE	2:36:32	6:15 min/km	4:28:19	7:12 min/km	5:14:59	7:09 min/km	5:46:48	7:05 min/km	5:57:33	7:09 min/km	+2:30:00
435	847	ELISABETH RIVERA ZAMBRANO	INDEPENDIENTE	2:36:32	6:15 min/km	4:28:19	7:12 min/km	5:14:13	7:08 min/km	5:46:18	7:05 min/km	5:57:34	7:09 min/km	+2:30:01
436	848	ANA GARCIA LEDESMA	INDEPENDIENTE	2:36:32	6:15 min/km	4:28:18	7:12 min/km	5:14:13	7:08 min/km	5:46:18	7:05 min/km	5:57:34	7:09 min/km	+2:30:01
437	1188	JONATHAN URUBURO	REGULARES DE MELILLAME ATREVO	2:44:52	6:35 min/km	4:33:39	7:20 min/km	5:14:32	7:08 min/km	5:44:31	7:03 min/km	5:57:39	7:09 min/km	+2:30:06
438	1409	MOHAMED EL OUAHID	INDEPENDIENTE	2:23:48	5:45 min/km	4:13:53	6:48 min/km	5:03:41	6:54 min/km	5:44:39	7:03 min/km	5:57:40	7:09 min/km	+2:30:07
439	795	SEBASTIAN JOAQUIN IZQUIERDO	CD SALTABALATES	2:41:38	6:27 min/km	4:24:45	7:06 min/km	5:11:28	7:04 min/km	5:45:26	7:04 min/km	5:57:57	7:09 min/km	+2:30:24
440	862	JUAN FRANCISCO PEREZ JIMENEZ	INDEPENDIENTE	2:41:38	6:27 min/km	4:28:34	7:12 min/km	5:14:35	7:08 min/km	5:45:24	7:04 min/km	5:57:57	7:09 min/km	+2:30:25
441	1448	MANUEL SERGIO CASTILLO SANTIAGO	INDEPENDIENTE	2:45:51	6:38 min/km	4:31:35	7:17 min/km	5:16:37	7:11 min/km	5:47:04	7:06 min/km	5:58:13	7:09 min/km	+2:30:40
442	1445	ELISEO GONZALEZ PRIETO	CORRECAMINOS MARTOS	2:46:11	6:38 min/km	4:31:03	7:16 min/km	5:16:37	7:11 min/km	5:47:02	7:06 min/km	5:58:13	7:09 min/km	+2:30:40
443	1423	JIMMY HUMBERTO DELGADO CAMPOVI	INDEPENDIENTE	2:34:10	6:10 min/km	4:24:18	7:05 min/km	5:10:46	7:03 min/km	5:45:42	7:04 min/km	5:58:15	7:09 min/km	+2:30:43
444	1499	LAURA PAREDES LOPEZ	INDEPENDIENTE	2:49:20	6:46 min/km	4:38:14	7:28 min/km	5:19:31	7:15 min/km	5:48:26	7:07 min/km	5:58:32	7:10 min/km	+2:30:59
445	558	MIMOUN EL BAROUDI	INDEPENDIENTE	2:36:59	6:16 min/km	4:32:49	7:19 min/km	5:19:34	7:15 min/km	5:48:30	7:08 min/km	5:58:42	7:10 min/km	+2:31:09
446	284	JOSE MANUEL CACERES GALLARDO	CLUB MAMAPORRA	2:37:08	6:17 min/km	4:25:07	7:07 min/km	5:16:51	7:12 min/km	5:48:25	7:07 min/km	5:58:44	7:10 min/km	+2:31:11
447	398	ANGEL CARMONA MARTINEZ	INDEPENDIENTE	2:37:08	6:17 min/km	4:25:08	7:07 min/km	5:16:51	7:12 min/km	5:48:25	7:07 min/km	5:58:44	7:10 min/km	+2:31:12
448	705	JOSE MANUEL MARTINEZ PEÑA	INDEPENDIENTE	2:49:11	6:46 min/km	4:31:03	7:16 min/km	5:16:38	7:11 min/km	5:47:45	7:07 min/km	5:58:53	7:10 min/km	+2:31:20





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MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
449	584	JORGLO ASCACIBAR PAREDES	CORREDORES AFRICANUS	2:38:08	6:19 min/km	4:29:42	7:14 min/km	5:16:49	7:12 min/km	5:48:05	7:07 min/km	5:58:58	7:10 min/km	+2:31:25
450	32	JOSE MIGUEL VIZCAINO RUANO	INDEPENDIENTE	2:34:02	6:09 min/km	4:22:14	7:02 min/km	5:11:11	7:04 min/km	5:46:02	7:05 min/km	5:59:05	7:10 min/km	+2:31:32
451	1303	JUAN MANUEL BUENO SANCHEZ-RAND	HTRAINER	2:36:29	6:15 min/km	4:24:21	7:05 min/km	5:12:45	7:06 min/km	5:47:34	7:06 min/km	5:59:08	7:10 min/km	+2:31:35
452	1325	NATY SERRANO RODRIGUEZ	TRITARRY	2:42:37	6:30 min/km	4:28:48	7:12 min/km	5:17:48	7:13 min/km	5:48:29	7:08 min/km	5:59:40	7:11 min/km	+2:32:07
453	1478	FRANCISCO ANTONIO OLIVARES NARV	INDEPENDIENTE	2:38:20	6:20 min/km	4:26:29	7:09 min/km	5:15:38	7:10 min/km	5:49:43	7:09 min/km	5:59:43	7:11 min/km	+2:32:11
454	1263	DAVID GARCIA DE LA TORRE	CDC ZAPILLO ATLÉTICO	2:43:17	6:31 min/km	4:31:00	7:16 min/km	5:19:30	7:15 min/km	5:48:46	7:08 min/km	5:59:51	7:11 min/km	+2:32:18
455	172	MARIA TERESA BONILL GARCIA	INDEPENDIENTE	2:43:19	6:31 min/km	4:31:00	7:16 min/km	5:19:32	7:15 min/km	5:48:48	7:08 min/km	5:59:51	7:11 min/km	+2:32:19
456	1582	SERGIO GALLARDO GONZALEZ	CT TORREMOLINOS	2:44:15	6:34 min/km	4:28:09	7:11 min/km	5:16:20	7:11 min/km	5:49:13	7:08 min/km	6:00:04	7:12 min/km	+2:32:32
457	389	MARIA CRISTINA DIAZ ALEJO AVILES	INDEPENDIENTE	2:51:58	6:52 min/km	4:31:47	7:17 min/km	5:16:30	7:11 min/km	5:48:53	7:08 min/km	6:00:13	7:12 min/km	+2:32:40
458	258	MIHAI BOGDAN GLIGAN	INDEPENDIENTE	2:37:27	6:17 min/km	4:27:03	7:10 min/km	5:16:33	7:11 min/km	5:49:17	7:09 min/km	6:00:25	7:12 min/km	+2:32:53
459	269	BARBARA CACERES RUIZ	INDEPENDIENTE	2:37:27	6:17 min/km	4:27:04	7:10 min/km	5:16:33	7:11 min/km	5:49:16	7:08 min/km	6:00:26	7:12 min/km	+2:32:53
460	1293	MANUEL OTERO GARCIA	INDEPENDIENTE	2:37:28	6:17 min/km	4:29:24	7:13 min/km	5:18:09	7:13 min/km	5:49:03	7:08 min/km	6:00:33	7:12 min/km	+2:33:00
461	560	JAVI JIMENEZ MARTINEZ	INDEPENDIENTE	2:28:45	5:56 min/km	4:25:29	7:07 min/km	5:17:33	7:13 min/km	5:49:11	7:08 min/km	6:00:49	7:12 min/km	+2:33:16
462	849	SERGIO GRANDE ROMAN	INDEPENDIENTE	2:44:01	6:33 min/km	4:31:45	7:17 min/km	5:19:43	7:15 min/km	5:50:22	7:10 min/km	6:01:16	7:13 min/km	+2:33:43
463	1508	FERNANDO PORTILLO RODRIGO	INDEPENDIENTE	2:44:02	6:33 min/km	4:31:44	7:17 min/km	5:19:42	7:15 min/km	5:50:21	7:10 min/km	6:01:17	7:13 min/km	+2:33:44
464	1450	JUAN CAÑAS CABALLERO	INDEPENDIENTE	2:33:35	6:08 min/km	4:20:08	6:59 min/km	5:14:14	7:08 min/km	5:50:27	7:10 min/km	6:01:59	7:14 min/km	+2:34:26
465	1451	BORJA RODRIGUEZ FERNANDEZ	INDEPENDIENTE	2:33:34	6:08 min/km	4:20:06	6:58 min/km	5:14:16	7:08 min/km	5:50:26	7:10 min/km	6:01:59	7:14 min/km	+2:34:27
466	337	DOMINGO ANDRADE VALLE	BEER RUNNERS MELILLA	2:37:37	6:18 min/km	4:26:14	7:08 min/km	5:13:49	7:07 min/km	5:49:48	7:09 min/km	6:02:07	7:14 min/km	+2:34:34
467	1207	MOISES ALES MARFIL	CD GADEIRAS SPORT	2:48:47	6:45 min/km	4:34:51	7:22 min/km	5:22:33	7:19 min/km	5:51:51	7:12 min/km	6:02:09	7:14 min/km	+2:34:37
468	364	JOSE LUIS MENDOZA FERNANDEZ	INDEPENDIENTE	2:24:18	5:46 min/km	4:25:16	7:07 min/km	5:16:53	7:12 min/km	5:51:08	7:11 min/km	6:02:20	7:14 min/km	+2:34:48
469	108	RUBEN INFANTE PEREZ	INDEPENDIENTE	2:47:50	6:42 min/km	4:38:47	7:29 min/km	5:23:09	7:20 min/km	5:52:48	7:13 min/km	6:03:33	7:16 min/km	+2:36:01
470	45	DAVID SANCHEZ GOMEZ	LEGIONARIOS DE PINTO	2:47:50	6:42 min/km	4:38:47	7:29 min/km	5:23:10	7:20 min/km	5:52:49	7:13 min/km	6:03:34	7:16 min/km	+2:36:01
471	345	SERGIO DIAZ RUIZ	INDEPENDIENTE	2:39:11	6:22 min/km	4:28:26	7:12 min/km	5:18:02	7:13 min/km	5:51:46	7:12 min/km	6:03:46	7:16 min/km	+2:36:13
472	544	MILAGROSA SILES ARENAS	INDEPENDIENTE	2:38:07	6:19 min/km	4:30:43	7:16 min/km	5:18:48	7:14 min/km	5:50:16	7:10 min/km	6:03:47	7:16 min/km	+2:36:15
473	1634	YAGUAD AYDIM CHEMLAL	TERLEG 1	2:44:45	6:35 min/km	4:25:36	7:07 min/km	5:11:51	7:05 min/km	5:48:06	7:07 min/km	6:04:08	7:16 min/km	+2:36:36
474	1145	ALEJANDRO GALIANO MARTINEZ	INDEPENDIENTE	2:29:45	5:59 min/km	4:25:07	7:07 min/km	5:19:23	7:15 min/km	5:52:16	7:12 min/km	6:05:11	7:18 min/km	+2:37:38
475	1197	SAID EL AGY	INDEPENDIENTE	2:05:53	5:02 min/km	4:03:39	6:32 min/km	5:15:42	7:10 min/km	5:55:09	7:16 min/km	6:05:17	7:18 min/km	+2:37:45
476	694	CARMELO CASBAS HUERTA	INDEPENDIENTE	2:45:00	6:36 min/km	4:32:38	7:19 min/km	5:22:29	7:19 min/km	5:54:56	7:15 min/km	6:05:30	7:18 min/km	+2:37:57





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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
477	1353	RICARDO RODRIGUEZ COMENDEZ	INDEPENDIENTE	2:30:35	6:01 min/km	4:24:57	7:06 min/km	5:20:03	7:16 min/km	5:54:27	7:15 min/km	6:05:30	7:18 min/km	+2:37:58
478	1080	JOSE RAMON MARIN CABRERA	INDEPENDIENTE	2:48:44	6:44 min/km	4:37:33	7:27 min/km	5:22:35	7:19 min/km	5:53:29	7:14 min/km	6:05:48	7:18 min/km	+2:38:15
479	1171	PABLO MONTORO MARTIN	INDEPENDIENTE	2:41:11	6:26 min/km	4:31:30	7:17 min/km	5:22:21	7:19 min/km	5:55:24	7:16 min/km	6:05:53	7:19 min/km	+2:38:20
480	1254	JAIME AREÑAS BARRON	UMAX TRAIL	2:40:56	6:26 min/km	4:31:37	7:17 min/km	5:20:42	7:17 min/km	5:54:24	7:15 min/km	6:06:12	7:19 min/km	+2:38:40
481	1236	MANUEL GOMEZ MARTINEZ	UMAX TRAIL	2:40:32	6:25 min/km	4:31:37	7:17 min/km	5:20:39	7:17 min/km	5:54:19	7:15 min/km	6:06:12	7:19 min/km	+2:38:40
482	1256	FRAN MORALES MUÑOZ	UMAX TRAIL	2:40:51	6:26 min/km	4:31:36	7:17 min/km	5:20:41	7:17 min/km	5:54:23	7:15 min/km	6:06:12	7:19 min/km	+2:38:40
483	63	ANTONIO GARCIA ZAMORA	CD ANTAS BIKE	2:43:53	6:33 min/km	4:30:08	7:15 min/km	5:19:38	7:15 min/km	5:54:17	7:15 min/km	6:06:43	7:20 min/km	+2:39:11
484	1586	ANTONIO JOSE AMAT LOPEZ	BICICLUB EJIDO	2:33:17	6:07 min/km	4:29:26	7:14 min/km	5:27:53	7:27 min/km	5:56:58	7:18 min/km	6:06:47	7:20 min/km	+2:39:14
485	65	DAVID ZAMBRANA GARCIA	INDEPENDIENTE	2:42:06	6:29 min/km	4:32:12	7:18 min/km	5:20:24	7:16 min/km	5:53:50	7:14 min/km	6:07:20	7:20 min/km	+2:39:48
486	846	ANTONIO MARTIN MORENO	INDEPENDIENTE	2:42:07	6:29 min/km	4:32:14	7:18 min/km	5:20:24	7:16 min/km	5:53:53	7:14 min/km	6:07:20	7:20 min/km	+2:39:48
487	18	MIGUEL POLLI GARCIA	LOS CUCHARONES	2:52:05	6:53 min/km	4:38:05	7:27 min/km	5:25:12	7:23 min/km	5:56:43	7:18 min/km	6:08:06	7:21 min/km	+2:40:33
488	577	YAMILA MOHAMED ALI	INDEPENDIENTE	2:48:03	6:43 min/km	4:36:16	7:25 min/km	5:23:56	7:21 min/km	5:57:36	7:19 min/km	6:09:30	7:23 min/km	+2:41:57
489	771	NEVA BRAVO GIRONA	INDEPENDIENTE	2:41:32	6:27 min/km	4:36:38	7:25 min/km	5:25:08	7:23 min/km	5:59:48	7:21 min/km	6:09:31	7:23 min/km	+2:41:59
490	1395	LEONARDO GARCIA PEREA	CLUB RUNNING PLAYAS DE TORRE DEL	2:30:46	6:01 min/km	4:21:45	7:01 min/km	5:12:52	7:06 min/km	5:55:42	7:16 min/km	6:09:38	7:23 min/km	+2:42:05
491	257	VICTORIA RODRIGUEZ CAMACHO	INDEPENDIENTE	2:30:47	6:01 min/km	4:21:46	7:01 min/km	5:12:52	7:06 min/km	5:55:41	7:16 min/km	6:09:38	7:23 min/km	+2:42:05
492	406	JOSE LUIS RODRIGUEZ RASERO	INDEPENDIENTE	2:46:44	6:40 min/km	4:36:15	7:24 min/km	5:24:53	7:23 min/km	5:57:40	7:19 min/km	6:10:03	7:24 min/km	+2:42:31
493	300	JULIO CESAR MARTINEZ LOPEZ	INDEPENDIENTE	2:34:56	6:11 min/km	4:35:32	7:23 min/km	5:28:06	7:27 min/km	5:58:52	7:20 min/km	6:10:17	7:24 min/km	+2:42:45
494	289	SALVADOR GRAU GIMENO	INDEPENDIENTE	2:41:02	6:26 min/km	4:31:52	7:17 min/km	5:21:29	7:18 min/km	5:57:09	7:18 min/km	6:10:21	7:24 min/km	+2:42:49
495	700	JOSE CARLOS MARTIN CUENCA	INDEPENDIENTE	2:39:08	6:21 min/km	4:36:49	7:25 min/km	5:25:27	7:23 min/km	5:58:48	7:20 min/km	6:10:33	7:24 min/km	+2:43:00
496	518	ANDRES LOPEZ GUTIERREZ	MELILLA SIEMPRE ESPANOLA	2:39:06	6:21 min/km	4:36:50	7:25 min/km	5:25:26	7:23 min/km	5:58:45	7:20 min/km	6:10:33	7:24 min/km	+2:43:00
497	1024	ANTONIO GUEVARA JIMENEZ	INDEPENDIENTE	2:39:08	6:21 min/km	4:36:51	7:25 min/km	5:25:27	7:23 min/km	5:58:48	7:20 min/km	6:10:33	7:24 min/km	+2:43:01
498	416	MARTIN MORA MOHAMED	INDEPENDIENTE	2:39:08	6:21 min/km	4:36:51	7:25 min/km	5:25:27	7:23 min/km	5:58:48	7:20 min/km	6:10:34	7:24 min/km	+2:43:01
499	64	GLORIA MARIA JIMENEZ FERNANDEZ	A.D.A.N ZUMAQUE	2:44:13	6:34 min/km	4:34:27	7:22 min/km	5:24:46	7:22 min/km	5:59:42	7:21 min/km	6:12:11	7:26 min/km	+2:44:39
500	1601	PILUCA MARTIN PUEYO	INDEPENDIENTE	2:45:35	6:37 min/km	4:38:23	7:28 min/km	5:29:09	7:28 min/km	6:00:13	7:22 min/km	6:12:12	7:26 min/km	+2:44:40
501	1222	MARIA ANGELES QUEVEDO FERNANDE	RUNNERS TEAM	2:45:36	6:37 min/km	4:38:24	7:28 min/km	5:29:10	7:28 min/km	6:00:16	7:22 min/km	6:12:13	7:26 min/km	+2:44:40
502	1479	ANTONIO RUIZ GONZALEZ	RUNNERS TEAM	2:45:35	6:37 min/km	4:38:24	7:28 min/km	5:29:01	7:28 min/km	6:00:08	7:22 min/km	6:12:13	7:26 min/km	+2:44:40
503	1038	FRANCISCO MANUEL CASTILLO JIMENE	INDEPENDIENTE	2:51:36	6:51 min/km	4:44:05	7:37 min/km	5:30:06	7:30 min/km	6:01:28	7:23 min/km	6:12:21	7:26 min/km	+2:44:49
504	260	TRINIDAD GARCIA GUILLEN	INDEPENDIENTE	2:43:53	6:33 min/km	4:37:10	7:26 min/km	5:27:36	7:26 min/km	6:00:46	7:23 min/km	6:12:22	7:26 min/km	+2:44:49





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
505	1204	CESAR RAMIREZ PLAZA	INDEPENDIENTE	2:35:09	6:12 min/km	4:27:14	7:10 min/km	5:25:54	7:24 min/km	6:02:14	7:24 min/km	6:13:05	7:27 min/km	+2:45:33
506	218	SANTI MESADO GOMEZ	REGULARES DE MELILLAME ATREVO	2:42:18	6:29 min/km	4:37:45	7:27 min/km	5:27:00	7:25 min/km	5:59:21	7:21 min/km	6:13:08	7:27 min/km	+2:45:35
507	1346	JUAN JOSE DOMINGUEZ RAMIREZ	RING-7	2:28:39	5:56 min/km	4:17:09	6:54 min/km	5:17:54	7:13 min/km	6:00:01	7:22 min/km	6:13:24	7:28 min/km	+2:45:51
508	1379	BEATRIZ GONZALEZ NAVARRO	HTRAINER	2:41:27	6:27 min/km	4:38:45	7:28 min/km	5:32:02	7:32 min/km	6:04:10	7:27 min/km	6:13:34	7:28 min/km	+2:46:01
509	536	MIGUEL ANGEL RODEIGUEZ CIENDONE	MELILLA POR BANDERA	2:50:34	6:49 min/km	4:44:07	7:37 min/km	5:32:16	7:33 min/km	6:02:10	7:24 min/km	6:13:54	7:28 min/km	+2:46:22
510	805	NICOLAS VARO VENTURA	PARTICULAR	2:37:24	6:17 min/km	4:29:35	7:14 min/km	5:22:40	7:20 min/km	6:01:05	7:23 min/km	6:13:58	7:28 min/km	+2:46:25
511	1278	LAURA ZAPATA LOPEZ	INDEPENDIENTE	2:49:20	6:46 min/km	4:43:23	7:36 min/km	5:33:16	7:34 min/km	6:04:23	7:27 min/km	6:14:46	7:29 min/km	+2:47:14
512	1569	JUAN CARLOS ALVAREZ GOMEZ	INDEPENDIENTE	3:07:50	7:30 min/km	4:49:36	7:46 min/km	5:34:13	7:35 min/km	6:04:34	7:27 min/km	6:14:57	7:29 min/km	+2:47:25
513	482	ADRIAN ALEJANDRO RAMIREZDIVIS	INDEPENDIENTE	2:47:30	6:42 min/km	4:37:58	7:27 min/km	5:25:08	7:23 min/km	6:00:44	7:23 min/km	6:15:39	7:30 min/km	+2:48:06
514	581	FRANCISCO JAVIER CEREZUELA RAMIF	INDEPENDIENTE	2:29:30	5:58 min/km	4:27:10	7:10 min/km	5:25:08	7:23 min/km	6:01:27	7:23 min/km	6:15:40	7:30 min/km	+2:48:07
515	690	PEDRO J. GALLEGU UBEDA	INDEPENDIENTE	2:28:35	5:56 min/km	4:31:25	7:17 min/km	5:24:56	7:23 min/km	6:05:20	7:28 min/km	6:15:47	7:30 min/km	+2:48:14
516	368	MANUEL FERNANDEZ MARTINEZ	INDEPENDIENTE	2:42:50	6:30 min/km	4:39:58	7:30 min/km	5:34:41	7:36 min/km	6:04:46	7:28 min/km	6:16:14	7:31 min/km	+2:48:42
517	66	ENRIQUE RODRIGUEZ JARILLO	INDEPENDIENTE	2:42:50	6:30 min/km	4:39:59	7:30 min/km	5:34:41	7:36 min/km	6:04:50	7:28 min/km	6:16:15	7:31 min/km	+2:48:43
518	1016	DIEGO ROMERO ROMERO	INDEPENDIENTE	2:37:57	6:19 min/km	4:36:56	7:26 min/km	5:28:00	7:27 min/km	6:04:26	7:27 min/km	6:16:25	7:31 min/km	+2:48:53
519	1193	ELADIO MIRA DORADO	INDEPENDIENTE	2:57:17	7:05 min/km	4:42:38	7:35 min/km	5:31:48	7:32 min/km	6:05:00	7:28 min/km	6:16:28	7:31 min/km	+2:48:56
520	256	JESUS GILBERTE ORIOL	CORREDORES AFRICANUS	2:38:08	6:19 min/km	4:38:14	7:28 min/km	5:24:19	7:22 min/km	6:02:26	7:25 min/km	6:16:29	7:31 min/km	+2:48:56
521	156	FRANCISCO LOPEZ ESTEBAN	TRICASTELL	2:42:39	6:30 min/km	4:35:30	7:23 min/km	5:24:19	7:22 min/km	6:02:28	7:25 min/km	6:16:29	7:31 min/km	+2:48:56
522	500	ANTONIO CRUZADO VEGA	VEPAMA	2:51:28	6:51 min/km	4:39:35	7:30 min/km	5:29:54	7:29 min/km	6:04:46	7:28 min/km	6:16:33	7:31 min/km	+2:49:00
523	726	ISABEL MARIA ROMERO DIMAS	INDEPENDIENTE	2:51:26	6:51 min/km	4:45:06	7:39 min/km	5:32:50	7:33 min/km	6:04:27	7:27 min/km	6:16:56	7:32 min/km	+2:49:23
524	1090	KARIMA MOHAMED MOHAMED	INDEPENDIENTE	2:51:12	6:50 min/km	4:45:08	7:39 min/km	5:32:50	7:33 min/km	6:04:36	7:27 min/km	6:16:56	7:32 min/km	+2:49:23
525	441	ANGEL DAMIAN DIAZ CASERO	INDEPENDIENTE	3:00:28	7:13 min/km	4:47:41	7:43 min/km	5:35:58	7:38 min/km	6:06:32	7:30 min/km	6:17:15	7:32 min/km	+2:49:42
526	1454	ROSANA CHICON PORRAS	NINGUNO	3:00:29	7:13 min/km	4:47:41	7:43 min/km	5:35:59	7:38 min/km	6:06:30	7:30 min/km	6:17:16	7:32 min/km	+2:49:43
527	370	DAVID JOSE CARRIO CRUZ	INDEPENDIENTE	2:45:24	6:36 min/km	4:47:53	7:43 min/km	5:34:29	7:36 min/km	6:04:43	7:27 min/km	6:17:29	7:32 min/km	+2:49:57
528	1103	OSCAR SALA MINGUET	INDEPENDIENTE	2:45:17	6:36 min/km	4:43:50	7:37 min/km	5:37:11	7:39 min/km	6:07:32	7:31 min/km	6:17:41	7:33 min/km	+2:50:09
529	1092	ALBERTO JAVIER LOPEZ GUERRERO	INDEPENDIENTE	2:44:38	6:35 min/km	4:37:21	7:26 min/km	5:29:12	7:28 min/km	6:04:37	7:27 min/km	6:17:42	7:33 min/km	+2:50:10
530	141	FRANCISCO JOSE MARIN RUIZ	SOBRE 2 RUEDAS BIKES	2:38:08	6:19 min/km	4:33:44	7:20 min/km	5:28:15	7:27 min/km	6:04:33	7:27 min/km	6:17:54	7:33 min/km	+2:50:21
531	492	JOSE LUIS HERRERA SEMPERE	INDEPENDIENTE	2:54:55	6:59 min/km	4:42:00	7:34 min/km	5:30:15	7:30 min/km	6:04:06	7:27 min/km	6:18:15	7:33 min/km	+2:50:42
532	561	MARINA ARAGON PRIETO	INDEPENDIENTE	2:51:41	6:52 min/km	4:43:22	7:36 min/km	5:33:16	7:34 min/km	6:06:27	7:30 min/km	6:18:24	7:34 min/km	+2:50:52





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
533	1515	SALVADOR PADILLA RASCON	INDEPENDIENTE	2:31:10	6:02 min/km	4:33:15	7:20 min/km	5:26:22	7:25 min/km	6:07:25	7:31 min/km	6:18:32	7:34 min/km	+2:51:00
534	1507	MARIO VILLAGRAZ	INDEPENDIENTE	2:31:10	6:02 min/km	4:33:14	7:20 min/km	5:26:22	7:25 min/km	6:07:27	7:31 min/km	6:18:33	7:34 min/km	+2:51:00
535	73	MIGUEL ANGEL MARTIN LIMA	INDEPENDIENTE	2:57:45	7:06 min/km	4:40:33	7:31 min/km	5:30:14	7:30 min/km	6:04:36	7:27 min/km	6:18:44	7:34 min/km	+2:51:11
536	1394	JAVIER HUELIN ZARAGOZA	INDEPENDIENTE	2:25:50	5:50 min/km	4:41:37	7:33 min/km	5:29:01	7:28 min/km	6:04:35	7:27 min/km	6:18:45	7:34 min/km	+2:51:12
537	316	JUAN CARLOS ANDUJAR BERENGUEL	INDEPENDIENTE	2:57:25	7:05 min/km	4:46:06	7:40 min/km	5:34:05	7:35 min/km	6:06:51	7:30 min/km	6:18:47	7:34 min/km	+2:51:15
538	1134	PEDRO PEREZ VIZCAINO	INDEPENDIENTE	2:35:51	6:14 min/km	4:37:08	7:26 min/km	5:29:58	7:29 min/km	6:06:44	7:30 min/km	6:19:32	7:35 min/km	+2:51:59
539	1086	MORAD MOMOUN AHMED	INDEPENDIENTE	2:35:50	6:14 min/km	4:37:09	7:26 min/km	5:29:59	7:29 min/km	6:06:45	7:30 min/km	6:19:32	7:35 min/km	+2:51:59
540	1255	DAVID FERNANDEZ GUERRERO	INDEPENDIENTE	2:53:00	6:55 min/km	4:47:01	7:42 min/km	5:35:12	7:37 min/km	6:07:38	7:31 min/km	6:19:43	7:35 min/km	+2:52:10
541	1000	DAVID GAMITO RODRIGUEZ	CLUB ATLETISMO LOS 100 METROS DE I	2:41:46	6:28 min/km	4:38:50	7:29 min/km	5:31:22	7:31 min/km	6:06:27	7:30 min/km	6:19:53	7:35 min/km	+2:52:20
542	1344	MANUEL GONZALEZ DOMENECH	CLUB DE MONTAÑISMO ESTRELLA DE LA	2:39:22	6:22 min/km	4:35:45	7:24 min/km	5:32:02	7:32 min/km	6:06:34	7:30 min/km	6:20:11	7:36 min/km	+2:52:39
543	1343	JOSE MIGUEL ORTIZ CANTERO	CLUB DE MONTAÑISMO ESTRELLA DE LA	2:39:27	6:22 min/km	4:35:47	7:24 min/km	5:32:02	7:32 min/km	6:07:54	7:31 min/km	6:20:11	7:36 min/km	+2:52:39
544	1385	CRISTIAN GONZALEZ PEREZ	BOTAS ROTAS	2:38:05	6:19 min/km	4:38:04	7:27 min/km	5:32:08	7:32 min/km	6:09:16	7:33 min/km	6:20:26	7:36 min/km	+2:52:54
545	334	LUCIA VALLECILLO TORNERO	INDEPENDIENTE	2:46:39	6:39 min/km	4:38:26	7:28 min/km	5:32:08	7:32 min/km	6:09:18	7:33 min/km	6:20:27	7:36 min/km	+2:52:54
546	295	ANGEL JOSE RUIZ DE TORRES	BOTAS ROTAS	2:43:41	6:32 min/km	4:38:06	7:27 min/km	5:32:09	7:32 min/km	6:09:18	7:33 min/km	6:20:27	7:36 min/km	+2:52:55
547	1360	ANTONIO MARTINEZ GALIANO	CORREDORES AFRICANUS	2:59:33	7:10 min/km	4:51:10	7:49 min/km	5:37:14	7:39 min/km	6:09:33	7:33 min/km	6:20:31	7:36 min/km	+2:52:58
548	1530	CRISTINA LAIN CASADO	INDEPENDIENTE	2:59:33	7:10 min/km	4:51:10	7:49 min/km	5:37:13	7:39 min/km	6:09:32	7:33 min/km	6:20:31	7:36 min/km	+2:52:58
549	978	JUANMA PEREZ IGLESIAS	CORREDORES AFRICANUS	2:59:34	7:10 min/km	4:51:13	7:49 min/km	5:37:14	7:39 min/km	6:09:40	7:34 min/km	6:20:32	7:36 min/km	+2:52:59
550	764	CLEMENTE MARTINEZ ANDREU	INDEPENDIENTE	2:48:48	6:45 min/km	4:39:03	7:29 min/km	5:32:46	7:33 min/km	6:08:55	7:33 min/km	6:20:45	7:36 min/km	+2:53:13
551	1648	SALVADOR PIÑA CARRET	TERLEG 1	2:44:45	6:35 min/km	4:25:39	7:07 min/km	5:20:06	7:16 min/km	6:08:07	7:32 min/km	6:20:48	7:36 min/km	+2:53:16
552	1641	PABLO JESÚS GARCÍA NÚÑEZ	TERLEG 1	2:44:47	6:35 min/km	4:25:42	7:07 min/km	5:20:05	7:16 min/km	6:08:07	7:32 min/km	6:20:48	7:36 min/km	+2:53:16
553	1399	BEATRIZ TERRADILLOS CHOCLAN	TRAIL RUNNING MELILLA	2:54:53	6:59 min/km	4:47:01	7:42 min/km	5:35:12	7:37 min/km	6:09:05	7:33 min/km	6:20:51	7:37 min/km	+2:53:18
554	1400	MIGUEL ANGEL ZARCO GUERRA	TRAIL RUNNING MELILLA	2:54:52	6:59 min/km	4:46:55	7:42 min/km	5:35:10	7:37 min/km	6:08:59	7:33 min/km	6:20:52	7:37 min/km	+2:53:19
555	427	PRISCA PUERTA ROPERO	RUNNING DURCAL	2:57:01	7:04 min/km	4:51:34	7:49 min/km	5:39:44	7:43 min/km	6:09:56	7:34 min/km	6:21:13	7:37 min/km	+2:53:40
556	470	PILAR ORTEGA ORTEGA	RUNNING DURCAL	2:57:02	7:04 min/km	4:51:34	7:49 min/km	5:39:42	7:43 min/km	6:09:53	7:34 min/km	6:21:13	7:37 min/km	+2:53:40
557	87	CRISTINA LUIS VILCHEZ	RUNNING DÚRCAL	2:57:02	7:04 min/km	4:51:34	7:49 min/km	5:39:41	7:43 min/km	6:09:52	7:34 min/km	6:21:14	7:37 min/km	+2:53:41
558	1453	VICENTE MORENO PASTOR	INDEPENDIENTE	2:58:17	7:07 min/km	4:53:38	7:52 min/km	5:39:41	7:43 min/km	6:09:48	7:34 min/km	6:21:19	7:37 min/km	+2:53:46
559	35	JOSE ENRIQUE BERROCAL GUTIERREZ	CLUB DE MONTANA ANYERA	2:51:40	6:52 min/km	4:51:36	7:49 min/km	5:38:11	7:41 min/km	6:11:22	7:36 min/km	6:21:41	7:38 min/km	+2:54:08
560	111	LEOPOLDO FARIÑA MENA	INDEPENDIENTE	2:51:54	6:52 min/km	4:43:07	7:36 min/km	5:33:33	7:34 min/km	6:09:43	7:34 min/km	6:22:07	7:38 min/km	+2:54:35





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
561	42	MANUEL ALEJANDRO PASTOR LOPEZ	SIERRA BERMEJA TRAIL	2:51:54	6:52 min/km	4:43:06	7:36 min/km	5:33:32	7:34 min/km	6:09:43	7:34 min/km	6:22:08	7:38 min/km	+2:54:35
562	490	FRANCISCO JAVIER LOPEZ MELGAR	C.D. CICLOTURISTA LA VEREITA MARBE	2:38:22	6:20 min/km	4:37:39	7:27 min/km	5:30:08	7:30 min/km	6:08:14	7:32 min/km	6:22:17	7:38 min/km	+2:54:45
563	329	PEDRO ANTONIO ALVAREZ CABRERA	INDEPENDIENTE	2:38:22	6:20 min/km	4:37:40	7:27 min/km	5:30:09	7:30 min/km	6:08:14	7:32 min/km	6:22:19	7:38 min/km	+2:54:46
564	212	JESUS AMIL COSTALES	EQUIPO VICTIMAS DEL TERRORISMO GL	2:53:43	6:56 min/km	4:51:13	7:49 min/km	5:38:12	7:41 min/km	6:11:20	7:36 min/km	6:22:50	7:39 min/km	+2:55:17
565	83	JOSE MANUEL MARTIN COTOBAL	INDEPENDIENTE	2:48:57	6:45 min/km	4:43:48	7:37 min/km	5:33:26	7:34 min/km	6:10:51	7:35 min/km	6:23:09	7:39 min/km	+2:55:36
566	1296	ALI BELGHAZI AVILA	INDEPENDIENTE	2:20:44	5:37 min/km	4:13:59	6:49 min/km	5:21:33	7:18 min/km	6:06:10	7:29 min/km	6:23:35	7:40 min/km	+2:56:02
567	565	JOSE DAVID GARNICA AVILA	ATLETICO DE MADRID	2:18:10	5:31 min/km	4:23:32	7:04 min/km	5:21:33	7:18 min/km	6:06:11	7:29 min/km	6:23:35	7:40 min/km	+2:56:02
568	1414	ZAKARIAS BEN ALLAL ZARIOH	INDEPENDIENTE	2:37:48	6:18 min/km	4:43:47	7:37 min/km	5:36:09	7:38 min/km	6:10:46	7:35 min/km	6:23:41	7:40 min/km	+2:56:09
569	1332	KARIM MEHAMED ABDEL-LAH	INDEPENDIENTE	2:50:26	6:49 min/km	4:43:47	7:37 min/km	5:36:09	7:38 min/km	6:10:43	7:35 min/km	6:23:41	7:40 min/km	+2:56:09
570	461	MOHAMED MOHAMED ABDELKADER	OLYMPIC CENTER	2:37:48	6:18 min/km	4:43:47	7:37 min/km	5:36:05	7:38 min/km	6:10:41	7:35 min/km	6:23:42	7:40 min/km	+2:56:09
571	732	FAUSSI MOHAMED ANAFI	INDEPENDIENTE	2:37:50	6:18 min/km	4:43:56	7:37 min/km	5:36:11	7:38 min/km	6:10:54	7:35 min/km	6:23:42	7:40 min/km	+2:56:10
572	524	JOSE DOMINGO GARCIA GUERRA	RING-8	2:49:58	6:47 min/km	4:48:52	7:45 min/km	5:38:09	7:41 min/km	6:12:09	7:37 min/km	6:24:01	7:40 min/km	+2:56:28
573	812	CARLOS YOEL NAVARRETE PEREZ	INDEPENDIENTE	2:48:45	6:45 min/km	4:48:56	7:45 min/km	5:41:05	7:45 min/km	6:13:32	7:38 min/km	6:24:10	7:41 min/km	+2:56:38
574	664	JUAN IGNACIO RUBI GRAU	HTRAINER	2:49:42	6:47 min/km	4:43:11	7:36 min/km	5:36:07	7:38 min/km	6:12:13	7:37 min/km	6:24:27	7:41 min/km	+2:56:55
575	481	JONATAN CASTRO DE LA FUENTE	INDEPENDIENTE	2:41:21	6:27 min/km	4:50:51	7:48 min/km	5:40:39	7:44 min/km	6:09:41	7:34 min/km	6:24:38	7:41 min/km	+2:57:05
576	421	MARIO FONSECA GONZALEZ	INDEPENDIENTE	2:46:23	6:39 min/km	4:58:05	8:00 min/km	5:42:31	7:47 min/km	6:13:47	7:39 min/km	6:24:55	7:41 min/km	+2:57:22
577	439	EGDUNIO TUR SERRANO	INDEPENDIENTE	2:46:23	6:39 min/km	4:58:06	8:00 min/km	5:42:30	7:47 min/km	6:13:46	7:39 min/km	6:24:55	7:41 min/km	+2:57:23
578	899	ANGEL QUINTERO	INDEPENDIENTE	2:49:31	6:46 min/km	4:40:22	7:31 min/km	5:36:32	7:38 min/km	6:11:49	7:36 min/km	6:25:15	7:42 min/km	+2:57:42
579	897	ANA BERNAL	INDEPENDIENTE	2:49:31	6:46 min/km	4:40:23	7:31 min/km	5:36:33	7:38 min/km	6:11:52	7:36 min/km	6:25:16	7:42 min/km	+2:57:44
580	1021	DANIEL LARGO PACHECO	INDEPENDIENTE	2:42:07	6:29 min/km	4:50:51	7:48 min/km	5:39:32	7:43 min/km	6:09:44	7:34 min/km	6:25:28	7:42 min/km	+2:57:56
581	30	MIGUEL ANGEL TORO CABRERIZO	INDEPENDIENTE	2:50:33	6:49 min/km	4:47:35	7:43 min/km	5:36:33	7:38 min/km	6:13:25	7:38 min/km	6:25:48	7:42 min/km	+2:58:15
582	46	DAVID TORICES GARCIA	INDEPENDIENTE	2:50:32	6:49 min/km	4:47:35	7:43 min/km	5:36:04	7:38 min/km	6:13:22	7:38 min/km	6:25:48	7:42 min/km	+2:58:15
583	1431	HERMI ORTIZ FERRER	CLUB ATLETICO ORIO	3:10:36	7:37 min/km	5:00:33	8:04 min/km	5:45:49	7:51 min/km	6:16:03	7:41 min/km	6:25:56	7:43 min/km	+2:58:23
584	1527	DAVID DE LA PAZ MARTINEZ	RAC 10	2:48:42	6:44 min/km	4:40:24	7:31 min/km	5:32:45	7:33 min/km	6:11:18	7:36 min/km	6:26:04	7:43 min/km	+2:58:31
585	1526	CELINA QUILEZ GIL	INDEPENDIENTE	2:48:43	6:44 min/km	4:40:24	7:31 min/km	5:32:46	7:33 min/km	6:11:17	7:36 min/km	6:26:05	7:43 min/km	+2:58:32
586	366	ALEJANDRO SILVA FORTES	INDEPENDIENTE	2:52:00	6:52 min/km	4:49:00	7:45 min/km	5:40:47	7:44 min/km	6:14:19	7:39 min/km	6:26:38	7:43 min/km	+2:59:05
587	259	PASCUAL MARTINEZ PIQUERAS	INDEPENDIENTE	2:45:28	6:37 min/km	4:48:14	7:44 min/km	5:37:35	7:40 min/km	6:14:25	7:39 min/km	6:26:38	7:43 min/km	+2:59:05
588	569	FRAN AGUILERA MESEGUER	INDEPENDIENTE	2:45:27	6:37 min/km	4:48:14	7:44 min/km	5:37:36	7:40 min/km	6:14:28	7:39 min/km	6:26:39	7:43 min/km	+2:59:06





Fecha: 30/03/2019

MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
589	86	MARIA CRISTINA DOMINGUEZ ALEN	BICIOS@S RIAS BAIXAS	2:58:43	7:08 min/km	4:52:23	7:50 min/km	5:42:17	7:46 min/km	6:15:40	7:41 min/km	6:26:40	7:44 min/km	+2:59:07
590	232	FERNANDO DELGADO BLANCO	TRAIL RUNNING MELILLA	2:48:33	6:44 min/km	4:46:03	7:40 min/km	5:37:41	7:40 min/km	6:14:43	7:40 min/km	6:26:54	7:44 min/km	+2:59:21
591	249	MACARENA MARIA TELLECHEA OMISTE	TRAIL RUNNING MELILLA	2:49:47	6:47 min/km	4:46:04	7:40 min/km	5:37:44	7:40 min/km	6:14:46	7:40 min/km	6:26:56	7:44 min/km	+2:59:23
592	1356	JOSE ESCUDERO PRADOS	INDEPENDIENTE	2:38:21	6:20 min/km	4:35:30	7:23 min/km	5:28:34	7:28 min/km	6:09:49	7:34 min/km	6:27:00	7:44 min/km	+2:59:28
593	1248	ALVARO BERENQUER BENITEZ		2:44:52	6:35 min/km	4:46:58	7:42 min/km	5:49:37	7:56 min/km	6:16:04	7:41 min/km	6:27:08	7:44 min/km	+2:59:36
594	1	ANDRES F MILLAN LOPEZ	INDEPENDIENTE	2:44:02	6:33 min/km	4:40:31	7:31 min/km	5:35:04	7:36 min/km	6:14:07	7:39 min/km	6:27:10	7:44 min/km	+2:59:37
595	241	BENITO CELDRAN ANDREO	MANDARACHE	2:39:45	6:23 min/km	4:41:35	7:33 min/km	5:35:35	7:37 min/km	6:14:15	7:39 min/km	6:27:43	7:45 min/km	+3:00:10
596	457	JOSEMI MORENO	HUERTASALAMA	2:33:56	6:09 min/km	4:30:48	7:16 min/km	5:35:16	7:37 min/km	6:14:19	7:39 min/km	6:27:44	7:45 min/km	+3:00:11
597	1233	EDUARDO LOPEZ ALCOBA	INDEPENDIENTE	2:34:31	6:10 min/km	4:45:34	7:39 min/km	5:42:19	7:46 min/km	6:15:40	7:41 min/km	6:27:57	7:45 min/km	+3:00:24
598	591	JOSE ANDRES MARTINEZ JIMENEZ	INDEPENDIENTE	2:35:23	6:12 min/km	4:39:29	7:30 min/km	5:38:27	7:41 min/km	6:15:43	7:41 min/km	6:27:57	7:45 min/km	+3:00:25
599	151	ALFRREDO LOZOYA PILAS	INDEPENDIENTE	2:50:07	6:48 min/km	4:48:40	7:44 min/km	5:45:21	7:50 min/km	6:16:35	7:42 min/km	6:28:06	7:45 min/km	+3:00:33
600	665	MARIA DOLORES MORALES CORTES	INDEPENDIENTE	2:54:56	6:59 min/km	4:52:32	7:51 min/km	5:41:45	7:46 min/km	6:15:50	7:41 min/km	6:28:17	7:45 min/km	+3:00:44
601	659	ALEJANDRO JESUS RODRIGUEZ MONT	INDEPENDIENTE	2:54:56	6:59 min/km	4:52:33	7:51 min/km	5:41:45	7:46 min/km	6:15:48	7:41 min/km	6:28:17	7:45 min/km	+3:00:45
602	298	MATEO CRESPO SENCIANES	INDEPENDIENTE	2:59:51	7:11 min/km	5:11:43	8:22 min/km	5:48:27	7:55 min/km	6:18:36	7:45 min/km	6:28:31	7:46 min/km	+3:00:59
603	208	ANTONIO GONZALEZ RODRIGUEZ	CLUB SENDERISMO EL ABEJARUCO	2:49:25	6:46 min/km	4:42:34	7:35 min/km	5:39:59	7:43 min/km	6:15:33	7:41 min/km	6:28:32	7:46 min/km	+3:00:59
604	55	VICTOR MANUEL MORA GIMENEZ	CLUB SENDERISMO EL ABEJARUCO	2:49:25	6:46 min/km	4:42:35	7:35 min/km	5:39:59	7:43 min/km	6:15:36	7:41 min/km	6:28:32	7:46 min/km	+3:01:00
605	417	MIGUEL PUERTAS BRETONES	RUNNERS TEAM	2:43:23	6:32 min/km	4:46:52	7:42 min/km	5:41:10	7:45 min/km	6:16:39	7:42 min/km	6:28:40	7:46 min/km	+3:01:08
606	1437	FERNANDO FLORES FERNANDEZ	INDEPENDIENTE	2:43:22	6:32 min/km	4:46:50	7:42 min/km	5:41:10	7:45 min/km	6:16:37	7:42 min/km	6:28:41	7:46 min/km	+3:01:09
607	547	JOSE LUIS HERRERA FALERO	INDEPENDIENTE	3:00:18	7:12 min/km	4:50:30	7:47 min/km	5:39:53	7:43 min/km	6:17:16	7:43 min/km	6:28:56	7:46 min/km	+3:01:23
608	534	DIEGO OJEDA DE HARO	RESERVISTAS VOLUNTARIOS	2:52:05	6:53 min/km	4:48:18	7:44 min/km	5:42:05	7:46 min/km	6:16:52	7:42 min/km	6:30:35	7:48 min/km	+3:03:03
609	1421	BORJA CANO DIAZ	INDEPENDIENTE	2:50:29	6:49 min/km	4:56:35	7:57 min/km	5:44:02	7:49 min/km	6:19:27	7:46 min/km	6:31:07	7:49 min/km	+3:03:35
610	382	JUAN FRANCISCO ROMERO ESPADA	INDEPENDIENTE	2:44:55	6:35 min/km	4:54:48	7:54 min/km	5:45:41	7:51 min/km	6:18:25	7:44 min/km	6:31:28	7:49 min/km	+3:03:56
611	1397	JOSE LUIS MARTINEZ PORTAS	INDEPENDIENTE	2:31:33	6:03 min/km	4:31:17	7:16 min/km	5:30:14	7:30 min/km	6:15:31	7:41 min/km	6:31:30	7:49 min/km	+3:03:57
612	40	JORGE GONZALEZ RIVAS	INDEPENDIENTE			4:51:47	7:49 min/km	5:45:07	7:50 min/km	6:19:55	7:46 min/km	6:31:31	7:49 min/km	+3:03:59
613	995	MIGUEL ANGEL SAENZ DE RODRIGAÑE	MULTIOPTICAS ROCA	2:51:23	6:51 min/km	4:54:52	7:54 min/km	5:44:01	7:49 min/km	6:18:26	7:44 min/km	6:31:52	7:50 min/km	+3:04:19
614	1004	SAMPER IGNACIO	INDEPENDIENTE	2:51:25	6:51 min/km	4:53:50	7:53 min/km	5:44:01	7:49 min/km	6:18:34	7:44 min/km	6:31:52	7:50 min/km	+3:04:20
615	503	JESUS SANCHEZ CANOVAS	INDEPENDIENTE	2:33:36	6:08 min/km	4:49:44	7:46 min/km	5:43:54	7:48 min/km	6:18:30	7:44 min/km	6:31:54	7:50 min/km	+3:04:22
616	321	ANGEL BRAVO CONESA	INDEPENDIENTE	2:50:57	6:50 min/km	4:51:29	7:49 min/km	5:44:41	7:50 min/km	6:19:58	7:46 min/km	6:32:34	7:51 min/km	+3:05:01





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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
617	1215	JOSE CARLOS DE LA TORRE BRAVO	INDEPENDIENTE	2:50:57	6:50 min/km	4:51:29	7:49 min/km	5:44:39	7:49 min/km	6:19:57	7:46 min/km	6:32:35	7:51 min/km	+3:05:02
618	1419	JESUS ANTONIO RIVAS RIAL	INDEPENDIENTE	2:44:37	6:35 min/km	4:43:56	7:37 min/km	5:42:42	7:47 min/km	6:20:25	7:47 min/km	6:32:38	7:51 min/km	+3:05:05
619	609	SINUHE BAUTISTA DIAZ	INDEPENDIENTE	2:52:52	6:54 min/km	4:52:15	7:50 min/km	5:45:32	7:51 min/km	6:19:42	7:46 min/km	6:32:44	7:51 min/km	+3:05:11
620	975	ADRIAN ALEMANY CARASUSAN	INDEPENDIENTE	2:38:56	6:21 min/km	4:38:11	7:28 min/km	5:36:57	7:39 min/km	6:18:23	7:44 min/km	6:32:48	7:51 min/km	+3:05:15
621	437	VICENTE VICEDO ROMERO	FAUSTIN TEAM SUBIR SUBIR	3:14:44	7:47 min/km	5:03:14	8:08 min/km	5:49:27	7:56 min/km	6:21:42	7:48 min/km	6:33:09	7:51 min/km	+3:05:37
622	134	ELOISA RODRIGUEZ FAJARDO	INDEPENDIENTE	2:51:46	6:52 min/km	4:51:07	7:48 min/km	5:46:37	7:52 min/km	6:20:59	7:47 min/km	6:34:00	7:52 min/km	+3:06:27
623	162	ANTONIO RIVERA CARMONA	INDEPENDIENTE	2:51:46	6:52 min/km	4:51:06	7:48 min/km	5:46:36	7:52 min/km	6:20:56	7:47 min/km	6:34:00	7:52 min/km	+3:06:28
624	652	MANUEL FERNANDEZ GALBAN	INDEPENDIENTE	2:55:13	7:00 min/km	4:48:46	7:45 min/km	5:44:20	7:49 min/km	6:21:36	7:48 min/km	6:34:15	7:53 min/km	+3:06:42
625	948	JUAN MANUEL ARROYO SANCHEZ	GRUPO DE REGULARES 52....3ªCIA	2:52:59	6:55 min/km	4:52:10	7:50 min/km	5:48:07	7:54 min/km	6:20:16	7:47 min/km	6:34:55	7:53 min/km	+3:07:22
626	1129	ROBERTO HENARES MONTESINOS	REGULARES DE MELILLA 3º CIA	2:52:59	6:55 min/km	4:52:09	7:50 min/km	5:48:07	7:54 min/km	6:20:16	7:47 min/km	6:34:57	7:53 min/km	+3:07:24
627	895	LEOPOLDO TORRES FERNANDEZ	INDEPENDIENTE	2:52:59	6:55 min/km	4:52:09	7:50 min/km	5:48:07	7:54 min/km	6:20:16	7:47 min/km	6:34:57	7:53 min/km	+3:07:25
628	960	MIGUEL ANGEL TORRES MONTERO	GRUPO DE REGULARES MELILLA 52 3 CI	2:53:00	6:55 min/km	4:52:10	7:50 min/km	5:48:08	7:54 min/km	6:20:20	7:47 min/km	6:34:58	7:53 min/km	+3:07:25
629	859	JOSE MANUEL VICENTE LOPEZ	GRUPO DE REGULARES DE MELILLA 3CI	2:53:03	6:55 min/km	4:52:15	7:50 min/km	5:48:10	7:54 min/km	6:20:20	7:47 min/km	6:34:59	7:53 min/km	+3:07:26
630	896	ALFONSO FRANCES LOPEZ	GRUPO REGULARES DE MELILLA 3º CIA	2:53:00	6:55 min/km	4:52:09	7:50 min/km	5:48:07	7:54 min/km	6:20:16	7:47 min/km	6:34:59	7:53 min/km	+3:07:26
631	873	VICTOR MANUEL OLIVA VALVERDE	INDEPENDIENTE	2:53:18	6:55 min/km	4:53:11	7:52 min/km	5:48:40	7:55 min/km	6:21:07	7:48 min/km	6:34:59	7:53 min/km	+3:07:26
632	938	ESAU LUIS MARTIN-ARROYO CABALLE	INDEPENDIENTE	2:53:01	6:55 min/km	4:52:13	7:50 min/km	5:48:09	7:54 min/km	6:20:18	7:47 min/km	6:34:59	7:53 min/km	+3:07:26
633	865	JESUS RUBIO	INDEPENDIENTE	2:53:01	6:55 min/km	4:52:11	7:50 min/km	5:48:09	7:54 min/km	6:20:21	7:47 min/km	6:34:59	7:53 min/km	+3:07:27
634	907	ALEJANDRO MORENO BARBA	REGULARES DE MELILLA 3º CIA	2:53:00	6:55 min/km	4:52:11	7:50 min/km	5:48:07	7:54 min/km	6:20:20	7:47 min/km	6:35:00	7:54 min/km	+3:07:27
635	866	ALEJANDRO NARVAEZ GARCIA	INDEPENDIENTE	2:53:03	6:55 min/km	4:53:13	7:52 min/km	5:48:40	7:55 min/km	6:21:09	7:48 min/km	6:35:00	7:54 min/km	+3:07:27
636	880	JACOBO MANUEL MONTERO GONZALE	REGULARES DE MELILLAME ATREVO	2:53:02	6:55 min/km	4:52:12	7:50 min/km	5:48:08	7:54 min/km	6:20:21	7:47 min/km	6:35:00	7:54 min/km	+3:07:27
637	876	JESUS RIOS GRACIANO	REGULARES DE MELILLA 3º CIA	2:53:03	6:55 min/km	4:52:13	7:50 min/km	5:48:10	7:54 min/km	6:20:23	7:47 min/km	6:35:00	7:54 min/km	+3:07:28
638	927	MARIO CHAPINAL GONZALEZ	GRUPO REGULARES DE MELILLA 3ª CIA	2:53:02	6:55 min/km	4:52:14	7:50 min/km	5:48:10	7:54 min/km	6:20:21	7:47 min/km	6:35:00	7:54 min/km	+3:07:28
639	894	ALBERTO GARCIA SANCHEZ	REGULARES DE MELILLAME ATREVO	2:53:03	6:55 min/km	4:52:11	7:50 min/km	5:48:09	7:54 min/km	6:20:20	7:47 min/km	6:35:00	7:54 min/km	+3:07:28
640	906	ALAN SEOANE CARBIA	GRUPO DE REGULARES DE MELILLA 3CI	2:52:59	6:55 min/km	4:52:10	7:50 min/km	5:48:07	7:54 min/km	6:20:20	7:47 min/km	6:35:01	7:54 min/km	+3:07:28
641	935	ADRIAN CASADO FRAILE	GRUPO REGULARES DE MELILLA 3ª CIA	2:53:01	6:55 min/km	4:52:11	7:50 min/km	5:48:08	7:54 min/km	6:20:22	7:47 min/km	6:35:01	7:54 min/km	+3:07:28
642	882	MANUEL JESUS PEREZ ARRARAS	GRUPO DE REGULARES DE MELILLA 3ªC	2:53:05	6:55 min/km	4:52:12	7:50 min/km	5:48:11	7:54 min/km	6:20:23	7:47 min/km	6:35:01	7:54 min/km	+3:07:28
643	913	PEDRO JOSE ROSON RODRIGUEZ	INDEPENDIENTE	2:53:05	6:55 min/km	4:52:13	7:50 min/km	5:48:12	7:54 min/km	6:20:24	7:47 min/km	6:35:01	7:54 min/km	+3:07:29
644	979	FRANCISCO JESUS MORENO GARCIA	INDEPENDIENTE	2:53:01	6:55 min/km	4:52:12	7:50 min/km	5:48:10	7:54 min/km	6:20:21	7:47 min/km	6:35:01	7:54 min/km	+3:07:29





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
645	945	MUSTAFA ABERCHAN HAMED	MOH MC INDEPENDIENTE	2:57:36	7:06 min/km	4:53:16	7:52 min/km	5:45:58	7:51 min/km	6:22:30	7:49 min/km	6:35:02	7:54 min/km	+3:07:29
646	323	BEATRIZ MACAYA HERRERO	INDEPENDIENTE	2:56:01	7:02 min/km	4:54:50	7:54 min/km	5:46:47	7:52 min/km	6:22:20	7:49 min/km	6:35:05	7:54 min/km	+3:07:33
647	1545	ADOLFO ANTONIO ALEDO DIAZ	HTRAINER	2:50:25	6:49 min/km	4:54:49	7:54 min/km	5:47:06	7:53 min/km	6:22:17	7:49 min/km	6:35:07	7:54 min/km	+3:07:34
648	1113	JESUS RODRIGUEZ SANTAMARIA	INDEPENDIENTE	3:16:10	7:50 min/km	4:59:56	8:03 min/km	5:48:23	7:55 min/km	6:23:23	7:50 min/km	6:35:14	7:54 min/km	+3:07:42
649	460	PALOMA BANDRES CALLE	INDEPENDIENTE	3:02:55	7:19 min/km	4:57:08	7:58 min/km	5:46:59	7:53 min/km	6:22:29	7:49 min/km	6:35:28	7:54 min/km	+3:07:56
650	325	JAVIER JIMENEZ CABELLO	INDEPENDIENTE	2:55:35	7:01 min/km	5:00:32	8:04 min/km	5:45:49	7:51 min/km	6:20:14	7:47 min/km	6:36:28	7:55 min/km	+3:08:55
651	1418	JOSE MANUEL BERNAL ANTON	INDEPENDIENTE	2:25:29	5:49 min/km	4:57:33	7:59 min/km	5:45:36	7:51 min/km	6:23:44	7:51 min/km	6:36:50	7:56 min/km	+3:09:17
652	1270	REYES COLAS ALCAINE	INDEPENDIENTE	2:51:39	6:51 min/km	4:49:58	7:47 min/km	5:45:37	7:51 min/km	6:23:47	7:51 min/km	6:36:50	7:56 min/km	+3:09:17
653	755	NELIDA FERNANDEZ PATO	VITALRUNNERS	2:59:48	7:11 min/km	4:59:01	8:01 min/km	5:47:58	7:54 min/km	6:22:56	7:50 min/km	6:36:54	7:56 min/km	+3:09:21
654	838	MARETA IRIARTE SANTA ISABEL	VITALRUNNERS	2:59:48	7:11 min/km	4:59:11	8:01 min/km	5:47:58	7:54 min/km	6:23:02	7:50 min/km	6:36:54	7:56 min/km	+3:09:21
655	1405	JOAQUIN MIRANDA RAPOSO	INDEPENDIENTE	2:45:17	6:36 min/km	4:38:05	7:27 min/km	5:40:37	7:44 min/km	6:22:42	7:50 min/km	6:37:00	7:56 min/km	+3:09:28
656	768	FRANCISCA ESTEVANEZ BOTELLO	HTRAINER	2:57:11	7:05 min/km	4:56:58	7:58 min/km	5:50:40	7:58 min/km	6:24:53	7:52 min/km	6:37:09	7:56 min/km	+3:09:36
657	740	TOÑI VICENTE AGUILAR	HTRAINER	2:57:12	7:05 min/km	4:56:57	7:58 min/km	5:50:39	7:58 min/km	6:24:54	7:52 min/km	6:37:09	7:56 min/km	+3:09:36
658	393	FRANCISCO JAVIER DUEÑAS GAMEZ	HTRAINER	2:48:02	6:43 min/km	4:51:53	7:50 min/km	5:47:03	7:53 min/km	6:24:54	7:52 min/km	6:37:09	7:56 min/km	+3:09:37
659	1301	FRANCISCO GOMEZ ALVADO	INDEPENDIENTE	2:55:41	7:01 min/km	4:56:53	7:58 min/km	5:50:35	7:58 min/km	6:24:52	7:52 min/km	6:37:09	7:56 min/km	+3:09:37
660	717	JAVIER GAMEZ MARZOL	REGULARES DE MELILLAME ATREVO	2:58:35	7:08 min/km	5:04:03	8:09 min/km	5:51:36	7:59 min/km	6:25:47	7:53 min/km	6:37:13	7:56 min/km	+3:09:40
661	1111	MARIO PUERTAS DIEZ	REGULARES DE MELILLAME ATREVO	2:58:28	7:08 min/km	5:04:03	8:09 min/km	5:51:33	7:59 min/km	6:25:47	7:53 min/km	6:37:13	7:56 min/km	+3:09:41
662	1182	ANDRES MANRIQUE ANDUJAR	REGULARES DE MELILLAME ATREVO	2:58:28	7:08 min/km	5:04:06	8:09 min/km	5:51:38	7:59 min/km	6:25:50	7:53 min/km	6:37:14	7:56 min/km	+3:09:41
663	1046	CARLOS MEDIALDEA TARRAGO	REGULARES DE MELILLAME ATREVO	2:58:28	7:08 min/km	5:04:03	8:09 min/km	5:51:36	7:59 min/km	6:25:52	7:53 min/km	6:37:14	7:56 min/km	+3:09:41
664	1056	MIGUEL PERALTA DE LA HIGUERA	REGULARES DE MELILLAME ATREVO	2:58:28	7:08 min/km	5:04:04	8:09 min/km	5:51:33	7:59 min/km	6:25:07	7:53 min/km	6:37:14	7:56 min/km	+3:09:42
665	964	ANTONIO GALVEZ CORDERO	REGULARES DE MELILLA...ME ATREVO	2:58:28	7:08 min/km	5:04:04	8:09 min/km	5:51:35	7:59 min/km	6:25:48	7:53 min/km	6:37:15	7:56 min/km	+3:09:42
666	1050	EDUARDO ALVARO VELASCO	REGULARES DE MELILLAME ATREVO	2:58:29	7:08 min/km	5:04:05	8:09 min/km	5:51:36	7:59 min/km	6:25:52	7:53 min/km	6:37:15	7:56 min/km	+3:09:42
667	985	FERMIN HOLGADO JIMENEZ	REGULARES DE MELILLA...ME ATREVO	2:58:27	7:08 min/km	5:04:04	8:09 min/km	5:51:35	7:59 min/km	6:25:50	7:53 min/km	6:37:15	7:56 min/km	+3:09:43
668	987	JESUS ZAMORA BELLIDO	INDEPENDIENTE	2:58:29	7:08 min/km	5:04:04	8:09 min/km	5:51:36	7:59 min/km	6:25:48	7:53 min/km	6:37:16	7:56 min/km	+3:09:43
669	1591	ALBERTO ESPEJO FERNANDEZ	INDEPENDIENTE	2:58:35	7:08 min/km	5:04:07	8:09 min/km	5:51:36	7:59 min/km	6:25:49	7:53 min/km	6:37:16	7:56 min/km	+3:09:44
670	1316	JUAN JOSE CRESPO CASCALES	INDEPENDIENTE	2:51:27	6:51 min/km	4:55:45	7:56 min/km	5:49:03	7:55 min/km	6:24:25	7:52 min/km	6:38:00	7:57 min/km	+3:10:28
671	1228	JOSE ANTONIO SUAREZ ARGUELLES	INDEPENDIENTE	2:51:26	6:51 min/km	4:55:45	7:56 min/km	5:49:02	7:55 min/km	6:24:28	7:52 min/km	6:38:01	7:57 min/km	+3:10:28
672	920	CARLOS LOPEZ PEREZ	INDEPENDIENTE	2:53:00	6:55 min/km	4:52:25	7:51 min/km	5:48:09	7:54 min/km	6:22:50	7:50 min/km	6:38:05	7:57 min/km	+3:10:32





Fecha: 30/03/2019

MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
673	308	JUAN MIGUEL LOPEZ RUBI	BEER RUNNERS MELILLA	3:05:39	7:25 min/km	5:03:27	8:08 min/km	5:50:30	7:57 min/km	6:25:33	7:53 min/km	6:38:23	7:58 min/km	+3:10:50
674	931	RAUL LOPEZ MIÑO	INDEPENDIENTE	3:04:11	7:22 min/km	5:03:27	8:08 min/km	5:50:30	7:57 min/km	6:25:35	7:53 min/km	6:38:23	7:58 min/km	+3:10:51
675	234	RAMON FRANCISCO MIÑO PEREZ	BEER RUNNERS MELILLA	3:05:43	7:25 min/km	5:03:29	8:08 min/km	5:50:35	7:58 min/km	6:25:36	7:53 min/km	6:38:24	7:58 min/km	+3:10:51
676	8	JOSE JUAN GALAN MANZANO	BEER RUNNERS MELILLA	3:05:42	7:25 min/km	5:03:25	8:08 min/km	5:50:36	7:58 min/km	6:25:39	7:53 min/km	6:38:25	7:58 min/km	+3:10:52
677	1196	OSCAR MARTINEZ MARTINEZ	BEER RUNNERS MELILLA	3:04:28	7:22 min/km	5:05:11	8:11 min/km	5:50:31	7:57 min/km	6:25:30	7:53 min/km	6:38:25	7:58 min/km	+3:10:52
678	1203	LUIS FRANCISCO ROMAN GALLEGO	INDEPENDIENTE	3:04:30	7:22 min/km	5:05:14	8:11 min/km	5:50:33	7:58 min/km	6:25:37	7:53 min/km	6:38:26	7:58 min/km	+3:10:53
679	247	ANTONIO LUIS CANSINO OSUNA	INDEPENDIENTE	2:56:49	7:04 min/km	4:54:02	7:53 min/km	5:47:25	7:53 min/km	6:25:26	7:53 min/km	6:38:34	7:58 min/km	+3:11:02
680	1335	FRANCISCO JAVIER ROMERO IMBROD/	INDEPENDIENTE	3:00:50	7:14 min/km	5:00:23	8:03 min/km	5:55:10	8:04 min/km	6:28:44	7:57 min/km	6:39:51	7:59 min/km	+3:12:18
681	641	PEPI PEREZ ESCRIBANO	INDEPENDIENTE	3:05:15	7:24 min/km	5:05:36	8:12 min/km	5:58:42	8:09 min/km	6:29:41	7:58 min/km	6:39:59	7:59 min/km	+3:12:26
682	640	DOMINGO CANO-CABALLERO	INDEPENDIENTE	3:05:14	7:24 min/km	5:05:35	8:12 min/km	5:58:41	8:09 min/km	6:29:40	7:58 min/km	6:39:59	7:59 min/km	+3:12:27
683	1008	CARLOS JESUS LEON POSTIGO	INDEPENDIENTE	3:01:15	7:15 min/km	4:55:10	7:55 min/km	5:51:27	7:59 min/km	6:27:52	7:56 min/km	6:40:00	8:00 min/km	+3:12:27
684	1424	ANTONIO MORALES LOPEZ	ANSIA VIVA	3:10:26	7:37 min/km	5:09:52	8:19 min/km	5:54:59	8:04 min/km	6:28:10	7:56 min/km	6:40:16	8:00 min/km	+3:12:44
685	149	ANDRES SANCHEZ RIZO	INDEPENDIENTE	3:01:20	7:15 min/km	4:52:17	7:50 min/km	5:50:25	7:57 min/km	6:28:24	7:57 min/km	6:41:01	8:01 min/km	+3:13:28
686	953	ESTEBAN PADIAL GARCIA	GRUPO REGULARES DE MELILLA 3ªCIA	2:53:02	6:55 min/km	4:53:11	7:52 min/km	5:48:59	7:55 min/km	6:26:38	7:54 min/km	6:41:01	8:01 min/km	+3:13:29
687	194	JUAN RAUL PUENTES PARRA	INDEPENDIENTE	3:01:23	7:15 min/km	4:52:22	7:50 min/km	5:50:28	7:57 min/km	6:28:31	7:57 min/km	6:41:02	8:01 min/km	+3:13:29
688	1226	JOSE MARIA MULERO AIRADO	GRUPO DE REGULARES DE MELILLA 3ª C	2:53:18	6:55 min/km	4:53:23	7:52 min/km	5:49:00	7:55 min/km	6:26:40	7:54 min/km	6:41:04	8:01 min/km	+3:13:31
689	928	JOSE ANTONIO ALBEA MARQUEZ	GRUPO REGULARES DE MELILLA 3ª CIA	2:53:01	6:55 min/km	4:52:55	7:51 min/km	5:48:37	7:55 min/km	6:25:21	7:53 min/km	6:41:09	8:01 min/km	+3:13:36
690	1425	JOSE MANUEL FERNANDEZ GIL	INDEPENDIENTE	2:34:03	6:09 min/km	4:34:31	7:22 min/km	5:41:39	7:45 min/km	6:25:29	7:53 min/km	6:41:11	8:01 min/km	+3:13:38
691	363	SERGIO SILVA FORTES	INDEPENDIENTE	3:00:44	7:13 min/km	5:01:42	8:05 min/km	5:53:53	8:02 min/km	6:29:13	7:58 min/km	6:41:43	8:02 min/km	+3:14:10
692	1480	BORJA ANGEL LOPEZ MARTIN	INDEPENDIENTE	2:49:06	6:45 min/km	4:54:22	7:54 min/km	5:51:29	7:59 min/km	6:28:50	7:57 min/km	6:41:44	8:02 min/km	+3:14:12
693	854	JOSE ANTONIO ROJAS BENITEZ	INDEPENDIENTE	3:05:44	7:25 min/km	4:45:27	7:39 min/km	5:46:57	7:53 min/km	6:30:14	7:59 min/km	6:42:39	8:03 min/km	+3:15:07
694	285	ADOLFO SANCHEZ-RANDO BUENO	CORREDORES AFRICANUS	2:58:22	7:08 min/km	5:00:50	8:04 min/km	5:51:57	7:59 min/km	6:29:45	7:58 min/km	6:42:44	8:03 min/km	+3:15:11
695	499	FATNA BELFILALIA	CORREDORES AFRICANUS	2:59:33	7:10 min/km	5:00:51	8:04 min/km	5:51:56	7:59 min/km	6:29:44	7:58 min/km	6:42:44	8:03 min/km	+3:15:11
696	1606	JUANLU RUANO LOPEZ	INDEPENDIENTE	2:58:20	7:08 min/km	4:57:06	7:58 min/km	5:53:41	8:02 min/km	6:30:40	7:59 min/km	6:42:46	8:03 min/km	+3:15:13
697	283	RAFAEL COBACHO CARBONERO	INDEPENDIENTE	2:54:50	6:59 min/km	4:57:20	7:58 min/km	5:53:22	8:01 min/km	6:29:44	7:58 min/km	6:42:54	8:03 min/km	+3:15:21
698	182	MARIA JOSE VERA HERNANDEZ	INDEPENDIENTE	3:06:57	7:28 min/km	4:59:31	8:02 min/km	5:53:22	8:01 min/km	6:29:43	7:58 min/km	6:42:54	8:03 min/km	+3:15:21
699	1030	EMILIO JOSE GONZALEZ DE LUIS	INDEPENDIENTE	2:44:53	6:35 min/km	4:46:54	7:42 min/km	5:49:36	7:56 min/km	6:28:54	7:57 min/km	6:43:03	8:03 min/km	+3:15:30
700	1041	RAFAEL FERNANDEZ CASTRO	INDEPENDIENTE	2:44:52	6:35 min/km	4:46:53	7:42 min/km	5:49:36	7:56 min/km	6:28:57	7:57 min/km	6:43:03	8:03 min/km	+3:15:30





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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
701	1550	JOSE EDUARDO MERINO CASTILLA	TU HIIII QUE HIIIRVESS	3:08:11	7:31 min/km	4:59:40	8:02 min/km	5:55:41	8:05 min/km	6:30:53	8:00 min/km	6:43:09	8:03 min/km	+3:15:36
702	217	RUBEN RODRIGUEZ MARIN	INDEPENDIENTE	2:45:53	6:38 min/km	4:47:20	7:42 min/km	5:43:39	7:48 min/km	6:26:06	7:54 min/km	6:43:25	8:04 min/km	+3:15:53
703	522	ALEJANDRO RAMIREZ OLIVA	INDEPENDIENTE	2:58:17	7:07 min/km	4:51:33	7:49 min/km	5:46:34	7:52 min/km	6:28:55	7:57 min/km	6:43:30	8:04 min/km	+3:15:58
704	49	FCO JAVIER AMADOZ SANTIAGO	LOS ULTIMOS SUSMURAI	2:51:47	6:52 min/km	4:53:27	7:52 min/km	5:51:14	7:58 min/km	6:30:28	7:59 min/km	6:43:32	8:04 min/km	+3:16:00
705	1272	VICTOR ALVAREZ PEREZ	INDEPENDIENTE	2:43:13	6:31 min/km	4:53:41	7:53 min/km	5:55:52	8:05 min/km	6:32:07	8:01 min/km	6:44:07	8:04 min/km	+3:16:34
706	1348	ALEJANDRO CASTAÑOS ORTELLS	HTRAINER	2:56:13	7:02 min/km	5:02:51	8:07 min/km	5:56:20	8:05 min/km	6:32:07	8:01 min/km	6:44:13	8:05 min/km	+3:16:41
707	1336	MARCOS GOMEZ MENDEZ	HTRAINER	2:56:14	7:02 min/km	5:02:50	8:07 min/km	5:56:19	8:05 min/km	6:32:02	8:01 min/km	6:44:14	8:05 min/km	+3:16:42
708	656	ANTONIO PALOMINO PADILLA	INDEPENDIENTE	2:54:43	6:59 min/km	5:05:25	8:11 min/km	6:00:21	8:11 min/km	6:32:16	8:01 min/km	6:44:17	8:05 min/km	+3:16:45
709	95	PEDRO MAQUEDA RODRIGUEZ	PRETORIANOS DE TOMARES	3:10:16	7:36 min/km	5:08:17	8:16 min/km	5:58:31	8:08 min/km	6:31:26	8:00 min/km	6:44:27	8:05 min/km	+3:16:54
710	92	PILAR HERNANDEZ VALLEJO	PRETORIANOS DE TOMARES	3:10:16	7:36 min/km	5:08:17	8:16 min/km	5:58:30	8:08 min/km	6:31:28	8:00 min/km	6:44:27	8:05 min/km	+3:16:54
711	1334	MARIA TERESA SAGRARIO FUSTERO	INDEPENDIENTE	3:00:51	7:14 min/km	5:00:22	8:03 min/km	5:55:11	8:04 min/km	6:30:40	7:59 min/km	6:44:35	8:05 min/km	+3:17:02
712	452	ASUN PARRADO TEROL	INDEPENDIENTE	3:02:40	7:18 min/km	5:03:31	8:08 min/km	5:54:32	8:03 min/km	6:31:47	8:01 min/km	6:44:36	8:05 min/km	+3:17:03
713	1314	MARINA DIAZ GOICOECHEA	INDEPENDIENTE	3:02:41	7:18 min/km	5:03:31	8:08 min/km	5:54:55	8:03 min/km	6:31:53	8:01 min/km	6:44:36	8:05 min/km	+3:17:04
714	842	FELIX ALVARO PAJARES RUIZ	INDEPENDIENTE	3:02:40	7:18 min/km	5:03:32	8:08 min/km	5:54:55	8:03 min/km	6:31:52	8:01 min/km	6:44:36	8:05 min/km	+3:17:04
715	462	IGNACIO CASTRO TEROL	INDEPENDIENTE	3:02:40	7:18 min/km	5:03:28	8:08 min/km	5:54:33	8:03 min/km	6:31:49	8:01 min/km	6:44:37	8:05 min/km	+3:17:04
716	455	JUAN AGUILAR TEROL	INDEPENDIENTE	3:02:40	7:18 min/km	5:03:25	8:08 min/km	5:54:56	8:04 min/km	6:31:56	8:01 min/km	6:44:37	8:05 min/km	+3:17:04
717	17	MIGUEL CENTURION FRANCO	CUEVA DE NERJA-UMA	2:43:43	6:32 min/km	5:03:40	8:09 min/km	5:57:36	8:07 min/km	6:32:20	8:01 min/km	6:45:21	8:06 min/km	+3:17:48
718	1109	VICTOR RIOS RAMOS	INDEPENDIENTE	3:00:05	7:12 min/km	5:00:49	8:04 min/km	5:56:12	8:05 min/km	6:33:09	8:02 min/km	6:45:44	8:06 min/km	+3:18:12
719	1084	FRANCISCO RUFIAN MONTERO	INDEPENDIENTE	3:00:08	7:12 min/km	5:00:53	8:04 min/km	5:56:12	8:05 min/km	6:33:15	8:03 min/km	6:45:44	8:06 min/km	+3:18:12
720	1438	EMILIO CALVO NAVARRO	INDEPENDIENTE	2:53:52	6:57 min/km	4:50:39	7:48 min/km	5:54:00	8:02 min/km	6:33:16	8:03 min/km	6:45:55	8:07 min/km	+3:18:23
721	654	FRANCISCO JAVIER AVELLANEDA GAR	INDEPENDIENTE	3:13:07	7:43 min/km	5:06:26	8:13 min/km	5:58:57	8:09 min/km	6:33:03	8:02 min/km	6:45:56	8:07 min/km	+3:18:23
722	1617	ALEJANDRO LOPEZ SALAS	INDEPENDIENTE	2:45:24	6:36 min/km	4:47:54	7:43 min/km	5:35:14	7:37 min/km	6:26:51	7:55 min/km	6:46:30	8:07 min/km	+3:18:57
723	415	ENCARNACION PUERTO BERNAL	INDEPENDIENTE	3:04:37	7:23 min/km	5:04:35	8:10 min/km	5:58:39	8:09 min/km	6:33:51	8:03 min/km	6:46:57	8:08 min/km	+3:19:24
724	487	JAVIER REDONDO RUIZ	INDEPENDIENTE	3:04:37	7:23 min/km	5:04:34	8:10 min/km	5:59:08	8:09 min/km	6:34:17	8:04 min/km	6:46:57	8:08 min/km	+3:19:24
725	1173	MARIA YOLANDA VARGAS RODRIGUEZ	INDEPENDIENTE	2:57:28	7:05 min/km	5:03:19	8:08 min/km	5:58:25	8:08 min/km	6:34:52	8:05 min/km	6:47:00	8:08 min/km	+3:19:28
726	238	ANGELES ILLESCAS BAUTISTA	TRICASTELL	3:12:44	7:42 min/km	5:08:52	8:17 min/km	6:00:40	8:11 min/km	6:34:42	8:04 min/km	6:47:08	8:08 min/km	+3:19:35
727	78	EMILIO MORAL RODRIGUEZ	INDEPENDIENTE	3:12:44	7:42 min/km	5:08:49	8:17 min/km	6:00:41	8:11 min/km	6:34:40	8:04 min/km	6:47:08	8:08 min/km	+3:19:35
728	474	CRISTOBAL JAVIER SANCHEZ SAMPAL	INDEPENDIENTE	3:08:07	7:31 min/km	5:02:47	8:07 min/km	5:57:10	8:07 min/km	6:33:15	8:03 min/km	6:47:12	8:08 min/km	+3:19:40





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	OFICIAL	RITMO	
729	214	JUAN MANUEL MAYO GAYANGO	INDEPENDIENTE	2:50:07	6:48 min/km	4:50:32	7:47 min/km	5:50:43	7:58 min/km	6:33:45	8:03 min/km	6:47:38	8:09 min/km	+3:20:05
730	464	MONICA ANDREU PINA	INDEPENDIENTE	2:42:06	6:29 min/km	4:57:02	7:58 min/km	6:02:03	8:13 min/km	6:38:59	8:10 min/km	6:47:38	8:09 min/km	+3:20:06
731	1378	MARIA ISABEL MONTORO ROBLES	INDEPENDIENTE	2:59:46	7:11 min/km	5:01:47	8:06 min/km	5:56:25	8:06 min/km	6:34:51	8:04 min/km	6:47:46	8:09 min/km	+3:20:13
732	1412	JAVIER FLORES BENAVIDES	RING-8	3:07:04	7:28 min/km	5:05:38	8:12 min/km	5:58:37	8:09 min/km	6:34:58	8:05 min/km	6:47:51	8:09 min/km	+3:20:18
733	1223	JAVIER VALORIA GOMEZ	INDEPENDIENTE	3:04:25	7:22 min/km	5:07:11	8:14 min/km	5:59:04	8:09 min/km	6:35:29	8:05 min/km	6:48:31	8:10 min/km	+3:20:58
734	1603	PEDRO MORENO RUIZ	INDEPENDIENTE	3:01:56	7:16 min/km	5:06:12	8:13 min/km	6:00:05	8:11 min/km	6:37:05	8:07 min/km	6:49:03	8:10 min/km	+3:21:30
735	408	SOFIA MONROY PEREZ	INDEPENDIENTE	3:06:49	7:28 min/km	5:14:35	8:26 min/km	6:02:59	8:14 min/km	6:37:14	8:07 min/km	6:49:23	8:11 min/km	+3:21:50
736	215	MARIA DEL PILAR GARCIA PAREDES	INDEPENDIENTE	3:06:43	7:28 min/km	5:14:36	8:26 min/km	6:03:00	8:15 min/km	6:36:38	8:07 min/km	6:49:23	8:11 min/km	+3:21:51
737	163	JOSE LUIS MARTIN HERRERA	INDEPENDIENTE	3:02:57	7:19 min/km	5:14:37	8:26 min/km	6:03:02	8:15 min/km	6:37:24	8:08 min/km	6:49:24	8:11 min/km	+3:21:51
738	1001	JOSE MANUEL GALLEGU GALVEZ	INDEPENDIENTE	2:52:32	6:54 min/km	4:55:19	7:55 min/km	5:55:15	8:04 min/km	6:34:49	8:04 min/km	6:49:28	8:11 min/km	+3:21:56
739	125	RAFAEL CEREZO GONZALEZ	INDEPENDIENTE	3:04:59	7:23 min/km	5:01:14	8:05 min/km	5:59:37	8:10 min/km	6:37:29	8:08 min/km	6:49:34	8:11 min/km	+3:22:02
740	572	ALEJANDRO SAMPER GARCIA	INDEPENDIENTE	3:04:59	7:23 min/km	5:01:14	8:05 min/km	5:59:40	8:10 min/km	6:37:30	8:08 min/km	6:49:34	8:11 min/km	+3:22:02
741	739	MIGUEL ESCUTIA PINILLA	INDEPENDIENTE	3:03:54	7:21 min/km	5:13:00	8:24 min/km	5:59:00	8:09 min/km	6:31:39	8:01 min/km	6:49:57	8:11 min/km	+3:22:25
742	514	AGUSTIN ALEMAN SERRANO	INDEPENDIENTE	2:55:57	7:02 min/km	5:01:42	8:05 min/km	5:55:37	8:04 min/km	6:34:46	8:04 min/km	6:50:13	8:12 min/km	+3:22:40
743	748	FRANCISCO JAVIER INVERNON GIL	INDEPENDIENTE	2:51:40	6:52 min/km	4:58:14	8:00 min/km	5:59:28	8:10 min/km	6:36:13	8:06 min/km	6:50:18	8:12 min/km	+3:22:46
744	147	DIEGO FRANCISCO MUÑOZ JAEN	INDEPENDIENTE	3:09:31	7:34 min/km	5:09:56	8:19 min/km	6:02:33	8:14 min/km	6:38:39	8:09 min/km	6:51:17	8:13 min/km	+3:23:45
745	874	MANUEL CABRERA MORALES	INDEPENDIENTE	2:56:08	7:02 min/km	5:00:59	8:04 min/km	5:58:28	8:08 min/km	6:37:17	8:07 min/km	6:51:27	8:13 min/km	+3:23:54
746	278	JUAN MANUEL AGUILAR DIAZ	INDEPENDIENTE	3:03:48	7:21 min/km	5:16:59	8:30 min/km	6:03:04	8:15 min/km	6:38:16	8:09 min/km	6:51:30	8:13 min/km	+3:23:58
747	384	NAWAL HAMDIFI	INDEPENDIENTE	2:58:45	7:09 min/km	5:02:22	8:07 min/km	5:58:40	8:09 min/km	6:37:28	8:08 min/km	6:51:37	8:13 min/km	+3:24:05
748	104	MARIA BEGOÑA MERINO ALVAREZ	RUNNING WAY	3:07:33	7:30 min/km	5:08:21	8:16 min/km	6:03:05	8:15 min/km	6:38:33	8:09 min/km	6:51:39	8:13 min/km	+3:24:06
749	735	JESUS JIMENEZ RUIZ	INDEPENDIENTE	3:02:35	7:18 min/km	5:04:40	8:10 min/km	6:01:22	8:12 min/km	6:38:03	8:08 min/km	6:51:46	8:14 min/km	+3:24:13
750	472	JOSE LUIS MADOLELL GARCIA	BEER RUNNERS MELILLA	3:02:36	7:18 min/km	5:04:42	8:10 min/km	6:01:22	8:12 min/km	6:38:06	8:08 min/km	6:51:46	8:14 min/km	+3:24:14
751	1572	IKRAM MIMUN BUMEDIEN	HTRAINER	2:26:46	5:52 min/km	4:28:39	7:12 min/km	5:44:02	7:49 min/km	6:35:01	8:05 min/km	6:51:55	8:14 min/km	+3:24:22
752	972	MORAD MOHAMED MOHAMED	GRUPO DE REGULARES DE MELILLA 3CI	2:52:59	6:55 min/km	4:57:07	7:58 min/km	5:53:41	8:02 min/km	6:39:21	8:10 min/km	6:51:56	8:14 min/km	+3:24:23
753	349	MOISES GUERRA	INDEPENDIENTE	3:11:30	7:39 min/km	5:11:52	8:22 min/km	6:03:49	8:16 min/km	6:39:07	8:10 min/km	6:51:59	8:14 min/km	+3:24:26
754	593	JAVIER CAMACHO MOLINA	REGULARES DE MELILLA...ME ATREVO	2:58:18	7:07 min/km	5:01:58	8:06 min/km	5:59:05	8:09 min/km	6:37:29	8:08 min/km	6:52:04	8:14 min/km	+3:24:31
755	961	JOSE MANUEL PEREZ HERNANDEZ	REGULARES DE MELILLA... ME ATREVO	2:58:19	7:07 min/km	5:01:58	8:06 min/km	5:59:04	8:09 min/km	6:37:29	8:08 min/km	6:52:04	8:14 min/km	+3:24:31
756	1089	FRANCISCO RUIZ ORTEGA	INDEPENDIENTE	3:06:00	7:26 min/km	5:12:52	8:23 min/km	6:05:31	8:18 min/km	6:40:11	8:11 min/km	6:52:12	8:14 min/km	+3:24:39





Fecha: 30/03/2019

MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL	RITMO	DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO			
757	360	MARIA JOSE FREIXINET SAURA	OLYMPIC CENTER	3:07:41	7:30 min/km	5:11:23	8:21 min/km	6:03:56	8:16 min/km	6:39:22	8:10 min/km	6:52:19	8:14 min/km	+3:24:47
758	375	CAMILO FERNANDEZ SANCHEZ	OLYMPIC CENTER	3:07:27	7:29 min/km	5:11:19	8:21 min/km	6:03:56	8:16 min/km	6:39:21	8:10 min/km	6:52:19	8:14 min/km	+3:24:47
759	82	JESUS OLIVER VARGAS	INDEPENDIENTE	2:55:38	7:01 min/km	5:00:15	8:03 min/km	5:58:16	8:08 min/km	6:36:36	8:07 min/km	6:52:22	8:14 min/km	+3:24:50
760	189	FRANCISCO DE LA TORRE DE LA TORR	INDEPENDIENTE	2:55:16	7:00 min/km	5:00:16	8:03 min/km	5:58:19	8:08 min/km	6:36:34	8:07 min/km	6:52:23	8:14 min/km	+3:24:50
761	785	MANUEL ESPINOSA DE VEGA	INDEPENDIENTE	3:03:32	7:20 min/km	5:18:14	8:32 min/km	6:09:55	8:24 min/km	6:41:29	8:13 min/km	6:52:40	8:15 min/km	+3:25:07
762	940	GINES MENA LOPEZ	INDEPENDIENTE	3:09:32	7:34 min/km	5:08:56	8:17 min/km	6:04:02	8:16 min/km	6:40:49	8:12 min/km	6:54:20	8:17 min/km	+3:26:47
763	941	SERGIO MENA MARTINEZ	INDEPENDIENTE	3:09:32	7:34 min/km	5:08:55	8:17 min/km	6:04:03	8:16 min/km	6:40:48	8:12 min/km	6:54:21	8:17 min/km	+3:26:48
764	76	JESUS MOLINA LOPEZ	INDEPENDIENTE	3:25:08	8:12 min/km	5:15:38	8:28 min/km	6:10:34	8:25 min/km	6:42:38	8:14 min/km	6:54:24	8:17 min/km	+3:26:52
765	347	JAVIER SILVA FORTES	INDEPENDIENTE	2:56:50	7:04 min/km	5:01:40	8:05 min/km	5:59:43	8:10 min/km	6:41:10	8:12 min/km	6:54:57	8:17 min/km	+3:27:24
766	1589	JUAN MANUEL CONEJO GONZALEZ	INDEPENDIENTE	3:02:46	7:18 min/km	5:03:57	8:09 min/km	6:04:43	8:17 min/km	6:43:19	8:15 min/km	6:55:27	8:18 min/km	+3:27:55
767	724	MIGUEL SALVADOR BRAVO JOYA	INDEPENDIENTE	3:08:13	7:31 min/km	5:10:47	8:20 min/km	6:07:04	8:20 min/km	6:42:10	8:13 min/km	6:55:30	8:18 min/km	+3:27:57
768	808	JUAN MANUEL CARNERO SANCHEZ	INDEPENDIENTE	3:02:46	7:18 min/km	5:03:58	8:09 min/km	6:04:43	8:17 min/km	6:43:18	8:15 min/km	6:55:33	8:18 min/km	+3:28:00
769	1583	JUAN MIGUEL MADRID ANDUJAR	INDEPENDIENTE	2:58:21	7:08 min/km	5:03:31	8:08 min/km	6:02:49	8:14 min/km	6:41:49	8:13 min/km	6:55:55	8:19 min/km	+3:28:23
770	392	SERGIO MANUEL ALVAREZ DE LOS COI	INDEPENDIENTE	2:58:22	7:08 min/km	5:03:29	8:08 min/km	6:02:48	8:14 min/km	6:41:46	8:13 min/km	6:55:55	8:19 min/km	+3:28:23
771	988	JESUS IMBRODA SEMPERE	INDEPENDIENTE	3:12:44	7:42 min/km	5:11:47	8:22 min/km	6:07:20	8:20 min/km	6:44:15	8:16 min/km	6:56:13	8:19 min/km	+3:28:40
772	989	MARIA DEL MAR VILLEGAS OANES	INDEPENDIENTE	3:12:45	7:42 min/km	5:11:47	8:22 min/km	6:07:19	8:20 min/km	6:44:18	8:16 min/km	6:56:13	8:19 min/km	+3:28:40
773	1551	KARIMA FESSIKH	INDEPENDIENTE	3:01:36	7:15 min/km	5:16:30	8:29 min/km	6:06:55	8:20 min/km	6:44:54	8:17 min/km	6:56:48	8:20 min/km	+3:29:15
774	1420	FELIPE VARGAS IBAÑEZ	GADOR CORRE CON EL BUEN PASTOR	2:57:29	7:05 min/km	5:05:39	8:12 min/km	5:59:01	8:09 min/km	6:43:19	8:15 min/km	6:57:10	8:20 min/km	+3:29:38
775	397	MARTA CRESPO SENCIANES	INDEPENDIENTE	2:59:52	7:11 min/km	5:11:45	8:22 min/km	6:05:08	8:17 min/km	6:44:48	8:17 min/km	6:57:36	8:21 min/km	+3:30:04
776	407	RUBEN GONZALEZ ANDRES	INDEPENDIENTE	2:59:52	7:11 min/km	5:11:46	8:22 min/km	6:05:08	8:17 min/km	6:44:48	8:17 min/km	6:57:36	8:21 min/km	+3:30:04
777	353	MARIA DEL MAR BERNAL MUÑOZ	INDEPENDIENTE	3:09:58	7:35 min/km	5:12:32	8:23 min/km	6:07:53	8:21 min/km	6:44:47	8:17 min/km	6:57:47	8:21 min/km	+3:30:15
778	105	SALVADOR CABRERA MOLINA	INDEPENDIENTE	3:01:19	7:15 min/km	5:07:33	8:15 min/km	6:05:53	8:18 min/km	6:44:30	8:16 min/km	6:57:52	8:21 min/km	+3:30:19
779	1660	RAMSES GALLEGU IGLESIAS	INDEPENDIENTE	3:05:08	7:24 min/km	5:08:34	8:17 min/km	6:06:42	8:20 min/km	6:44:50	8:17 min/km	6:58:03	8:21 min/km	+3:30:31
780	1284	IÑAKI SOLIS BALBAS	INDEPENDIENTE	3:08:41	7:32 min/km	5:13:53	8:25 min/km	6:09:04	8:23 min/km	6:46:37	8:19 min/km	6:58:38	8:22 min/km	+3:31:05
781	830	JAVIER RODRIGUEZ PEREZ	INDEPENDIENTE	3:07:19	7:29 min/km	5:13:49	8:25 min/km	6:12:29	8:27 min/km	6:47:37	8:20 min/km	6:58:45	8:22 min/km	+3:31:12
782	1403	FERNANDO JIMENEZ JIMENEZ	INDEPENDIENTE	3:06:29	7:27 min/km	5:17:13	8:30 min/km	6:10:51	8:25 min/km	6:45:34	8:18 min/km	6:58:56	8:22 min/km	+3:31:23
783	538	YOLANDA PEÑA GARCIA	INDEPENDIENTE	3:06:29	7:27 min/km	5:17:11	8:30 min/km	6:10:51	8:25 min/km	6:45:33	8:18 min/km	6:58:56	8:22 min/km	+3:31:23
784	491	ROBERTO MARTIN PISO	INDEPENDIENTE	2:58:16	7:07 min/km	5:05:10	8:11 min/km	6:06:29	8:19 min/km	6:45:38	8:18 min/km	6:59:31	8:23 min/km	+3:31:58





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MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
785	910	MOHAMED GANICH AL-LAL	GRUPO DE REGULARES Nº 52 3ªCIA	3:03:45	7:21 min/km	5:10:45	8:20 min/km	6:08:18	8:22 min/km	6:46:45	8:19 min/km	6:59:49	8:23 min/km	+3:32:16
786	916	RAQUEL VERDEGUER LORENTE	INDEPENDIENTE	3:03:47	7:21 min/km	5:16:59	8:30 min/km	6:09:06	8:23 min/km	6:46:56	8:19 min/km	6:59:51	8:23 min/km	+3:32:18
787	1069	JOSE LUIS POZO PELEGRINA	INDEPENDIENTE	3:07:15	7:29 min/km	5:06:18	8:13 min/km	6:06:00	8:19 min/km	6:46:31	8:19 min/km	6:59:59	8:23 min/km	+3:32:26
788	954	JUAN ENRIQUE NAVARRO IBAÑEZ	INDEPENDIENTE	3:08:43	7:32 min/km	5:08:22	8:16 min/km	6:06:03	8:19 min/km	6:46:34	8:19 min/km	6:59:59	8:23 min/km	+3:32:26
789	837	IGNACIO MENDEZ DE VIGO DE ELORRI	INDEPENDIENTE	3:08:48	7:33 min/km	5:20:16	8:35 min/km	6:14:44	8:31 min/km	6:47:33	8:20 min/km	7:00:18	8:24 min/km	+3:32:45
790	1250	BELÉN ALFARO MARQUEZ	INDEPENDIENTE	3:11:19	7:39 min/km	5:12:51	8:23 min/km	6:09:06	8:23 min/km	6:48:25	8:21 min/km	7:00:20	8:24 min/km	+3:32:47
791	877	PABLO ORTIZ TRIVIÑO	INDEPENDIENTE	3:05:50	7:26 min/km	5:13:42	8:25 min/km	6:12:06	8:27 min/km	6:48:57	8:22 min/km	7:01:23	8:25 min/km	+3:33:51
792	804	ALFONSO TORRES CHACÓN	REGULARES DE MELILLAME ATREVO	2:58:35	7:08 min/km	5:04:10	8:09 min/km	6:07:19	8:20 min/km	6:48:20	8:21 min/km	7:01:30	8:25 min/km	+3:33:57
793	681	JUAN JOSE ROJAS RUIZ	OLYMPIC CENTER	3:11:13	7:38 min/km	5:15:17	8:27 min/km	6:14:17	8:30 min/km	6:49:21	8:22 min/km	7:01:31	8:25 min/km	+3:33:58
794	682	EVA RAMIREZ RUBIO	OLYMPIC CENTER	3:11:16	7:39 min/km	5:15:36	8:28 min/km	6:14:18	8:30 min/km	6:49:24	8:22 min/km	7:01:31	8:25 min/km	+3:33:59
795	981	YESSIR MOHAMED HAMED	REGULARES MELILLA 3 CIA	3:09:38	7:35 min/km	5:13:54	8:25 min/km	6:11:19	8:26 min/km	6:48:46	8:22 min/km	7:01:41	8:26 min/km	+3:34:08
796	1404	JOSE CANDO CASADO	REGULARES DE MELILLAME ATREVO	2:58:30	7:08 min/km	4:56:33	7:57 min/km	5:59:21	8:10 min/km	6:45:40	8:18 min/km	7:01:47	8:26 min/km	+3:34:15
797	1206	YEWAD AMAR EMBARK	REGULARES DE... MELILLA... ME ATREVC	2:58:30	7:08 min/km	4:56:33	7:57 min/km	5:59:24	8:10 min/km	6:45:45	8:18 min/km	7:01:48	8:26 min/km	+3:34:15
798	1580	SANTIAGO GUTIERREZ MUÑOZ	REGULARES DE MELILLAME ATREVO	2:58:30	7:08 min/km	4:56:31	7:57 min/km	5:59:21	8:10 min/km	6:45:43	8:18 min/km	7:01:48	8:26 min/km	+3:34:15
799	1612	CRISTHIAN ALEXANDER PORTELA GAR	INDEPENDIENTE	2:58:31	7:08 min/km	4:56:30	7:57 min/km	5:59:22	8:10 min/km	6:45:44	8:18 min/km	7:01:48	8:26 min/km	+3:34:15
800	1597	JHON JAIME L LOPEZ PORTILLA	INDEPENDIENTE	2:58:30	7:08 min/km	4:56:29	7:57 min/km	5:59:22	8:10 min/km	6:45:42	8:18 min/km	7:01:48	8:26 min/km	+3:34:15
801	1124	WELLINGTON CAMPOVERDE CUEVA	REGULARES DE MELILLAME ATREVO	2:58:31	7:08 min/km	4:56:30	7:57 min/km	5:59:23	8:10 min/km	6:45:42	8:18 min/km	7:01:48	8:26 min/km	+3:34:16
802	1581	RAFAEL SANCHO NAVARRO	REGULARES DE MELILLAME ATREVO	2:58:31	7:08 min/km	4:56:44	7:57 min/km	5:59:27	8:10 min/km	6:46:18	8:19 min/km	7:01:49	8:26 min/km	+3:34:17
803	1212	LEOPOLDO ALBARRACIN GARCIA	REGULARES DE MELILLAME ATREVO	2:58:32	7:08 min/km	4:56:30	7:57 min/km	5:59:23	8:10 min/km	6:45:46	8:18 min/km	7:01:50	8:26 min/km	+3:34:17
804	1370	JUAN GABRIEL TAPIA PEÑA	REGULARES DE MELILLAME ATREVO	2:58:37	7:08 min/km	4:50:06	7:47 min/km	5:41:58	7:46 min/km	6:45:50	8:18 min/km	7:01:54	8:26 min/km	+3:34:22
805	844	ANA ISABEL ACERO TEJEDOR	CD MANDRIL XTREME	3:02:50	7:18 min/km	5:06:34	8:13 min/km	6:01:47	8:13 min/km	6:46:51	8:19 min/km	7:02:02	8:26 min/km	+3:34:29
806	872	MARIA VICTORIA ARANDA MARTIN	INDEPENDIENTE	3:02:50	7:18 min/km	5:06:42	8:14 min/km	6:01:46	8:13 min/km	6:46:54	8:19 min/km	7:02:02	8:26 min/km	+3:34:29
807	1307	JOSE ANGEL GARCIA GONZALEZ	BONCG/CIAT18	3:14:40	7:47 min/km	5:20:21	8:36 min/km	6:14:37	8:30 min/km	6:49:03	8:22 min/km	7:02:30	8:27 min/km	+3:34:57
808	1308	ZAIDA LORENTE GARCIA	BONCG/CIAT18	3:14:41	7:47 min/km	5:20:23	8:36 min/km	6:14:40	8:30 min/km	6:49:35	8:23 min/km	7:02:30	8:27 min/km	+3:34:57
809	1310	JOSE ALFONSO SANCHEZ CORRALES	BONCG/CIAT18	3:14:40	7:47 min/km	5:20:22	8:36 min/km	6:14:37	8:30 min/km	6:49:00	8:22 min/km	7:02:31	8:27 min/km	+3:34:59
810	11	RAFAEL VARGAS	INDEPENDIENTE	3:04:05	7:21 min/km	5:18:00	8:32 min/km	6:14:22	8:30 min/km	6:49:32	8:23 min/km	7:02:44	8:27 min/km	+3:35:11
811	57	JOSE CAZORLA HERNANDEZ	INDEPENDIENTE	2:58:49	7:09 min/km	5:11:25	8:21 min/km	6:11:16	8:26 min/km	6:51:30	8:25 min/km	7:02:46	8:27 min/km	+3:35:13
812	722	BEATRIZ TORTOSA RUIZ	CLUB NATACION MELILLA	3:08:13	7:31 min/km	5:10:43	8:20 min/km	6:09:51	8:24 min/km	6:49:54	8:23 min/km	7:04:12	8:29 min/km	+3:36:39





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	OFICIAL	RITMO	
813	1341	MARIA C. MARIN COBOS	INDEPENDIENTE	3:07:45	7:30 min/km	5:14:06	8:25 min/km	6:12:14	8:27 min/km	6:50:25	8:24 min/km	7:04:22	8:29 min/km	+3:36:49
814	1345	MARIA DOLORES DELGADO DIAZ	NINGUNO	3:07:52	7:30 min/km	5:14:08	8:26 min/km	6:12:14	8:27 min/km	6:50:23	8:24 min/km	7:04:22	8:29 min/km	+3:36:49
815	683	ANA BELEN RODRIGUEZ VALDERRAMA	INDEPENDIENTE	3:02:27	7:17 min/km	5:07:18	8:14 min/km	6:12:24	8:27 min/km	6:51:16	8:25 min/km	7:04:51	8:29 min/km	+3:37:19
816	1512	PATRICIA AGUILERA MORATA	PA KE VAMOS A ENTRENAR	3:10:19	7:36 min/km	5:14:32	8:26 min/km	6:13:17	8:29 min/km	6:51:17	8:25 min/km	7:04:57	8:29 min/km	+3:37:24
817	1542	ANGEL LUIS MOLINA LOPEZ	PA KE VAMOS A ENTRENAR	3:10:19	7:36 min/km	5:14:33	8:26 min/km	6:13:17	8:29 min/km	6:51:19	8:25 min/km	7:04:57	8:29 min/km	+3:37:25
818	434	FRANCISCO JESUS SANCHEZ SALADO	INDEPENDIENTE	3:07:08	7:29 min/km	5:14:05	8:25 min/km	6:11:10	8:26 min/km	6:51:11	8:25 min/km	7:05:25	8:30 min/km	+3:37:52
819	546	DANIEL BERNAL LOPEZ	INDEPENDIENTE	3:07:09	7:29 min/km	5:14:06	8:25 min/km	6:11:10	8:26 min/km	6:51:11	8:25 min/km	7:05:25	8:30 min/km	+3:37:52
820	379	ANTONIO J. PARIS TAMAYO	INDEPENDIENTE	3:01:26	7:15 min/km	5:08:51	8:17 min/km	6:08:48	8:22 min/km	6:49:49	8:23 min/km	7:05:26	8:30 min/km	+3:37:53
821	1605	DIEGO SIMON FERNANDEZ	INDEPENDIENTE			5:14:08	8:25 min/km	6:11:11	8:26 min/km	6:51:13	8:25 min/km	7:05:26	8:30 min/km	+3:37:53
822	222	JUANA JORDAN MONGE	INDEPENDIENTE	3:01:27	7:15 min/km	5:08:49	8:17 min/km	6:08:50	8:22 min/km	6:49:51	8:23 min/km	7:05:27	8:30 min/km	+3:37:54
823	548	JESUS DE LA FUENTE DELGADO	INDEPENDIENTE	3:10:12	7:36 min/km	5:19:21	8:34 min/km	6:14:51	8:31 min/km	6:54:08	8:28 min/km	7:05:57	8:31 min/km	+3:38:25
824	1351	ALFREDO ESTIRADO BRONCHADO	INDEPENDIENTE	3:19:23	7:58 min/km	5:20:58	8:36 min/km	6:16:59	8:34 min/km	6:53:19	8:27 min/km	7:06:33	8:31 min/km	+3:39:00
825	1568	CONCEPCION ARIAS AVELLANEDA	INDEPENDIENTE	3:23:50	8:09 min/km	5:20:56	8:36 min/km	6:17:02	8:34 min/km	6:54:44	8:29 min/km	7:07:14	8:32 min/km	+3:39:41
826	839	CARLOS ESCUTIA PINILLA	INDEPENDIENTE	3:03:55	7:21 min/km	5:13:00	8:24 min/km	6:04:10	8:16 min/km	6:49:54	8:23 min/km	7:07:59	8:33 min/km	+3:40:26
827	1275	FRANCISCO MARAÑÓN BOLIVAR	ZUMAQUE	3:08:01	7:31 min/km	5:05:38	8:12 min/km	6:04:40	8:17 min/km	6:50:01	8:23 min/km	7:08:03	8:33 min/km	+3:40:30
828	226	MANUEL ALLER MARTINEZ	INDEPENDIENTE	3:36:32	8:39 min/km	5:45:42	9:16 min/km	6:35:57	8:59 min/km	6:59:20	8:35 min/km	7:08:07	8:33 min/km	+3:40:34
829	738	SONIA RUBIANO SEGOVIA	INDEPENDIENTE	3:03:54	7:21 min/km	5:14:45	8:26 min/km	6:16:59	8:34 min/km	6:55:11	8:29 min/km	7:08:33	8:34 min/km	+3:41:01
830	562	MUSTAPHA MOUKRIM	INDEPENDIENTE	2:52:20	6:53 min/km	5:18:34	8:33 min/km	6:21:08	8:39 min/km	6:56:41	8:31 min/km	7:08:36	8:34 min/km	+3:41:04
831	145	JESUS BALLESTEROS LOPEZ	INDEPENDIENTE	3:02:23	7:17 min/km	5:12:49	8:23 min/km	6:13:44	8:29 min/km	6:53:44	8:28 min/km	7:08:43	8:34 min/km	+3:41:10
832	91	CARLOS MOSTOLES RODRIGUEZ	INDEPENDIENTE	3:02:22	7:17 min/km	5:12:49	8:23 min/km	6:13:44	8:29 min/km	6:53:43	8:28 min/km	7:08:43	8:34 min/km	+3:41:10
833	188	CECILIA REJON GARCIA	INDEPENDIENTE	3:17:57	7:55 min/km	5:27:23	8:47 min/km	6:19:09	8:37 min/km	6:55:28	8:30 min/km	7:08:48	8:34 min/km	+3:41:16
834	604	ALEJANDRO ANTONIO MARTINEZ LOPE	INDEPENDIENTE	3:06:40	7:28 min/km	5:18:16	8:32 min/km	6:19:29	8:37 min/km	6:56:21	8:31 min/km	7:08:59	8:34 min/km	+3:41:27
835	1497	JOSE FEDERICO NEGRO GUERRERO	INDEPENDIENTE	3:10:55	7:38 min/km	5:18:30	8:33 min/km	6:19:05	8:36 min/km	6:56:47	8:31 min/km	7:09:35	8:35 min/km	+3:42:02
836	348	NURIA RUBIO MUÑOZ	INDEPENDIENTE	3:06:50	7:28 min/km	5:20:48	8:36 min/km	6:18:14	8:35 min/km	6:55:17	8:30 min/km	7:09:53	8:35 min/km	+3:42:20
837	332	MANUEL CHECA NIETO	INDEPENDIENTE	3:06:49	7:28 min/km	5:20:49	8:36 min/km	6:18:14	8:35 min/km	6:55:17	8:30 min/km	7:09:53	8:35 min/km	+3:42:20
838	800	GABRIEL LOPEZ RODRIGUEZ	INDEPENDIENTE	3:22:23	8:05 min/km	5:26:04	8:45 min/km	6:21:06	8:39 min/km	6:57:27	8:32 min/km	7:10:30	8:36 min/km	+3:42:57
839	799	MARIA JESUS AZNAR GARCIA	INDEPENDIENTE	3:22:22	8:05 min/km	5:26:09	8:45 min/km	6:21:06	8:39 min/km	6:57:33	8:32 min/km	7:10:31	8:36 min/km	+3:42:58
840	545	DAVID LAGO PORRUA	INDEPENDIENTE	2:36:19	6:15 min/km	4:55:03	7:55 min/km	6:05:04	8:17 min/km	6:52:16	8:26 min/km	7:11:02	8:37 min/km	+3:43:29





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MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
841	242	JOSE RAMON MARTINEZ VELASCO	INDEPENDIENTE	3:18:21	7:56 min/km	5:27:48	8:48 min/km	6:21:01	8:39 min/km	6:56:47	8:31 min/km	7:11:10	8:37 min/km	+3:43:38
842	411	JOSE MIGUEL MARTINEZ VELASCO	INDEPENDIENTE	3:18:21	7:56 min/km	5:27:48	8:48 min/km	6:21:03	8:39 min/km	6:56:45	8:31 min/km	7:11:19	8:37 min/km	+3:43:46
843	297	JESUS FERNANDEZ HERNANDEZ	INDEPENDIENTE	3:27:18	8:17 min/km	5:20:52	8:36 min/km	6:18:09	8:35 min/km	6:57:49	8:33 min/km	7:11:38	8:37 min/km	+3:44:06
844	167	RAMON SANCHEZ REYES	C.D. TROTANOCHEs GUADIX	3:25:37	8:13 min/km	5:20:52	8:36 min/km	6:18:12	8:35 min/km	6:57:48	8:33 min/km	7:11:40	8:38 min/km	+3:44:08
845	77	MANUEL LOZANO RODA	CARMONA PAEZ	3:21:00	8:02 min/km	5:27:04	8:46 min/km	6:21:10	8:39 min/km	6:57:17	8:32 min/km	7:12:32	8:39 min/km	+3:44:59
846	290	MARIBEL GUIJO POLAN	INDEPENDIENTE	3:22:19	8:05 min/km	5:27:53	8:48 min/km	6:21:37	8:40 min/km	6:57:48	8:33 min/km	7:12:32	8:39 min/km	+3:44:59
847	96	EDUARDO LEON MAINE	CARMONA PAEZ	3:20:57	8:02 min/km	5:27:17	8:47 min/km	6:21:09	8:39 min/km	6:57:14	8:32 min/km	7:12:32	8:39 min/km	+3:44:59
848	311	KIKO GALEANO CERRO	INDEPENDIENTE	3:22:20	8:05 min/km	5:27:54	8:48 min/km	6:21:34	8:40 min/km	6:57:43	8:33 min/km	7:12:32	8:39 min/km	+3:45:00
849	276	ISABEL M GARCIA BENASACH	CARMONA PAEZ	3:22:18	8:05 min/km	5:27:52	8:48 min/km	6:21:34	8:40 min/km	6:57:41	8:33 min/km	7:12:33	8:39 min/km	+3:45:01
850	1247	ALEJANDRO GORDILLO MUÑOZ	REGULARES DE MELILLAME ATREVO	3:07:25	7:29 min/km	5:23:44	8:41 min/km	6:19:51	8:37 min/km	7:00:09	8:36 min/km	7:12:53	8:39 min/km	+3:45:20
851	721	RAFAEL CARBAYEDA GONZALEZ	ASOCIACIÓN DE VETERANOS PARACAID	3:13:06	7:43 min/km	5:22:57	8:40 min/km	6:21:02	8:39 min/km	7:00:28	8:36 min/km	7:12:59	8:39 min/km	+3:45:26
852	698	ANTONIO PEREZ DE URETA MANZANA	INDEPENDIENTE	3:31:04	8:26 min/km	5:27:24	8:47 min/km	6:23:18	8:42 min/km	6:59:04	8:34 min/km	7:13:05	8:39 min/km	+3:45:33
853	454	MIGUEL SORIANO PADILLO	HTRAINER	3:07:16	7:29 min/km	5:20:07	8:35 min/km	6:20:01	8:38 min/km	6:59:00	8:34 min/km	7:13:06	8:39 min/km	+3:45:33
854	1313	PEDRO JESUS GARCIA MOHAND	BONCG/CIAT18	3:14:42	7:47 min/km	5:20:25	8:36 min/km	6:18:00	8:35 min/km	6:56:10	8:31 min/km	7:13:49	8:40 min/km	+3:46:16
855	1177	MOHAMED KICHOUH ABDELKADER	INDEPENDIENTE	3:01:44	7:16 min/km	5:16:33	8:29 min/km	6:17:56	8:35 min/km	7:00:28	8:36 min/km	7:13:52	8:40 min/km	+3:46:19
856	1573	MUSTAFA AL-LUCH MOHAMED	INDEPENDIENTE	3:06:47	7:28 min/km	5:15:50	8:28 min/km	6:16:04	8:32 min/km	6:58:19	8:33 min/km	7:14:02	8:40 min/km	+3:46:29
857	622	GINES ESPINO CESPEDES	INDEPENDIENTE	3:06:07	7:26 min/km	5:17:35	8:31 min/km	6:16:15	8:33 min/km	6:58:54	8:34 min/km	7:14:08	8:40 min/km	+3:46:35
858	1100	JUAN PEDRO PEREZ MUÑOZ	CLUB UNIVERSITARIO DE MONTAÑA DE I	3:01:06	7:14 min/km	5:25:52	8:44 min/km	6:23:54	8:43 min/km	7:00:50	8:36 min/km	7:14:11	8:41 min/km	+3:46:38
859	1377	REBECA FERROL CALERO	HTRAINER	3:17:18	7:53 min/km	5:28:30	8:49 min/km	6:23:47	8:43 min/km	7:02:04	8:38 min/km	7:14:32	8:41 min/km	+3:46:59
860	530	FCO.AURELIO DEL CASTILLO ALBALADI BMR		3:01:49	7:16 min/km	5:14:41	8:26 min/km	6:19:04	8:36 min/km	7:00:56	8:37 min/km	7:15:10	8:42 min/km	+3:47:38
861	585	JAVIER ALEJOS SERRANO	GREEN POWER ST	3:11:32	7:39 min/km	5:19:39	8:34 min/km	6:23:10	8:42 min/km	7:03:13	8:39 min/km	7:15:34	8:42 min/km	+3:48:01
862	1249	JOSE HERNANDEZ CALVO	HORMIGAS VERDES	3:15:05	7:48 min/km	5:28:29	8:49 min/km	6:25:25	8:45 min/km	7:03:01	8:39 min/km	7:15:48	8:42 min/km	+3:48:15
863	1164	JUAN CARLOS RUIZ RUIZ (REQUENA)	HORMIGAS VERDES	3:15:00	7:48 min/km	5:28:30	8:49 min/km	6:25:27	8:45 min/km	7:03:03	8:39 min/km	7:15:48	8:42 min/km	+3:48:15
864	1170	DIONISIO GARCIA SANCHEZ	HORMIGAS VERDES	3:15:58	7:50 min/km	5:28:31	8:49 min/km	6:25:35	8:45 min/km	7:03:01	8:39 min/km	7:15:48	8:42 min/km	+3:48:15
865	883	FRANCISCO BADILLO CENTENO	HORMIGAS VERDES	3:15:15	7:48 min/km	5:28:33	8:49 min/km	6:25:32	8:45 min/km	7:03:01	8:39 min/km	7:15:48	8:42 min/km	+3:48:16
866	1416	THELMA ESTRELLA ARIÑEZ ANTEZANA	INDEPENDIENTE	3:08:15	7:31 min/km	5:27:45	8:47 min/km	6:28:42	8:50 min/km	7:03:25	8:40 min/km	7:15:48	8:42 min/km	+3:48:16
867	97	FRANCISCO TORRES SANCHEZ	INDEPENDIENTE	3:14:49	7:47 min/km	5:22:11	8:38 min/km	6:21:48	8:40 min/km	7:02:02	8:38 min/km	7:16:04	8:43 min/km	+3:48:31
868	1088	ALEJANDRO GALDEANO GONZALEZ		3:13:52	7:45 min/km	5:24:45	8:43 min/km	6:21:46	8:40 min/km	7:02:33	8:39 min/km	7:16:06	8:43 min/km	+3:48:33





Fecha: 30/03/2019

Distancia: 50.000 ms

MARCHA CARRERA

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
869	902	HARRY GARCIA GARCIA	INDEPENDIENTE	3:13:52	7:45 min/km	5:24:47	8:43 min/km	6:21:46	8:40 min/km	7:02:32	8:38 min/km	7:16:06	8:43 min/km	+3:48:34
870	1608	SAMIR ABDESELAM MOHAMED	INDEPENDIENTE	3:12:07	7:41 min/km	5:24:46	8:43 min/km	6:21:47	8:40 min/km	7:02:42	8:39 min/km	7:16:06	8:43 min/km	+3:48:34
871	943	JOAQUIN JIMENEZ FUNES	INDEPENDIENTE	2:54:20	6:58 min/km	5:20:04	8:35 min/km	6:18:59	8:36 min/km	7:01:36	8:37 min/km	7:16:07	8:43 min/km	+3:48:34
872	699	MARIA ELENA FERNANDEZ DIAZ	RESERVISTAS VOLUNTARIOS DE MELILLA	3:19:44	7:59 min/km	5:21:26	8:37 min/km	6:23:05	8:42 min/km	7:03:15	8:39 min/km	7:16:56	8:44 min/km	+3:49:23
873	497	ANA MARIA SEMPERE ROBLES	INDEPENDIENTE	3:19:41	7:59 min/km	5:21:00	8:37 min/km	6:23:05	8:42 min/km	7:03:16	8:39 min/km	7:16:56	8:44 min/km	+3:49:24
874	1489	AMPARO FRAGOSO FERNANDEZ	INDEPENDIENTE	3:21:29	8:03 min/km	5:30:28	8:52 min/km	6:25:48	8:46 min/km	7:03:30	8:40 min/km	7:17:10	8:44 min/km	+3:49:38
875	1490	YEMEL AHMED AMAR	INDEPENDIENTE	3:15:24	7:48 min/km	5:27:44	8:47 min/km	6:25:54	8:46 min/km	7:04:48	8:41 min/km	7:17:44	8:45 min/km	+3:50:12
876	1491	SANA ABDESLAM MOHAMED	INDEPENDIENTE	3:15:25	7:49 min/km	5:27:49	8:48 min/km	6:25:55	8:46 min/km	7:04:53	8:41 min/km	7:17:45	8:45 min/km	+3:50:12
877	787	MARIA DEL VALLE RODRIGUEZ VIDAL	INDEPENDIENTE	3:15:24	7:48 min/km	5:27:45	8:47 min/km	6:25:54	8:46 min/km	7:04:50	8:41 min/km	7:17:45	8:45 min/km	+3:50:13
878	322	FRANCI RUIZ DE TORRES	BOTAS ROTAS	3:22:19	8:05 min/km	5:27:42	8:47 min/km	6:25:29	8:45 min/km	7:04:34	8:41 min/km	7:18:22	8:46 min/km	+3:50:49
879	801	MANUEL GARCIA GARNICA	INDEPENDIENTE	3:06:50	7:28 min/km	5:17:45	8:31 min/km	6:16:48	8:33 min/km	7:01:37	8:37 min/km	7:18:28	8:46 min/km	+3:50:56
880	305	ANTONIO GUILLEN PEÑA	INDEPENDIENTE	3:11:26	7:39 min/km	5:25:26	8:44 min/km	6:23:11	8:42 min/km	7:04:02	8:40 min/km	7:18:29	8:46 min/km	+3:50:56
881	1402	CHRISTIAN VILLEGAS FERNANDEZ	GUSANITO	3:06:37	7:27 min/km	5:27:00	8:46 min/km	6:32:01	8:54 min/km	7:09:11	8:47 min/km	7:19:18	8:47 min/km	+3:51:45
882	1439	LUIS MIGUEL MORENO ROMERO	INDEPENDIENTE	3:07:10	7:29 min/km	5:27:00	8:46 min/km	6:32:02	8:54 min/km	7:09:11	8:47 min/km	7:19:18	8:47 min/km	+3:51:46
883	1600	PABLO ENRIQUE MENDOZA KOHN	INDEPENDIENTE	2:48:25	6:44 min/km	5:04:37	8:10 min/km	6:15:04	8:31 min/km	7:03:22	8:40 min/km	7:19:47	8:47 min/km	+3:52:14
884	1449	ROBERTO GONZALEZ DE RIVERA BURC	INDEPENDIENTE	2:58:47	7:09 min/km	5:17:37	8:31 min/km	6:21:37	8:40 min/km	7:05:17	8:42 min/km	7:20:09	8:48 min/km	+3:52:36
885	1340	ANTONIO PAREJO LOPEZ	INDEPENDIENTE	3:16:56	7:52 min/km	5:40:11	9:07 min/km	6:34:54	8:58 min/km	7:08:16	8:46 min/km	7:20:31	8:48 min/km	+3:52:58
886	1396	ALVARO TITOS LOPEZ	INDEPENDIENTE	3:16:14	7:50 min/km	5:40:11	9:07 min/km	6:34:55	8:58 min/km	7:08:17	8:46 min/km	7:20:32	8:48 min/km	+3:52:59
887	254	EDUARDO FRANCISCO GOMEZ MARTIN	INDEPENDIENTE	3:35:30	8:37 min/km	5:33:27	8:57 min/km	6:28:50	8:50 min/km	7:07:02	8:44 min/km	7:20:43	8:48 min/km	+3:53:11
888	1104	PEDRO NAVAS VICO	INDEPENDIENTE	3:09:27	7:34 min/km	5:25:32	8:44 min/km	6:28:44	8:50 min/km	7:07:05	8:44 min/km	7:20:43	8:48 min/km	+3:53:11
889	617	JOSE ENRIQUE ESPIGARES MARTINEZ	NINGUNO	3:34:54	8:35 min/km	5:33:32	8:57 min/km	6:28:52	8:50 min/km	7:07:06	8:44 min/km	7:20:44	8:48 min/km	+3:53:11
890	651	RAUL ALCEDO OLEA	INDEPENDIENTE	3:06:36	7:27 min/km	5:27:00	8:46 min/km	6:32:01	8:54 min/km	7:09:58	8:48 min/km	7:20:53	8:49 min/km	+3:53:20
891	197	JOSE GONZALEZ LUQUE	INDEPENDIENTE	3:24:03	8:09 min/km	5:37:06	9:02 min/km	6:33:27	8:56 min/km	7:09:46	8:47 min/km	7:21:28	8:49 min/km	+3:53:55
892	1388	RAFAEL SANCHEZ MATA	INDEPENDIENTE	3:14:32	7:46 min/km	5:31:47	8:54 min/km	6:30:01	8:51 min/km	7:09:18	8:47 min/km	7:21:42	8:50 min/km	+3:54:09
893	1054	LUIS MARIANO SASTRE CONDE	INDEPENDIENTE	3:14:32	7:46 min/km	5:31:47	8:54 min/km	6:29:50	8:51 min/km	7:09:07	8:47 min/km	7:21:59	8:50 min/km	+3:54:26
894	350	LAURA ASCENSION LOPEZ MUÑOZ	INDEPENDIENTE	3:06:57	7:28 min/km	5:17:55	8:32 min/km	6:23:09	8:42 min/km	7:07:54	8:45 min/km	7:22:03	8:50 min/km	+3:54:30
895	1383	ADRIAN FUENTE FERNANDEZ	REGULARES DE MELILLAME ATREVO	2:59:22	7:10 min/km	5:17:56	8:32 min/km	6:23:10	8:42 min/km	7:07:52	8:45 min/km	7:22:03	8:50 min/km	+3:54:30
896	1234	ALEJANDRO GARCIA VIGUERAS	BEER RUNNERS MELILLA	3:14:25	7:46 min/km	5:30:34	8:52 min/km	6:29:12	8:50 min/km	7:08:10	8:45 min/km	7:22:31	8:51 min/km	+3:54:59





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
897	117	ANTONIO ESTRADA ZAYAS	INDEPENDIENTE	3:14:24	7:46 min/km	5:30:35	8:52 min/km	6:29:11	8:50 min/km	7:08:11	8:45 min/km	7:22:31	8:51 min/km	+3:54:59
898	936	YASMINA OUARDA SALAZAR	INDEPENDIENTE	3:03:11	7:19 min/km	5:27:44	8:47 min/km	6:28:42	8:50 min/km	7:06:49	8:44 min/km	7:22:45	8:51 min/km	+3:55:12
899	1368	SALOMON TRUZMAN COHEN	INDEPENDIENTE	2:52:23	6:53 min/km	5:12:22	8:23 min/km	6:21:20	8:40 min/km	7:06:29	8:43 min/km	7:22:46	8:51 min/km	+3:55:13
900	314	CARLOS BARBERA PALMERO	INDEPENDIENTE	3:16:15	7:51 min/km	5:27:02	8:46 min/km	6:24:51	8:44 min/km	7:06:31	8:43 min/km	7:22:46	8:51 min/km	+3:55:14
901	1175	FRANCISCO JAVIER GARCES GALLARD	ULOG 24	3:22:20	8:05 min/km	5:33:20	8:56 min/km	6:29:48	8:51 min/km	7:08:57	8:46 min/km	7:24:38	8:53 min/km	+3:57:05
902	1315	HEIDY MARCELA MARIN GUTIERREZ	BONCG/CIAT18	3:18:00	7:55 min/km	5:28:25	8:49 min/km	6:25:54	8:46 min/km	7:09:30	8:47 min/km	7:24:46	8:53 min/km	+3:57:13
903	952	FER MS	INDEPENDIENTE	3:17:59	7:55 min/km	5:28:25	8:48 min/km	6:25:54	8:46 min/km	7:09:28	8:47 min/km	7:24:47	8:53 min/km	+3:57:14
904	507	MARIA JESUS OYONARTE MARTINEZ	INDEPENDIENTE	3:13:55	7:45 min/km	5:28:16	8:48 min/km	6:28:49	8:50 min/km	7:09:31	8:47 min/km	7:24:53	8:53 min/km	+3:57:20
905	304	ANTONIO AGUILERA MORENO	MATAGRANDE TRAIL ANTEQUERA	3:09:18	7:34 min/km	5:21:45	8:38 min/km	6:28:55	8:50 min/km	7:11:17	8:49 min/km	7:27:07	8:56 min/km	+3:59:34
906	1467	JUAN CARLOS PARRA FERNANDEZ	INDEPENDIENTE	2:47:58	6:43 min/km	5:13:39	8:25 min/km	6:19:47	8:37 min/km	7:08:26	8:46 min/km	7:27:21	8:56 min/km	+3:59:48
907	1238	ANTONIO MATEO BERNAL	INDEPENDIENTE	2:47:58	6:43 min/km	5:13:40	8:25 min/km	6:19:47	8:37 min/km	7:08:29	8:46 min/km	7:27:28	8:56 min/km	+3:59:55
908	362	EDMUNDO JUSTO GALLEGRO RODRIGUEZ	INDEPENDIENTE	3:38:17	8:43 min/km	5:45:56	9:17 min/km	6:39:01	9:04 min/km	7:16:14	8:55 min/km	7:27:34	8:57 min/km	+4:00:01
909	160	INMACULADA LUCAS GILBERTE	INDEPENDIENTE	3:38:59	8:45 min/km	5:45:57	9:17 min/km	6:39:07	9:04 min/km	7:16:14	8:55 min/km	7:27:34	8:57 min/km	+4:00:01
910	186	ANA CARRERO LOPEZ	INDEPENDIENTE	3:38:23	8:44 min/km	5:45:58	9:17 min/km	6:39:02	9:04 min/km	7:16:15	8:55 min/km	7:27:34	8:57 min/km	+4:00:01
911	267	FRANCISCO VALVERDE GUIL	INDEPENDIENTE	3:40:29	8:49 min/km	5:38:43	9:05 min/km	6:38:01	9:02 min/km	7:11:56	8:50 min/km	7:27:58	8:57 min/km	+4:00:26
912	1076	ALEJANDRO PEREZ RUIZ	REAL CLUB MARITIMO DE MELILLA	2:25:29	5:49 min/km	4:57:35	7:59 min/km	6:12:00	8:27 min/km	7:04:27	8:41 min/km	7:28:15	8:57 min/km	+4:00:42
913	181	NOELIA BURCIO DIAZ	INDEPENDIENTE	3:06:42	7:28 min/km	5:26:59	8:46 min/km	6:31:50	8:54 min/km	7:13:44	8:52 min/km	7:28:55	8:58 min/km	+4:01:22
914	140	ALBERTO GARCIA ESPINOSA	INDEPENDIENTE	3:04:53	7:23 min/km	5:26:57	8:46 min/km	6:31:50	8:54 min/km	7:13:43	8:52 min/km	7:28:55	8:58 min/km	+4:01:23
915	1536	JUAN GARCIA FELICES	INDEPENDIENTE	3:24:18	8:10 min/km	5:46:47	9:18 min/km	6:39:55	9:05 min/km	7:16:02	8:55 min/km	7:29:30	8:59 min/km	+4:01:57
916	663	JAVIER PUJOL GIL	INDEPENDIENTE	3:30:54	8:26 min/km	5:39:18	9:06 min/km	6:35:03	8:58 min/km	7:15:17	8:54 min/km	7:29:45	8:59 min/km	+4:02:13
917	1093	ALVARO IBAÑEZ RAMOS	INDEPENDIENTE	3:28:33	8:20 min/km	5:40:46	9:08 min/km	6:36:40	9:00 min/km	7:15:27	8:54 min/km	7:29:48	8:59 min/km	+4:02:15
918	1604	MARIA JOSE AGUILAR VILLEGAS	INDEPENDIENTE	3:28:27	8:20 min/km	5:40:51	9:09 min/km	6:36:12	9:00 min/km	7:14:38	8:53 min/km	7:29:49	8:59 min/km	+4:02:16
919	1095	JOSE LUIS IBAÑEZ GARCIA	INDEPENDIENTE	3:28:34	8:20 min/km	5:40:46	9:08 min/km	6:36:45	9:01 min/km	7:15:29	8:54 min/km	7:29:50	8:59 min/km	+4:02:17
920	1599	SILVIA MARIA MUÑOZ RUIZ	INDEPENDIENTE	3:28:26	8:20 min/km	5:40:51	9:09 min/km	6:33:59	8:57 min/km	7:14:37	8:53 min/km	7:29:50	8:59 min/km	+4:02:17
921	1471	MANUEL BURGOS SANCHEZ	INDEPENDIENTE	3:43:12	8:55 min/km	5:43:19	9:12 min/km	6:40:54	9:06 min/km	7:16:53	8:56 min/km	7:29:50	8:59 min/km	+4:02:18
922	1094	JOSE BORJA IBAÑEZ RAMOS	INDEPENDIENTE	3:28:34	8:20 min/km	5:40:50	9:08 min/km	6:36:44	9:01 min/km	7:15:28	8:54 min/km	7:29:51	8:59 min/km	+4:02:18
923	1153	CAROLINA ARRARAS MARTINEZ	INDEPENDIENTE	3:25:54	8:14 min/km	5:35:02	8:59 min/km	6:33:32	8:56 min/km	7:15:17	8:54 min/km	7:30:08	9:00 min/km	+4:02:35
924	1253	RUBEN HERMIDA RISPA	CLUB CORREDORES AFRICANUS	3:25:55	8:14 min/km	5:35:01	8:59 min/km	6:33:29	8:56 min/km	7:15:15	8:54 min/km	7:30:35	9:00 min/km	+4:03:03





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
925	138	ALICIA HEREDIA REBOIRA	INDEPENDIENTE	3:23:18	8:07 min/km	5:35:07	8:59 min/km	6:34:56	8:58 min/km	7:16:27	8:56 min/km	7:30:52	9:01 min/km	+4:03:19
926	23	FRANCISCO JOSE DOLERA MARTINEZ	SIMPLEMENTE RUNNERS	3:23:16	8:07 min/km	5:35:06	8:59 min/km	6:34:56	8:58 min/km	7:16:27	8:56 min/km	7:30:52	9:01 min/km	+4:03:20
927	668	JUAN ANDRES BRAVO MARTIN	INDEPENDIENTE	3:14:26	7:46 min/km	5:28:14	8:48 min/km	6:31:38	8:54 min/km	7:15:38	8:55 min/km	7:31:08	9:01 min/km	+4:03:35
928	667	MIGUEL ANGEL YEBRA TEJADA	INDEPENDIENTE	3:14:25	7:46 min/km	5:28:14	8:48 min/km	6:31:39	8:54 min/km	7:15:41	8:55 min/km	7:31:08	9:01 min/km	+4:03:35
929	816	JAVIER PEREZ GOMEZ	INDEPENDIENTE	3:32:03	8:28 min/km	5:39:50	9:07 min/km	6:37:25	9:01 min/km	7:16:19	8:55 min/km	7:31:21	9:01 min/km	+4:03:48
930	642	SUSANA MONTERO BLANCO	INDEPENDIENTE	3:27:20	8:17 min/km	5:37:10	9:03 min/km	6:37:03	9:01 min/km	7:17:07	8:56 min/km	7:31:24	9:01 min/km	+4:03:52
931	1430	INMACULADA TIRADO	CA PRIMEGUIS	3:29:52	8:23 min/km	5:37:10	9:03 min/km	6:37:02	9:01 min/km	7:16:32	8:56 min/km	7:31:25	9:01 min/km	+4:03:53
932	1517	EIKRAN MOHAND AMAR	INDEPENDIENTE	3:26:42	8:16 min/km	5:37:30	9:03 min/km	6:35:25	8:59 min/km	7:17:12	8:56 min/km	7:31:52	9:02 min/km	+4:04:19
933	1575	MIREYA PAREDES	INDEPENDIENTE	3:31:36	8:27 min/km	5:34:00	8:58 min/km	6:34:21	8:57 min/km	7:15:05	8:54 min/km	7:31:58	9:02 min/km	+4:04:25
934	1576	CARMEN RIOS DELGADO	INDEPENDIENTE	3:31:35	8:27 min/km	5:34:00	8:58 min/km	6:34:20	8:57 min/km	7:15:07	8:54 min/km	7:31:58	9:02 min/km	+4:04:26
935	1516	JOSE MANUEL BERMUDEZ DUARTE	INDEPENDIENTE	3:26:41	8:16 min/km	5:37:29	9:03 min/km	6:35:25	8:59 min/km	7:17:09	8:56 min/km	7:31:59	9:02 min/km	+4:04:27
936	734	JUAN FRANCISCO CARDENAS DEL RIO	INDEPENDIENTE	3:24:25	8:10 min/km	5:37:51	9:04 min/km	6:39:08	9:04 min/km	7:17:51	8:57 min/km	7:32:00	9:02 min/km	+4:04:27
937	41	JUAN FRANCISCO GARZON TORRES	INDEPENDIENTE	3:34:42	8:35 min/km	5:39:46	9:07 min/km	6:39:10	9:04 min/km	7:18:34	8:58 min/km	7:32:30	9:03 min/km	+4:04:58
938	1566	RAFA SANCHEZ ZAMORA	INDEPENDIENTE	3:09:49	7:35 min/km	5:35:53	9:01 min/km	6:38:05	9:02 min/km	7:17:54	8:57 min/km	7:33:10	9:03 min/km	+4:05:38
939	1555	MARIA DEL MAR ALONSO VAQUERO	MONVA	3:26:46	8:16 min/km	5:41:47	9:10 min/km	6:38:01	9:02 min/km	7:18:00	8:57 min/km	7:33:12	9:03 min/km	+4:05:40
940	1554	JAVIER MONTESINOS SANTOS	MONVA	3:26:45	8:16 min/km	5:41:46	9:10 min/km	6:38:02	9:02 min/km	7:17:57	8:57 min/km	7:33:13	9:03 min/km	+4:05:40
941	1214	MANUEL IGNACIO GARCIA CAMPO	INDEPENDIENTE	3:17:32	7:54 min/km	5:35:12	8:59 min/km	6:37:55	9:02 min/km	7:18:53	8:59 min/km	7:33:26	9:04 min/km	+4:05:54
942	915	VALERIA ALEJANDRA RISSO DIRAZAR	INDEPENDIENTE	3:19:12	7:58 min/km	5:40:57	9:09 min/km	6:41:20	9:07 min/km	7:20:37	9:01 min/km	7:33:58	9:04 min/km	+4:06:26
943	914	JOAQUIN MAESO VILLAFANA	INDEPENDIENTE	3:33:30	8:32 min/km	5:40:59	9:09 min/km	6:41:22	9:07 min/km	7:20:37	9:01 min/km	7:33:59	9:04 min/km	+4:06:27
944	264	VICENTE SUERO GARCIA	INDEPENDIENTE	3:34:23	8:34 min/km	5:37:43	9:03 min/km	6:40:54	9:06 min/km	7:21:26	9:02 min/km	7:35:24	9:06 min/km	+4:07:51
945	240	ENCARNACION MARQUEZ CALVO	INDEPENDIENTE	3:34:23	8:34 min/km	5:37:43	9:03 min/km	6:40:54	9:06 min/km	7:21:27	9:02 min/km	7:35:24	9:06 min/km	+4:07:51
946	926	JUAN MANUEL CRUCES GALIANO	TRAIL RUNNING MELILLA	3:29:47	8:23 min/km	5:44:08	9:14 min/km	6:43:36	9:10 min/km	7:22:36	9:03 min/km	7:36:23	9:07 min/km	+4:08:51
947	270	DIEGO SOLIS ZARCO	INDEPENDIENTE	3:07:21	7:29 min/km	5:28:37	8:49 min/km	6:33:07	8:56 min/km	7:20:31	9:01 min/km	7:36:32	9:07 min/km	+4:09:00
948	478	ALVARO CORDON NIETO	BEER RUNNERS MELILLA	3:10:51	7:38 min/km	5:35:45	9:00 min/km	6:37:27	9:01 min/km	7:20:32	9:01 min/km	7:36:32	9:07 min/km	+4:09:00
949	301	DANIEL MARMOLEJO JIMENEZ	BEER RUNNERS MELILLA	3:10:52	7:38 min/km	5:35:45	9:00 min/km	6:37:28	9:02 min/km	7:20:31	9:01 min/km	7:36:33	9:07 min/km	+4:09:00
950	115	BERNARDO MUÑOZ ROMAN	CIMA 2000	3:32:10	8:29 min/km	5:39:39	9:07 min/km	6:41:28	9:07 min/km	7:24:11	9:05 min/km	7:36:45	9:08 min/km	+4:09:12
951	516	MANOLO CASTRO VALLE	CIMA 2000	3:32:14	8:29 min/km	5:39:40	9:07 min/km	6:41:28	9:07 min/km	7:24:17	9:05 min/km	7:36:46	9:08 min/km	+4:09:14
952	414	JOSE CAMPOS ARREBOLA	CIMA 2000	3:32:38	8:30 min/km	5:39:42	9:07 min/km	6:41:47	9:07 min/km	7:24:16	9:05 min/km	7:36:47	9:08 min/km	+4:09:15





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
953	1232	RUBEN SANCHIDRIAN BRICIO	REGULARES DE MELILLAME ATREVO	2:58:30	7:08 min/km	5:26:30	8:45 min/km	6:33:28	8:56 min/km	7:18:26	8:58 min/km	7:36:50	9:08 min/km	+4:09:17
954	1217	FERNANDO ALBERTO FERNANDEZ FER	REGULARES DE MELILLAME ATREVO	2:38:55	6:21 min/km	5:05:00	8:11 min/km	6:29:17	8:50 min/km	7:18:28	8:58 min/km	7:36:55	9:08 min/km	+4:09:22
955	1614	ABDELKARIM BENYAHYA OUYAHYA	INDEPENDIENTE	3:19:37	7:59 min/km	5:41:31	9:10 min/km	6:41:25	9:07 min/km	7:23:50	9:05 min/km	7:36:55	9:08 min/km	+4:09:23
956	1615	ANA MORALES MUÑOZ	INDEPENDIENTE	3:19:37	7:59 min/km	5:41:31	9:10 min/km	6:41:25	9:07 min/km	7:23:50	9:05 min/km	7:36:55	9:08 min/km	+4:09:23
957	114	NISRIN ZAROUALI MARTIN	ARTE Y DEPORTE	3:33:30	8:32 min/km	5:43:20	9:13 min/km	6:45:15	9:12 min/km	7:21:45	9:02 min/km	7:37:15	9:08 min/km	+4:09:42
958	1295	FRANCISCO JAVIER SANCHEZ RODRIG	INDEPENDIENTE			5:39:16	9:06 min/km	6:38:21	9:03 min/km	7:20:49	9:01 min/km	7:37:30	9:09 min/km	+4:09:57
959	1300	AGUSTIN DE SOUSA GARCIA	CLUB DE MONTANA ANYERA			5:39:16	9:06 min/km	6:38:20	9:03 min/km	7:20:51	9:01 min/km	7:37:30	9:09 min/km	+4:09:58
960	1326	MIGUEL MARTINEZ ESPARZA	CLUB DE MONTANA ANYERA			5:39:14	9:06 min/km	6:38:20	9:03 min/km	7:20:49	9:01 min/km	7:37:31	9:09 min/km	+4:09:58
961	1199	JOSE MANUEL RIOS TORO	CLUB DE MONTAÑA ANYERA			5:39:18	9:06 min/km	6:38:19	9:03 min/km	7:20:53	9:01 min/km	7:37:31	9:09 min/km	+4:09:58
962	1299	PEDRO LUIS REDONDO PRIEGO	CLUB DE MONTANA ANYERA			5:39:26	9:06 min/km	6:38:41	9:03 min/km	7:20:45	9:01 min/km	7:37:31	9:09 min/km	+4:09:59
963	1391	PEDRO DOMINGUEZ ALLEGUE	CLUB DE MONTAÑA ANYERA CEUTA	3:48:49	9:09 min/km	5:39:10	9:06 min/km	6:38:19	9:03 min/km	7:20:48	9:01 min/km	7:37:31	9:09 min/km	+4:09:59
964	1297	LUIS RODRIGUEZ BARBANCHO	CLUB DE MONTANA ANYERA			5:39:18	9:06 min/km	6:38:21	9:03 min/km	7:20:51	9:01 min/km	7:37:32	9:09 min/km	+4:10:00
965	75	MARIAN SANTIAGO MAQUEDA	ASOCIACION VICTIMAS DEL TERRORISM	3:30:06	8:24 min/km	5:41:08	9:09 min/km	6:40:33	9:06 min/km	7:21:58	9:02 min/km	7:37:58	9:09 min/km	+4:10:25
966	150	JESUS LOPEZ CUARTERO	INDEPENDIENTE	3:30:00	8:24 min/km	5:41:08	9:09 min/km	6:40:29	9:06 min/km	7:21:59	9:02 min/km	7:37:59	9:09 min/km	+4:10:27
967	89	SUSANA LAGUARDA SEBONI	INDEPENDIENTE	3:30:14	8:24 min/km	5:41:10	9:09 min/km	6:40:33	9:06 min/km	7:22:00	9:02 min/km	7:38:00	9:09 min/km	+4:10:28
968	58	CANDIDO MARTINEZ IGLESIAS	INDEPENDIENTE	3:30:00	8:24 min/km	5:41:07	9:09 min/km	6:40:30	9:06 min/km	7:21:56	9:02 min/km	7:38:01	9:09 min/km	+4:10:28
969	1380	MARIA VICTORIA BELMONTE HERNAND	INDEPENDIENTE	3:26:14	8:14 min/km	5:46:32	9:18 min/km	6:46:34	9:14 min/km	7:24:55	9:06 min/km	7:38:24	9:10 min/km	+4:10:52
970	776	DAVID ESTELLER SEVILLA	INDEPENDIENTE	3:14:40	7:47 min/km	5:36:26	9:01 min/km	6:38:43	9:03 min/km	7:23:36	9:04 min/km	7:38:25	9:10 min/km	+4:10:52
971	1411	DAVID ALVAREZ MENENDEZ	INDEPENDIENTE			5:36:28	9:01 min/km	6:38:42	9:03 min/km	7:23:35	9:04 min/km	7:38:26	9:10 min/km	+4:10:53
972	984	FRANCISCA FUENTES GOMEZ	INDEPENDIENTE	3:32:06	8:29 min/km	5:44:50	9:15 min/km	6:44:17	9:11 min/km	7:24:25	9:05 min/km	7:38:48	9:10 min/km	+4:11:15
973	887	RAFAEL VERA GIL	INDEPENDIENTE	3:21:56	8:04 min/km	5:41:39	9:10 min/km	6:38:36	9:03 min/km	7:24:44	9:06 min/km	7:39:06	9:10 min/km	+4:11:34
974	888	CARMEN MARIA MORENO CORDOBA	INDEPENDIENTE	3:21:55	8:04 min/km	5:41:40	9:10 min/km	6:38:32	9:03 min/km	7:24:46	9:06 min/km	7:39:07	9:10 min/km	+4:11:35
975	608	MANUEL SANCHEZ RODRIGUEZ	CLUB DE MONTANA ANYERA	3:28:53	8:21 min/km	5:48:42	9:21 min/km	6:47:08	9:15 min/km	7:27:19	9:09 min/km	7:39:28	9:11 min/km	+4:11:55
976	867	ANGEL PRIETO BLANCO	INDEPENDIENTE	3:16:14	7:50 min/km	5:40:14	9:08 min/km	6:42:58	9:09 min/km	7:24:06	9:05 min/km	7:39:30	9:11 min/km	+4:11:57
977	868	FRANCISCO DE LA LLAVE NAVA	INDEPENDIENTE	3:16:55	7:52 min/km	5:40:11	9:07 min/km	6:42:58	9:09 min/km	7:24:03	9:05 min/km	7:39:31	9:11 min/km	+4:11:58
978	885	ENRIQUE ARJONILLA GAJETE	INDEPENDIENTE	3:16:56	7:52 min/km	5:40:14	9:08 min/km	6:42:59	9:09 min/km	7:24:06	9:05 min/km	7:39:31	9:11 min/km	+4:11:58
979	1386	ESTEFANY CHOZAS	INDEPENDIENTE	3:37:50	8:42 min/km	5:48:01	9:20 min/km	6:50:11	9:19 min/km	7:27:45	9:09 min/km	7:39:57	9:11 min/km	+4:12:25
980	1342	JUAN CARLOS MARIN MORENO	INDEPENDIENTE	3:37:51	8:42 min/km	5:48:05	9:20 min/km	6:50:09	9:19 min/km	7:27:44	9:09 min/km	7:39:57	9:11 min/km	+4:12:25





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MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
981	1273	ALEJANDRO GOMEZ LA ORDEN	INDEPENDIENTE	3:37:51	8:42 min/km	5:48:05	9:20 min/km	6:50:10	9:19 min/km	7:27:45	9:09 min/km	7:39:58	9:11 min/km	+4:12:25
982	655	ANA MARIA ROSADO CASTILLO	CLUB ALIQUINDOI MÁLAGA	3:24:03	8:09 min/km	5:38:09	9:04 min/km	6:41:17	9:07 min/km	7:23:23	9:04 min/km	7:40:44	9:12 min/km	+4:13:11
983	650	CRISTOBAL MARQUEZ LUQUE	CD TRIATLON ATLETISMO TORREMOLIN'	3:24:04	8:09 min/km	5:38:59	9:06 min/km	6:41:17	9:07 min/km	7:23:23	9:04 min/km	7:40:53	9:13 min/km	+4:13:20
984	288	CRISTINA ALVAREZ GENERELO	C.D. GIRLS ON FIRE	3:31:13	8:26 min/km	5:42:47	9:12 min/km	6:41:45	9:07 min/km	7:24:42	9:06 min/km	7:41:36	9:13 min/km	+4:14:04
985	239	MARIA QUIÑONES ALBERDI	C.D. GIRLS ON FIRE	3:31:15	8:27 min/km	5:42:47	9:12 min/km	6:40:27	9:06 min/km	7:24:42	9:06 min/km	7:41:37	9:13 min/km	+4:14:05
986	855	JOAQUIN ARANA TORRES	INDEPENDIENTE	3:11:05	7:38 min/km	5:35:43	9:00 min/km	6:42:26	9:08 min/km	7:26:05	9:07 min/km	7:42:05	9:14 min/km	+4:14:32
987	1078	SONIA MARIA VEGA BORREGO	INDEPENDIENTE	3:11:05	7:38 min/km	5:35:46	9:00 min/km	6:42:25	9:08 min/km	7:26:11	9:08 min/km	7:42:05	9:14 min/km	+4:14:33
988	557	EVA MARIA SANTANA JIMENEZ	HTRAINER	3:26:13	8:14 min/km	5:46:31	9:18 min/km	6:46:33	9:14 min/km	7:27:40	9:09 min/km	7:42:11	9:14 min/km	+4:14:39
989	879	FRANCISCO MANUEL PINO MERLO	INDEPENDIENTE	3:34:54	8:35 min/km	5:47:33	9:19 min/km	6:50:45	9:20 min/km	7:29:43	9:12 min/km	7:42:21	9:14 min/km	+4:14:49
990	419	MARIA TERESA BLAZQUEZ ROS	INDEPENDIENTE	3:36:30	8:39 min/km	5:45:44	9:16 min/km	6:44:33	9:11 min/km	7:28:14	9:10 min/km	7:42:50	9:15 min/km	+4:15:18
991	893	IVAN GARCIA ARRANZ	INDEPENDIENTE			5:26:14	8:45 min/km	6:33:28	8:56 min/km			7:43:21	9:16 min/km	+4:15:48
992	1398	SALVADOR ABELLAN PICO	INDEPENDIENTE	3:25:29	8:13 min/km	5:37:32	9:03 min/km	6:42:56	9:09 min/km	7:28:30	9:10 min/km	7:43:42	9:16 min/km	+4:16:10
993	153	PEDRO MATIAS DELGADO DELGADO	CLUB DE MONTAÑA LA VERA	3:26:23	8:15 min/km	5:38:58	9:06 min/km	6:43:58	9:10 min/km	7:29:15	9:11 min/km	7:43:45	9:16 min/km	+4:16:13
994	660	FRANCISCO CONDE MONTES	INDEPENDIENTE	3:44:09	8:57 min/km	5:54:27	9:30 min/km	6:51:27	9:21 min/km	7:30:46	9:13 min/km	7:44:33	9:17 min/km	+4:17:01
995	827	JOSE MARIA GARCIA DE TORRES	BMR	3:22:59	8:07 min/km	5:43:55	9:13 min/km	6:47:39	9:15 min/km	7:30:56	9:13 min/km	7:45:03	9:18 min/km	+4:17:30
996	574	ANGEL GARCIA DE TORRES	INDEPENDIENTE	3:22:57	8:07 min/km	5:43:54	9:13 min/km	6:47:39	9:15 min/km	7:30:55	9:13 min/km	7:45:03	9:18 min/km	+4:17:30
997	227	JUAN FELIX MESA LOPEZ	INDEPENDIENTE	3:18:33	7:56 min/km	5:36:32	9:02 min/km	6:42:49	9:09 min/km	7:29:02	9:11 min/km	7:45:26	9:18 min/km	+4:17:54
998	725	JAVIER ESCRIBANO BARTLETT	INDEPENDIENTE	3:28:18	8:19 min/km	5:42:07	9:11 min/km	6:43:03	9:09 min/km	7:29:02	9:11 min/km	7:45:28	9:18 min/km	+4:17:56
999	1097	MIGUEL ANGEL RUBIO VAQUERO	INDEPENDIENTE	3:28:46	8:21 min/km	5:44:01	9:14 min/km	6:47:35	9:15 min/km	7:30:21	9:13 min/km	7:45:30	9:18 min/km	+4:17:58
1000	67	JOSE MIGUEL LUQUE MEDINA	INDEPENDIENTE	3:33:23	8:32 min/km	5:38:58	9:06 min/km	6:44:04	9:11 min/km	7:29:16	9:11 min/km	7:45:56	9:19 min/km	+4:18:24
1001	841	VICTOR GARCIA CARABANTES	INDEPENDIENTE	3:08:51	7:33 min/km	5:38:37	9:05 min/km	6:40:35	9:06 min/km	7:28:12	9:10 min/km	7:46:14	9:19 min/km	+4:18:42
1002	124	NICOLAS ABAD	INDEPENDIENTE	3:40:47	8:49 min/km	5:49:03	9:22 min/km	6:53:14	9:23 min/km	7:34:01	9:17 min/km	7:46:28	9:19 min/km	+4:18:56
1003	191	FRANCISCO MANUEL TRUJILLO TRUJIL	INDEPENDIENTE	3:40:29	8:49 min/km	5:49:03	9:22 min/km	6:53:12	9:23 min/km	7:33:59	9:17 min/km	7:46:29	9:19 min/km	+4:18:56
1004	1286	INES RUIZ ROSAS	INDEPENDIENTE	3:22:27	8:05 min/km	5:40:37	9:08 min/km	6:41:15	9:07 min/km	7:28:57	9:11 min/km	7:47:01	9:20 min/km	+4:19:28
1005	611	NIGORA MIRKAMILOVA	INDEPENDIENTE	3:22:30	8:06 min/km	5:40:39	9:08 min/km	6:41:16	9:07 min/km	7:28:55	9:11 min/km	7:47:01	9:20 min/km	+4:19:28
1006	1514	BENITO BAUTISTA BUENO	INDEPENDIENTE	3:22:30	8:06 min/km	5:40:37	9:08 min/km	6:41:15	9:07 min/km	7:28:58	9:11 min/km	7:47:01	9:20 min/km	+4:19:29
1007	986	ICHAM MUSTAFA MOHAMED	INDEPENDIENTE	3:31:30	8:27 min/km	5:46:40	9:18 min/km	6:51:06	9:20 min/km	7:33:13	9:16 min/km	7:47:39	9:21 min/km	+4:20:06
1008	967	JUAN JESUS GARCIA FERNANDEZ	GRUPO REGULARES DE MELILLA 3 CIA	3:31:31	8:27 min/km	5:46:44	9:18 min/km	6:51:04	9:20 min/km	7:33:27	9:16 min/km	7:47:39	9:21 min/km	+4:20:06





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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
1009	44	NURIA SANCHEZ EXPOSITO	CERRO DEL CABALLO	3:34:12	8:34 min/km	5:48:44	9:21 min/km	6:51:36	9:21 min/km	7:33:27	9:16 min/km	7:47:40	9:21 min/km	+4:20:08
1010	860	MANUEL MORENO SALMERON	GRUPO DE REGULARES DE MELILLA 3CI	3:31:31	8:27 min/km	5:46:41	9:18 min/km	6:51:06	9:20 min/km	7:33:16	9:16 min/km	7:47:41	9:21 min/km	+4:20:08
1011	132	FRANCISCO MARIANO PRIETO CALERC	INDEPENDIENTE	3:34:12	8:34 min/km	5:48:45	9:21 min/km	6:51:37	9:21 min/km	7:33:31	9:17 min/km	7:47:41	9:21 min/km	+4:20:09
1012	982	ANTONIO JIMENEZ	INDEPENDIENTE	3:32:23	8:29 min/km	5:44:50	9:15 min/km	6:47:20	9:15 min/km	7:31:59	9:15 min/km	7:47:55	9:21 min/km	+4:20:22
1013	809	ROBERTO LUIS CARRASCO	INDEPENDIENTE	3:36:32	8:39 min/km	5:48:37	9:21 min/km	6:48:35	9:17 min/km	7:31:31	9:14 min/km	7:48:07	9:21 min/km	+4:20:35
1014	1443	ANTONIO DIAZ RUIZ	INDEPENDIENTE	3:36:32	8:39 min/km	5:48:25	9:21 min/km	6:48:39	9:17 min/km	7:31:42	9:14 min/km	7:48:07	9:21 min/km	+4:20:35
1015	1166	JOSE DAVID ROMERO SANCHEZ	INDEPENDIENTE	3:36:31	8:39 min/km	5:48:24	9:21 min/km	6:48:36	9:17 min/km	7:31:32	9:14 min/km	7:48:09	9:21 min/km	+4:20:36
1016	1518	CESAR DE LOS RIOS RODRIGUEZ	INDEPENDIENTE	3:33:38	8:32 min/km	5:48:39	9:21 min/km	6:48:40	9:17 min/km	7:31:32	9:14 min/km	7:48:09	9:21 min/km	+4:20:37
1017	27	GARY RAYMOND BOKOBZA	MIRCA SPORT	3:56:48	9:28 min/km	6:05:47	9:49 min/km	7:01:54	9:35 min/km	7:35:04	9:18 min/km	7:48:21	9:22 min/km	+4:20:49
1018	834	MARIA AGUADO RUIZ	INDEPENDIENTE	3:27:39	8:18 min/km	5:47:29	9:19 min/km	6:49:31	9:18 min/km	7:29:08	9:11 min/km	7:48:22	9:22 min/km	+4:20:49
1019	833	FELICISIMO AGUADO ARROYO	INDEPENDIENTE	3:33:10	8:31 min/km	5:47:29	9:19 min/km	6:49:30	9:18 min/km	7:32:38	9:15 min/km	7:48:23	9:22 min/km	+4:20:50
1020	287	MARIA TERESA FERRER RIOS	TREPAMUNDO	3:33:10	8:31 min/km	5:47:31	9:19 min/km	6:49:33	9:18 min/km	7:32:39	9:15 min/km	7:48:23	9:22 min/km	+4:20:50
1021	265	FERNANDO PUERTO BERNAL	TREPAMUNDO	3:27:39	8:18 min/km	5:47:28	9:19 min/km	6:49:30	9:18 min/km	7:29:10	9:11 min/km	7:48:23	9:22 min/km	+4:20:51
1022	696	ANISA HAMED MUSTAFA	OLYMPIC CENTER	3:26:11	8:14 min/km	5:45:05	9:15 min/km	6:49:19	9:18 min/km	7:33:18	9:16 min/km	7:48:54	9:22 min/km	+4:21:21
1023	1274	PACO PEREZ CARVAJAL	INDEPENDIENTE	3:25:05	8:12 min/km	5:45:24	9:16 min/km	6:49:18	9:18 min/km	7:33:25	9:16 min/km	7:49:51	9:23 min/km	+4:22:19
1024	1282	ANGELA BARON ARANDA	INDEPENDIENTE	3:37:38	8:42 min/km	6:00:37	9:40 min/km	6:58:55	9:31 min/km	7:36:29	9:20 min/km	7:50:09	9:24 min/km	+4:22:36
1025	1281	MIGUEL ANGEL BARON MATARIN	INDEPENDIENTE	3:37:39	8:42 min/km	6:00:40	9:40 min/km	6:58:55	9:31 min/km	7:36:24	9:20 min/km	7:50:10	9:24 min/km	+4:22:37
1026	691	CARMEN GIL TEJIDO	INDEPENDIENTE	3:36:22	8:39 min/km	5:54:02	9:30 min/km	6:56:16	9:27 min/km	7:38:34	9:23 min/km	7:50:22	9:24 min/km	+4:22:49
1027	692	ANTONIO FERRER GUTIERREZ	INDEPENDIENTE	3:36:22	8:39 min/km	5:54:02	9:30 min/km	6:56:17	9:27 min/km	7:38:34	9:23 min/km	7:50:22	9:24 min/km	+4:22:49
1028	471	CARLOS SANCHEZ MUÑOZ	INDEPENDIENTE	3:28:29	8:20 min/km	5:42:04	9:10 min/km	6:52:10	9:22 min/km	7:35:15	9:19 min/km	7:50:38	9:24 min/km	+4:23:06
1029	1287	LEO GARCIA CANELA	INDEPENDIENTE	3:32:01	8:28 min/km	5:58:44	9:37 min/km	6:57:05	9:28 min/km	7:37:18	9:21 min/km	7:50:57	9:25 min/km	+4:23:25
1030	1154	NOELIA GOMEZ ESTEVANEZ	INDEPENDIENTE	3:32:01	8:28 min/km	5:58:42	9:37 min/km	6:57:05	9:28 min/km	7:37:21	9:21 min/km	7:50:58	9:25 min/km	+4:23:26
1031	528	FRANCISCO JAVIER BATUN HERRERIA	INDEPENDIENTE	3:47:09	9:05 min/km	5:54:28	9:30 min/km	6:56:48	9:28 min/km	7:37:27	9:21 min/km	7:51:46	9:26 min/km	+4:24:13
1032	730	ANDREA BEATRIZ ESPINA GONZALEZ	CD SOSCARDIOSPORT	3:40:16	8:48 min/km	5:54:32	9:31 min/km	6:51:49	9:21 min/km	7:34:43	9:18 min/km	7:51:51	9:26 min/km	+4:24:18
1033	69	CARLOS ZEA HEREDIA	INDEPENDIENTE	3:40:15	8:48 min/km	5:54:33	9:31 min/km	6:51:48	9:21 min/km	7:34:45	9:18 min/km	7:51:51	9:26 min/km	+4:24:19
1034	26	NOELIA ESPINOSA JIMENEZ	INDEPENDIENTE	3:31:36	8:27 min/km	5:53:55	9:30 min/km	6:55:48	9:27 min/km	7:36:46	9:21 min/km	7:52:01	9:26 min/km	+4:24:29
1035	1083	ANA MARIA GARCIA MORILLO	INDEPENDIENTE	3:21:29	8:03 min/km	5:48:04	9:20 min/km	6:52:44	9:22 min/km	7:35:43	9:19 min/km	7:52:10	9:26 min/km	+4:24:37
1036	1132	MONICA BENITEZ CELDRAN	INDEPENDIENTE	3:25:04	8:12 min/km	5:48:04	9:20 min/km	6:52:45	9:22 min/km	7:35:42	9:19 min/km	7:52:11	9:26 min/km	+4:24:38





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
1037	1339	MARIA BELEN CARDONA GALVEZ	INDEPENDIENTE	3:52:15	9:17 min/km	6:09:16	9:54 min/km	6:58:15	9:30 min/km	7:37:51	9:22 min/km	7:52:46	9:27 min/km	+4:25:14
1038	532	MARIA DEL MAR BLANCO GARCIA	INDEPENDIENTE	3:31:13	8:26 min/km	5:46:47	9:18 min/km	6:53:38	9:24 min/km	7:37:59	9:22 min/km	7:53:01	9:27 min/km	+4:25:29
1039	1051	EUGENIA MUT DE LUCCHI	INDEPENDIENTE	3:23:30	8:08 min/km	5:50:58	9:25 min/km	6:53:16	9:23 min/km	7:37:00	9:21 min/km	7:53:20	9:28 min/km	+4:25:47
1040	1052	JULIA CONTRERAS JURADO	INDEPENDIENTE	3:23:28	8:08 min/km	5:50:58	9:25 min/km	6:53:14	9:23 min/km	7:37:00	9:21 min/km	7:53:20	9:28 min/km	+4:25:48
1041	511	JUAN JOSE LOPEZ TRIANA	INDEPENDIENTE	3:24:14	8:10 min/km	5:50:59	9:25 min/km	6:54:39	9:25 min/km	7:38:04	9:22 min/km	7:54:28	9:29 min/km	+4:26:55
1042	1323	SILVIA GABRIELE	INDEPENDIENTE	3:14:58	7:47 min/km	5:38:31	9:05 min/km	6:52:23	9:22 min/km	7:36:23	9:20 min/km	7:54:50	9:29 min/km	+4:27:18
1043	1322	DIEGO FERNANDEZ-MALDONADO DELF	INDEPENDIENTE	3:14:58	7:47 min/km	5:38:27	9:05 min/km	6:52:23	9:22 min/km	7:36:23	9:20 min/km	7:54:50	9:29 min/km	+4:27:18
1044	312	RAFAEL PEREZ VILLALBA	INDEPENDIENTE	3:45:14	9:00 min/km	5:57:27	9:35 min/km	7:00:12	9:33 min/km	7:40:27	9:25 min/km	7:55:07	9:30 min/km	+4:27:35
1045	310	PATRICIA LOPEZ CABELLO	INDEPENDIENTE	3:45:14	9:00 min/km	5:57:25	9:35 min/km	7:00:04	9:32 min/km	7:40:24	9:25 min/km	7:55:07	9:30 min/km	+4:27:35
1046	444	JUAN AVILA TRUJILLO	INDEPENDIENTE	3:45:14	9:00 min/km	5:57:30	9:35 min/km	7:00:05	9:32 min/km	7:40:26	9:25 min/km	7:55:08	9:30 min/km	+4:27:35
1047	466	JUAN CARLOS MOREJON VERDU	INDEPENDIENTE	3:18:13	7:55 min/km	5:37:51	9:04 min/km	6:48:48	9:17 min/km	7:39:00	9:23 min/km	7:56:38	9:31 min/km	+4:29:05
1048	1413	MIGUEL CARBAJAL ROMERO	INDEPENDIENTE	3:40:37	8:49 min/km	6:01:00	9:41 min/km	7:03:39	9:37 min/km	7:43:11	9:28 min/km	7:56:59	9:32 min/km	+4:29:26
1049	912	PABLO DIAZ SOTOS	INDEPENDIENTE	3:22:18	8:05 min/km	5:42:53	9:12 min/km	6:46:44	9:14 min/km	7:34:23	9:18 min/km	7:57:52	9:33 min/km	+4:30:19
1050	934	JUAN MANUEL BUJALDON RODRIGUEZ	GRUPO REGULARES DE MELILLA 3ª CIA	3:22:19	8:05 min/km	5:42:52	9:12 min/km	6:46:43	9:14 min/km	7:34:25	9:18 min/km	7:57:53	9:33 min/km	+4:30:21
1051	959	LUIS PEREZ VAZQUEZ	GRUPO DE REGULARES 52 3 CIA	2:54:19	6:58 min/km	5:37:15	9:03 min/km	6:47:22	9:15 min/km	7:30:46	9:13 min/km	7:57:53	9:33 min/km	+4:30:21
1052	1664	FELIPE GENIZ OJEDA		3:19:15	7:58 min/km	5:43:32	9:13 min/km	6:47:22	9:15 min/km	7:30:47	9:13 min/km	7:57:57	9:33 min/km	+4:30:24
1053	933	SAMIR REDONDO MOHAND	GRUPO DE REGULARES DE MELILLA 3 C	3:00:41	7:13 min/km	5:37:15	9:03 min/km	6:47:22	9:15 min/km	7:30:45	9:13 min/km	7:57:59	9:33 min/km	+4:30:26
1054	1473	FRANCISCO JAVIER AGUILERA MOLINA	INDEPENDIENTE	3:25:11	8:12 min/km	5:28:31	8:49 min/km	6:20:20	8:38 min/km	7:25:31	9:07 min/km	7:58:01	9:33 min/km	+4:30:28
1055	628	F CRISTOBAL MORENO DIAZ	INDEPENDIENTE	3:42:30	8:54 min/km	6:01:44	9:42 min/km	7:04:30	9:38 min/km	7:44:58	9:31 min/km	7:58:07	9:33 min/km	+4:30:34
1056	623	ENRIQUE SARRIA LOZANO	INDEPENDIENTE	3:42:30	8:54 min/km	6:01:42	9:42 min/km	7:04:31	9:38 min/km	7:45:00	9:31 min/km	7:58:07	9:33 min/km	+4:30:34
1057	996	ANTONIO ESTRADA PEREZ	INDEPENDIENTE	3:35:35	8:37 min/km	5:56:14	9:33 min/km	6:59:37	9:32 min/km	7:42:34	9:28 min/km	7:58:13	9:33 min/km	+4:30:41
1058	1311	MELITON PARDO FRANCO	BONCG/CIAT18	3:21:37	8:03 min/km	5:51:17	9:25 min/km	6:55:38	9:26 min/km	7:39:39	9:24 min/km	7:58:41	9:34 min/km	+4:31:08
1059	1312	MARIA DEL CARMEN QUINTANA BARRIK	BONCG/CIAT18	3:21:38	8:03 min/km	5:51:19	9:25 min/km	6:55:41	9:26 min/km	7:39:43	9:24 min/km	7:58:44	9:34 min/km	+4:31:11
1060	1309	JUAN JOSE SARRIO LOPEZ	BONCG/CIAT18	3:21:37	8:03 min/km	5:51:17	9:25 min/km	6:55:38	9:26 min/km	7:39:40	9:24 min/km	7:58:44	9:34 min/km	+4:31:12
1061	502	GABRIEL ORTIZ ESPAÑA	LOS ULTIMOS SUSMURAI	3:47:17	9:05 min/km	5:59:23	9:38 min/km	7:03:48	9:37 min/km	7:45:39	9:31 min/km	8:00:10	9:36 min/km	+4:32:38
1062	1371	MARCOS ROBERTO PEREZ GONZALEZ	INDEPENDIENTE	3:35:04	8:36 min/km	5:59:14	9:38 min/km	7:01:26	9:34 min/km	7:45:21	9:31 min/km	8:01:41	9:38 min/km	+4:34:08
1063	636	REMEDIOS MARQUEZ LUQUE	INDEPENDIENTE	3:40:54	8:50 min/km	5:56:46	9:34 min/km	7:01:26	9:34 min/km	7:45:59	9:32 min/km	8:01:46	9:38 min/km	+4:34:13
1064	600	MIGUEL GARCIA SANCHEZ	INDEPENDIENTE	3:22:59	8:07 min/km	5:47:46	9:20 min/km	6:55:28	9:26 min/km	7:44:09	9:30 min/km	8:02:03	9:38 min/km	+4:34:30





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MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	OFICIAL	RITMO	
1065	1462	JOSE MARIA MUÑOZ RUIZ	INDEPENDIENTE	3:44:11	8:58 min/km	5:57:14	9:35 min/km	7:02:58	9:36 min/km	7:48:01	9:34 min/km	8:02:05	9:38 min/km	+4:34:32
1066	88	SANDRA FERNANDEZ PEREZ	INDEPENDIENTE	3:49:04	9:09 min/km	6:12:41	10:00 min/km	7:11:17	9:48 min/km	7:49:42	9:36 min/km	8:03:03	9:39 min/km	+4:35:30
1067	1122	EMILIO JOSE DAVILA ECHEVARRIA	CULEBRA'S TEAM	3:49:03	9:09 min/km	6:12:42	10:00 min/km	7:11:17	9:48 min/km	7:49:41	9:36 min/km	8:03:03	9:39 min/km	+4:35:31
1068	527	FPAULA NAVARRO CORTES	ANSIA VIVA	3:41:05	8:50 min/km	6:02:30	9:43 min/km	7:06:44	9:41 min/km	7:46:39	9:33 min/km	8:03:07	9:39 min/km	+4:35:35
1069	154	YOLANDA SOLERO BAUTISTA	INDEPENDIENTE	3:41:03	8:50 min/km	6:02:28	9:43 min/km	7:06:44	9:41 min/km	7:46:38	9:33 min/km	8:03:08	9:39 min/km	+4:35:35
1070	1553	MARIA ESTHER VENTURA ALVAREZ	INDEPENDIENTE	3:42:29	8:53 min/km	6:06:02	9:49 min/km	7:06:59	9:42 min/km	7:47:41	9:34 min/km	8:03:13	9:39 min/km	+4:35:40
1071	1594	CARMEN ROMERO VENTURA	INDEPENDIENTE	3:42:41	8:54 min/km	6:06:01	9:49 min/km	7:06:59	9:42 min/km	7:47:44	9:34 min/km	8:03:13	9:39 min/km	+4:35:41
1072	1320	MARIA DEL PILAR ROMERO VENTURA	INDEPENDIENTE	3:37:45	8:42 min/km	6:05:59	9:49 min/km	7:06:58	9:42 min/km	7:47:38	9:34 min/km	8:03:14	9:39 min/km	+4:35:41
1073	1463	RAFAEL BALLESTEROS MARFIL	CLUB SENDERISMO MANADA CEUTA	3:53:04	9:19 min/km	6:09:08	9:54 min/km	7:14:33	9:52 min/km	7:51:28	9:39 min/km	8:03:25	9:40 min/km	+4:35:53
1074	657	RAFAEL LUCAS ROMERO PUERTO	INDEPENDIENTE	3:30:18	8:24 min/km	5:49:26	9:22 min/km	6:59:04	9:31 min/km	7:45:50	9:32 min/km	8:03:27	9:40 min/km	+4:35:54
1075	1096	JESUS MONTORO MOLES	INDEPENDIENTE	3:45:55	9:02 min/km	5:56:06	9:33 min/km	7:00:28	9:33 min/km	7:45:47	9:32 min/km	8:03:27	9:40 min/km	+4:35:55
1076	1102	RUBEN PASTOR RODRIGUEZ	INDEPENDIENTE	3:35:41	8:37 min/km	5:48:54	9:21 min/km	6:59:06	9:31 min/km	7:45:50	9:32 min/km	8:03:28	9:40 min/km	+4:35:55
1077	758	MARIA ROSA MORALES	INDEPENDIENTE	3:50:57	9:14 min/km	6:04:25	9:46 min/km	7:06:12	9:41 min/km	7:48:47	9:35 min/km	8:03:53	9:40 min/km	+4:36:20
1078	459	BARBARA ROS CHAZARRA	INDEPENDIENTE	3:45:01	9:00 min/km	5:51:50	9:26 min/km	6:52:32	9:22 min/km	7:48:01	9:34 min/km	8:04:50	9:41 min/km	+4:37:18
1079	775	JOSE MANUEL PINA CASELLES	INDEPENDIENTE	3:45:01	9:00 min/km	5:51:50	9:26 min/km	6:52:33	9:22 min/km	7:47:57	9:34 min/km	8:04:52	9:41 min/km	+4:37:19
1080	701	JOSE MANUEL PINA GARCIA	INDEPENDIENTE	3:46:36	9:03 min/km	6:01:04	9:41 min/km	7:05:11	9:39 min/km	7:48:00	9:34 min/km	8:04:52	9:41 min/km	+4:37:19
1081	135	IGNACIO MIRO OROZCO	INDEPENDIENTE	3:44:03	8:57 min/km	5:57:35	9:35 min/km	7:05:34	9:40 min/km	7:49:17	9:36 min/km	8:05:35	9:42 min/km	+4:38:02
1082	170	VICENTE MIRO OROZCO	INDEPENDIENTE	3:44:06	8:57 min/km	5:57:38	9:36 min/km	7:05:11	9:39 min/km	7:49:19	9:36 min/km	8:05:35	9:42 min/km	+4:38:02
1083	580	ENCARNA RODRIGUEZ RIVERA	BOTAS ROTAS	3:39:02	8:45 min/km	6:05:57	9:49 min/km	7:07:25	9:42 min/km	7:50:43	9:38 min/km	8:05:43	9:42 min/km	+4:38:10
1084	1559	MARI CARMEN PEÑA VAZQUEZ	INDEPENDIENTE	3:46:17	9:03 min/km	6:11:04	9:57 min/km	7:18:12	9:57 min/km			8:07:01	9:44 min/km	+4:39:28
1085	1073	JUAN MIGUEL MILLAN MORENO	INDEPENDIENTE	3:46:18	9:03 min/km	6:11:03	9:57 min/km	7:18:12	9:57 min/km			8:07:01	9:44 min/km	+4:39:28
1086	911	ANGEL MOLINA MOTA	INDEPENDIENTE	3:17:40	7:54 min/km	5:48:48	9:21 min/km	7:03:06	9:36 min/km	7:51:29	9:39 min/km	8:07:30	9:45 min/km	+4:39:57
1087	243	JOSE MANUEL BAUTISTA FERNANDEZ	INDEPENDIENTE	3:22:40	8:06 min/km	5:50:44	9:24 min/km	6:59:04	9:31 min/km	7:48:59	9:36 min/km	8:08:03	9:45 min/km	+4:40:30
1088	404	ALBERTO BAUTISTA FERNANADEZ	CAMINA CORRE O REVIENTA	3:22:39	8:06 min/km	5:50:48	9:25 min/km			7:48:58	9:36 min/km	8:08:09	9:45 min/km	+4:40:36
1089	1472	FRANCISCO AGUILERA GRANADOS	INDEPENDIENTE	3:25:09	8:12 min/km	5:48:13	9:20 min/km	7:00:35	9:33 min/km	7:49:35	9:36 min/km	8:08:28	9:46 min/km	+4:40:55
1090	246	MODESTO MUÑOZ PEREZ	INDEPENDIENTE	3:38:39	8:44 min/km	6:00:34	9:40 min/km	7:08:59	9:44 min/km	7:53:20	9:41 min/km	8:08:35	9:46 min/km	+4:41:02
1091	1539	LAURA MORAGA CABELLOS	CLUB ATLETICO MELILLA	3:16:17	7:51 min/km					7:50:53	9:38 min/km	8:09:01	9:46 min/km	+4:41:28
1092	815	JOSECHU CABANA REGUEIRO	INDEPENDIENTE	3:23:35	8:08 min/km	6:02:16	9:43 min/km	7:07:37	9:43 min/km	7:52:49	9:40 min/km	8:09:49	9:47 min/km	+4:42:16





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MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
1093	51	ROMEO SANCHIS	CET VALLDIGNA	3:47:01	9:04 min/km	6:05:29	9:48 min/km	7:11:16	9:48 min/km	7:55:47	9:44 min/km	8:09:57	9:47 min/km	+4:42:24
1094	306	RAFAEL SERRAN LAZARO	CLUB DE MONTANA ANYERA	3:57:14	9:29 min/km	6:10:15	9:56 min/km	7:12:33	9:49 min/km	7:54:43	9:43 min/km	8:10:01	9:48 min/km	+4:42:29
1095	686	JOSE MARIA BENITEZ ALCARAZ	INDEPENDIENTE	3:57:15	9:29 min/km	6:10:16	9:56 min/km	7:12:33	9:49 min/km	7:54:49	9:43 min/km	8:10:02	9:48 min/km	+4:42:30
1096	326	MARIA DEL PILAR PEREZ VILLEN	INDEPENDIENTE	3:51:56	9:16 min/km	6:08:17	9:53 min/km	7:11:41	9:48 min/km	7:55:06	9:43 min/km	8:10:26	9:48 min/km	+4:42:53
1097	458	ROSA LINARES VALERA	INDEPENDIENTE	3:51:13	9:14 min/km	6:14:52	10:03 min/km	7:17:42	9:56 min/km	7:56:49	9:45 min/km	8:11:12	9:49 min/km	+4:43:40
1098	1081	GEMA MARIA GOMEZ MARTINEZ	INDEPENDIENTE	3:51:13	9:14 min/km	6:14:51	10:03 min/km	7:17:43	9:56 min/km	7:56:47	9:45 min/km	8:11:12	9:49 min/km	+4:43:40
1099	980	ALFONSO SALAZAR COLOMAR	INDEPENDIENTE	3:17:40	7:54 min/km	5:48:49	9:21 min/km	7:07:36	9:43 min/km	8:01:39	9:51 min/km	8:11:36	9:49 min/km	+4:44:04
1100	501	SANDRA MARTINEZ CABEZA	INDEPENDIENTE	3:42:28	8:53 min/km	6:05:53	9:49 min/km	7:13:15	9:50 min/km	7:56:25	9:45 min/km	8:12:58	9:51 min/km	+4:45:25
1101	369	MANUEL FRANCISCO DIAZ ROMERO	INDEPENDIENTE	3:46:53	9:04 min/km	6:05:39	9:48 min/km	7:13:37	9:51 min/km	7:57:22	9:46 min/km	8:13:22	9:52 min/km	+4:45:50
1102	904	ALEJANDRO FLORES PEREZ	INDEPENDIENTE	3:20:43	8:01 min/km	5:47:54	9:20 min/km	7:06:28	9:41 min/km	7:56:26	9:45 min/km	8:13:43	9:52 min/km	+4:46:10
1103	1670	JUAN ANTONIO MARQUEZ VIRUE		3:12:40	7:42 min/km	5:47:54	9:20 min/km	7:06:27	9:41 min/km	7:56:22	9:45 min/km	8:13:43	9:52 min/km	+4:46:11
1104	626	ILDEFONSO MIGUEL MARQUEZ LUQUE	INDEPENDIENTE	3:43:59	8:57 min/km	6:05:04	9:48 min/km	7:10:32	9:47 min/km	7:57:17	9:46 min/km	8:13:51	9:52 min/km	+4:46:18
1105	624	ROCIO LARA RAMIREZ	INDEPENDIENTE	3:43:16	8:55 min/km	6:04:54	9:47 min/km	7:10:21	9:46 min/km	7:57:17	9:46 min/km	8:13:52	9:52 min/km	+4:46:19
1106	209	MARIA JOSE VALERA LOPEZ	INDEPENDIENTE	3:46:55	9:04 min/km	6:11:05	9:57 min/km	7:17:34	9:56 min/km	7:58:50	9:48 min/km	8:14:37	9:53 min/km	+4:47:04
1107	110	JUAN ANTONIO GARCIA VICO	INDEPENDIENTE	3:46:56	9:04 min/km	6:11:06	9:57 min/km	7:17:35	9:56 min/km	7:58:51	9:48 min/km	8:14:37	9:53 min/km	+4:47:04
1108	1261	ELENA ORTELLS RODRIGUEZ	INDEPENDIENTE	4:00:35	9:37 min/km	6:20:05	10:12 min/km	7:20:48	10:01 min/km	8:00:20	9:49 min/km	8:15:01	9:54 min/km	+4:47:28
1109	836	PEDRO MOLINA RUIZ	INDEPENDIENTE	3:31:25	8:27 min/km	6:01:54	9:42 min/km	7:09:25	9:45 min/km	7:57:10	9:46 min/km	8:15:06	9:54 min/km	+4:47:33
1110	185	PATRICIA MESAS CARREÑO	CDC ZAPILLO ATL	3:50:49	9:13 min/km	6:12:54	10:00 min/km	7:20:37	10:00 min/km	8:02:04	9:52 min/km	8:15:26	9:54 min/km	+4:47:53
1111	266	ESTIBALIZ GONZALEZ PALENZUELA	CLUB DE ATLETISMO CEMA	3:53:04	9:19 min/km	6:12:55	10:00 min/km	7:20:38	10:00 min/km	8:02:28	9:52 min/km	8:15:27	9:54 min/km	+4:47:54
1112	553	RUIMAN QUINTANA GARCIA	INDEPENDIENTE	3:46:17	9:03 min/km	6:03:10	9:44 min/km	7:13:03	9:50 min/km	7:58:05	9:47 min/km	8:15:33	9:54 min/km	+4:48:00
1113	637	MARIA TERESA PELAEZ SILVA	INDEPENDIENTE	3:46:17	9:03 min/km	6:03:09	9:44 min/km	7:13:03	9:50 min/km	7:58:09	9:47 min/km	8:15:33	9:54 min/km	+4:48:01
1114	179	OLEGARIO LOZANO CUADRA	INDEPENDIENTE	3:52:15	9:17 min/km	6:11:04	9:57 min/km	7:19:00	9:58 min/km	8:00:56	9:50 min/km	8:15:39	9:54 min/km	+4:48:07
1115	445	KARIMA AISA AHMED	INDEPENDIENTE	3:41:04	8:50 min/km	6:06:23	9:50 min/km	7:15:34	9:53 min/km	8:00:48	9:50 min/km	8:16:29	9:55 min/km	+4:48:57
1116	19	PATRICIA VELASCO REINA	INDEPENDIENTE	3:42:16	8:53 min/km	6:03:23	9:45 min/km	7:12:59	9:50 min/km	8:01:05	9:50 min/km	8:16:34	9:55 min/km	+4:49:01
1117	886	JOSE RUEDA RUEDA	INDEPENDIENTE	3:41:00	8:50 min/km	6:06:24	9:50 min/km	7:13:44	9:51 min/km	8:00:45	9:50 min/km	8:16:37	9:55 min/km	+4:49:05
1118	158	JUAN COELLO MELERO	LOS IGNORITOS	3:57:37	9:30 min/km	6:21:08	10:13 min/km	7:23:52	10:05 min/km	8:04:12	9:54 min/km	8:18:07	9:57 min/km	+4:50:34
1119	1426	REME RUBIO GARCIA	INDEPENDIENTE	3:38:31	8:44 min/km	6:05:06	9:48 min/km	7:13:49	9:51 min/km	8:00:43	9:50 min/km	8:18:07	9:57 min/km	+4:50:35
1120	1190	ROCIO CAMPOS MACHADO	INDEPENDIENTE	3:44:27	8:58 min/km	6:09:14	9:54 min/km	7:17:00	9:55 min/km	8:00:38	9:50 min/km	8:18:36	9:58 min/km	+4:51:03





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
1121	1150	EVA MARIA AGUILERA MARTINEZ	INDEPENDIENTE	3:59:48	9:35 min/km	6:15:10	10:04 min/km	7:20:12	10:00 min/km	8:03:28	9:53 min/km	8:18:48	9:58 min/km	+4:51:15
1122	720	GUSTAVO ADOLFO DELGADO DIESTRO	INDEPENDIENTE	3:24:54	8:11 min/km	6:03:07	9:44 min/km	7:11:00	9:47 min/km	7:57:31	9:46 min/km	8:19:17	9:59 min/km	+4:51:44
1123	1077	JORGE EDUARDO FERNANDEZ LOPEZ	INDEPENDIENTE	4:02:57	9:43 min/km	6:17:57	10:08 min/km	7:21:11	10:01 min/km	8:03:22	9:53 min/km	8:19:18	9:59 min/km	+4:51:45
1124	451	GUSTAVO DELGADO VELASCO	INDEPENDIENTE	3:24:54	8:11 min/km	6:03:07	9:44 min/km	7:11:00	9:47 min/km	7:57:31	9:46 min/km	8:19:19	9:59 min/km	+4:51:46
1125	856	SUSANA MARIA VEGA BORREGO	INDEPENDIENTE	4:02:57	9:43 min/km	6:17:54	10:08 min/km	7:21:11	10:01 min/km	8:03:20	9:53 min/km	8:19:19	9:59 min/km	+4:51:46
1126	1510	MARIA VICTORIA GUERRERO VILLEGAS	INDEPENDIENTE	4:02:58	9:43 min/km	6:18:00	10:08 min/km	7:21:10	10:01 min/km	8:03:22	9:53 min/km	8:19:19	9:59 min/km	+4:51:47
1127	1229	Mª DEL MAR CALLES BURGOS	INDEPENDIENTE	4:03:02	9:43 min/km	6:18:00	10:08 min/km	7:21:13	10:01 min/km	8:03:23	9:53 min/km	8:19:20	9:59 min/km	+4:51:47
1128	372	FRANCISCO SOLER CANSINO	CONFECCIONES SOLER	4:02:50	9:42 min/km	6:14:26	10:03 min/km	7:19:02	9:58 min/km	8:04:12	9:54 min/km	8:19:31	9:59 min/km	+4:51:58
1129	605	NICOLAS MORENO MARTIN	INDEPENDIENTE	3:41:25	8:51 min/km	6:10:30	9:56 min/km	7:18:05	9:57 min/km	8:04:09	9:54 min/km	8:19:32	9:59 min/km	+4:51:59
1130	343	CRISTINA ROVIRA ORTIZ	INDEPENDIENTE	3:55:31	9:25 min/km	6:14:58	10:03 min/km	7:20:06	10:00 min/km	8:03:29	9:53 min/km	8:19:44	9:59 min/km	+4:52:12
1131	1071	DESIRE MARTY ALAMO	INDEPENDIENTE	4:05:12	9:48 min/km	6:21:57	10:15 min/km	7:23:35	10:04 min/km	8:05:22	9:56 min/km	8:20:12	10:00 min/km	+4:52:40
1132	745	ANA OLIVA ROJAS MUÑOZ	Walking Dead	3:56:13	9:26 min/km	6:11:32	9:58 min/km	7:18:55	9:58 min/km	8:04:28	9:55 min/km	8:20:35	10:00 min/km	+4:53:02
1133	746	MARIA DE LA TRINIDAD MILAN VELASCO	Walking Dead	3:56:15	9:27 min/km	6:11:36	9:58 min/km	7:20:14	10:00 min/km	8:04:28	9:55 min/km	8:20:35	10:00 min/km	+4:53:03
1134	742	SILVIA NUÑEZ SOLER	Walking Dead	3:43:29	8:56 min/km	6:11:35	9:58 min/km	7:20:14	10:00 min/km	8:04:31	9:55 min/km	8:20:36	10:00 min/km	+4:53:03
1135	744	OLGA CANOVAS SANTIAGO	Walking Dead	3:42:22	8:53 min/km	6:11:31	9:58 min/km	7:18:54	9:58 min/km	8:04:26	9:55 min/km	8:20:36	10:00 min/km	+4:53:03
1136	1610	JOSE VICENTE TORRES PICO	INDEPENDIENTE	3:02:37	7:18 min/km	5:43:08	9:12 min/km	6:59:54	9:32 min/km	7:56:30	9:45 min/km	8:20:40	10:00 min/km	+4:53:07
1137	1014	JUAN MARTINEZ NIETO	REGULARES DE MELILLAME ATREVO	3:02:37	7:18 min/km	5:43:09	9:12 min/km	6:59:53	9:32 min/km	7:56:27	9:45 min/km	8:20:41	10:00 min/km	+4:53:08
1138	159	CLAUDIO GALAN RODRIGUEZ	INDEPENDIENTE	3:50:15	9:12 min/km	6:19:36	10:11 min/km	7:23:47	10:05 min/km	8:05:48	9:56 min/km	8:20:42	10:00 min/km	+4:53:09
1139	165	ALFONSO LOPERA LOPEZ	INDEPENDIENTE	3:50:02	9:12 min/km	6:19:36	10:11 min/km	7:23:47	10:05 min/km	8:05:50	9:56 min/km	8:20:43	10:00 min/km	+4:53:10
1140	336	JAVIER PACHECO	INDEPENDIENTE	3:30:11	8:24 min/km	6:03:38	9:45 min/km	7:17:18	9:56 min/km	8:04:19	9:54 min/km	8:21:11	10:01 min/km	+4:53:39
1141	338	JOSE ANTONIO CASADEMUNT LUQUE	INDEPENDIENTE	3:30:11	8:24 min/km	6:03:39	9:45 min/km	7:17:30	9:56 min/km	8:04:21	9:54 min/km	8:21:11	10:01 min/km	+4:53:39
1142	354	DAVID PEREZ AGUILERA	INDEPENDIENTE	3:57:54	9:30 min/km	6:17:38	10:08 min/km	7:22:48	10:03 min/km	8:05:54	9:56 min/km	8:21:16	10:01 min/km	+4:53:44
1143	587	ANGEL GARCIA DE LAS HERAS	BOTAS ROTAS	3:45:35	9:01 min/km	6:15:48	10:05 min/km	7:20:39	10:00 min/km	8:05:29	9:56 min/km	8:21:37	10:01 min/km	+4:54:04
1144	1276	MARIA ANTONIA SESMA JIMENO	OS ANDARINES DE ARAGON	3:55:30	9:25 min/km	6:18:47	10:10 min/km	7:23:44	10:05 min/km	8:06:40	9:57 min/km	8:21:51	10:02 min/km	+4:54:18
1145	225	ANA BELEN MONEDERO FORCADA	LOS ULTIMOS SUSMURAI	3:43:50	8:57 min/km	6:14:11	10:02 min/km	7:20:52	10:01 min/km	8:05:28	9:56 min/km	8:22:15	10:02 min/km	+4:54:42
1146	1375	SAMUEL JIMENEZ LLORET	INDEPENDIENTE	3:47:04	9:04 min/km	6:10:17	9:56 min/km	7:17:00	9:55 min/km	8:04:49	9:55 min/km	8:23:20	10:04 min/km	+4:55:47
1147	939	JOSE ANTONIO GARCIA HERRERA	INDEPENDIENTE	3:25:22	8:12 min/km	6:17:24	10:07 min/km	7:23:25	10:04 min/km	8:07:08	9:58 min/km	8:23:55	10:04 min/km	+4:56:23
1148	71	JUAN ANTONIO SERRANO SERRANO	INDEPENDIENTE	3:56:43	9:28 min/km	6:21:39	10:14 min/km	7:25:59	10:08 min/km	8:10:07	10:01 min/km	8:25:33	10:06 min/km	+4:58:00





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.	
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO		
1149	1174	JORGE ANIBAL HONRADO OLIVER	CLUB ALMERIENSE DE MONTAÑISMO	3:58:37	9:32 min/km	6:26:35	10:22 min/km				8:05:44	9:56 min/km	8:26:12	10:07 min/km	+4:58:40
1150	1535	ENRIQUE ASENSIO TREJO	INDEPENDIENTE	3:58:42	9:32 min/km	6:26:36	10:22 min/km				8:05:45	9:56 min/km	8:26:13	10:07 min/km	+4:58:40
1151	351	LORENZO BUENO ORTEGA	INDEPENDIENTE	3:51:43	9:16 min/km	6:13:23	10:01 min/km	7:23:00	10:04 min/km	8:08:47	10:00 min/km	8:26:17	10:07 min/km	+4:58:45	
1152	359	DOLORES OLEA FERNANDEZ	INDEPENDIENTE	3:51:44	9:16 min/km	6:13:23	10:01 min/km	7:22:59	10:04 min/km	8:08:47	10:00 min/km	8:26:18	10:07 min/km	+4:58:45	
1153	34	JOSE VILLADA MARTINEZ	CLUB ATLETISMO MANDARACHE	4:01:18	9:39 min/km	6:24:06	10:18 min/km	7:27:46	10:10 min/km	8:10:54	10:02 min/km	8:26:21	10:07 min/km	+4:58:49	
1154	174	JOSE MARIA ESCOBAR GARCIA	INDEPENDIENTE	4:01:19	9:39 min/km	6:24:03	10:18 min/km	7:27:45	10:10 min/km	8:10:52	10:02 min/km	8:26:25	10:07 min/km	+4:58:52	
1155	129	JULIAN MARTINEZ CASTILLO	INDEPENDIENTE	3:37:13	8:41 min/km	6:06:34	9:50 min/km	7:19:29	9:59 min/km	8:08:05	9:59 min/km	8:28:07	10:09 min/km	+5:00:34	
1156	211	GREGORIO DIMAS GONZALEZ FERNAN	ULTRAFONDO GUADIX	3:41:35	8:51 min/km	6:06:39	9:50 min/km	7:19:31	9:59 min/km	8:08:08	9:59 min/km	8:28:08	10:09 min/km	+5:00:35	
1157	346	IGNACIO BOSQUET CORDOBA	INDEPENDIENTE	3:40:13	8:48 min/km	6:06:37	9:50 min/km	7:19:32	9:59 min/km	8:08:09	9:59 min/km	8:28:08	10:09 min/km	+5:00:36	
1158	293	ABEL FERNANDEZ GIL	INDEPENDIENTE	3:40:13	8:48 min/km	6:06:36	9:50 min/km	7:19:33	9:59 min/km	8:08:10	9:59 min/km	8:28:10	10:09 min/km	+5:00:37	
1159	684	JUAN GONZALEZ ATENCIA	INDEPENDIENTE	3:45:26	9:01 min/km	6:20:30	10:12 min/km	7:27:06	10:09 min/km	8:12:16	10:04 min/km	8:28:42	10:10 min/km	+5:01:10	
1160	1072	JOSE ANTONIO MARTINEZ LUQUE	INDEPENDIENTE	4:03:52	9:45 min/km	6:30:18	10:28 min/km	7:34:39	10:19 min/km	8:15:16	10:08 min/km	8:29:05	10:10 min/km	+5:01:32	
1161	255	MARIA CONSOLACION AVECILLA GOME	INDEPENDIENTE	4:03:01	9:43 min/km	6:28:18	10:25 min/km	7:32:42	10:17 min/km	8:15:06	10:08 min/km	8:30:04	10:12 min/km	+5:02:32	
1162	109	SILVIA MOLINA ORTIZ	INDEPENDIENTE	3:56:39	9:27 min/km	6:20:49	10:13 min/km	7:29:16	10:12 min/km	8:14:08	10:06 min/km	8:31:46	10:14 min/km	+5:04:14	
1163	107	JOSE LUIS BELTRAN CORREDERA	INDEPENDIENTE	3:56:39	9:27 min/km	6:20:49	10:13 min/km	7:29:15	10:12 min/km	8:14:06	10:06 min/km	8:31:47	10:14 min/km	+5:04:14	
1164	835	JOSE MANUEL ALFEREZ FERNANDEZ	INDEPENDIENTE	3:45:21	9:00 min/km	6:22:25	10:15 min/km	7:30:27	10:14 min/km	8:16:02	10:09 min/km	8:32:09	10:14 min/km	+5:04:36	
1165	971	JOSE LUIS REDONDO ALCAZAR	INDEPENDIENTE	4:04:36	9:47 min/km	6:26:41	10:22 min/km	7:32:27	10:16 min/km	8:16:38	10:09 min/km	8:33:05	10:15 min/km	+5:05:32	
1166	1327	ALBERTO ALCAZAR MORATILLA	INDEPENDIENTE	4:04:36	9:47 min/km	6:20:12	10:12 min/km	7:16:27	9:55 min/km	8:16:33	10:09 min/km	8:33:05	10:15 min/km	+5:05:32	
1167	970	CRISTINA REDRUELLO SERRANO	INDEPENDIENTE	4:04:31	9:46 min/km	6:20:13	10:12 min/km	7:16:25	9:55 min/km	8:16:34	10:09 min/km	8:33:05	10:15 min/km	+5:05:32	
1168	750	CARMEN DEL CID GARCIA	INDEPENDIENTE	4:04:31	9:46 min/km	6:26:41	10:22 min/km	7:32:26	10:16 min/km	8:16:32	10:09 min/km	8:33:07	10:15 min/km	+5:05:34	
1169	749	CARLOS DEL CID REINO	INDEPENDIENTE	4:04:30	9:46 min/km	6:26:42	10:22 min/km	7:32:27	10:16 min/km	8:16:34	10:09 min/km	8:33:08	10:15 min/km	+5:05:35	
1170	751	TERESA GARCIA RAMALLO	INDEPENDIENTE	4:04:32	9:46 min/km	6:26:42	10:22 min/km	7:32:29	10:17 min/km	8:16:33	10:09 min/km	8:33:08	10:15 min/km	+5:05:35	
1171	1549	MARIA CARMEN BLANCO BALDOMINOS	INDEPENDIENTE	4:04:37	9:47 min/km	6:20:13	10:12 min/km			8:16:35	10:09 min/km	8:33:08	10:15 min/km	+5:05:35	
1172	1328	CARMEN BALDOMINOS ESCRIBANO	INDEPENDIENTE	4:04:36	9:47 min/km	6:20:13	10:12 min/km			8:16:35	10:09 min/km	8:33:08	10:15 min/km	+5:05:35	
1173	367	ROCIO SANCHEZ ORTEGA	INDEPENDIENTE	3:36:47	8:40 min/km	6:07:58	9:52 min/km	7:16:58	9:55 min/km	8:13:05	10:05 min/km	8:33:34	10:16 min/km	+5:06:01	
1174	357	ALEJANDRO SANCHEZ MEDINA	INDEPENDIENTE	3:36:47	8:40 min/km	6:07:59	9:52 min/km	7:16:58	9:55 min/km	8:13:05	10:05 min/km	8:33:35	10:16 min/km	+5:06:02	
1175	1165	MERCEDES CHAMORRO ORTUÑO	INDEPENDIENTE	3:58:35	9:32 min/km	6:24:15	10:18 min/km	7:30:56	10:14 min/km	8:14:45	10:07 min/km	8:33:45	10:16 min/km	+5:06:12	
1176	919	JOSE MANUEL BALSERA BLANCO	INDEPENDIENTE	3:34:05	8:33 min/km	6:14:09	10:02 min/km	7:26:58	10:09 min/km	8:15:28	10:08 min/km	8:33:51	10:16 min/km	+5:06:18	





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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
1177	990	JUAN CARLOS ASENSIO TREJO	INDEPENDIENTE	3:34:51	8:35 min/km	6:14:08	10:02 min/km	7:26:58	10:09 min/km	8:15:27	10:08 min/km	8:33:56	10:16 min/km	+5:06:23
1178	918	GABRIEL SAIZ LOPEZ	INDEPENDIENTE	3:58:40	9:32 min/km	6:26:35	10:22 min/km	7:30:56	10:14 min/km	8:15:23	10:08 min/km	8:33:56	10:16 min/km	+5:06:24
1179	1470	DAVID JUNQUERA BERMUDEZ	INDEPENDIENTE	3:59:44	9:35 min/km	6:18:54	10:10 min/km	7:27:54	10:10 min/km	8:16:01	10:09 min/km	8:34:28	10:17 min/km	+5:06:55
1180	673	MONICA MARIA SUAREZ GARCIA	INDEPENDIENTE	3:54:51	9:23 min/km	6:28:34	10:25 min/km	7:35:44	10:21 min/km	8:19:53	10:13 min/km	8:35:14	10:18 min/km	+5:07:42
1181	1227	PABLO MOURO GALLEGO	INDEPENDIENTE	4:03:02	9:43 min/km	6:29:59	10:28 min/km	7:35:43	10:21 min/km	8:19:53	10:13 min/km	8:35:15	10:18 min/km	+5:07:42
1182	436	MARIA REMEDIOS RUIZ MARTINEZ	INDEPENDIENTE	3:54:52	9:23 min/km	6:28:33	10:25 min/km	7:35:43	10:21 min/km	8:19:53	10:13 min/km	8:35:15	10:18 min/km	+5:07:42
1183	184	MARIA DEL MAR COLLADO GALERA	INDEPENDIENTE	3:37:41	8:42 min/km	6:12:57	10:00 min/km	7:24:30	10:06 min/km	8:15:35	10:08 min/km	8:35:34	10:18 min/km	+5:08:01
1184	1468	FRANCISCO COBACHO GARCIA	PONTE LAS BOTAS	3:54:10	9:22 min/km	6:23:47	10:18 min/km	7:33:12	10:18 min/km	8:20:19	10:14 min/km	8:35:37	10:18 min/km	+5:08:05
1185	1271	NORA MOHAMED MOHAMED	INDEPENDIENTE	3:54:10	9:22 min/km	6:23:45	10:18 min/km	7:33:13	10:18 min/km	8:20:19	10:14 min/km	8:35:38	10:18 min/km	+5:08:05
1186	704	RAFAEL RUIZ MELLADO	INDEPENDIENTE	4:04:27	9:46 min/km	6:25:31	10:20 min/km	7:32:21	10:16 min/km	8:17:37	10:11 min/km	8:35:50	10:19 min/km	+5:08:17
1187	1047	ANGEL MATEO PEREZ	LA BERZA	4:04:27	9:46 min/km	6:25:32	10:21 min/km	7:32:22	10:16 min/km	8:17:35	10:11 min/km	8:35:50	10:19 min/km	+5:08:18
1188	164	FELIPE LIZCANO SEPULVEDA	MTB GIGANTES							8:20:19	10:14 min/km	8:36:57	10:20 min/km	+5:09:24
1189	61	FELIPE LIZCANO VELA	MTB GIGANTES	3:58:44	9:32 min/km	6:29:24	10:27 min/km	7:33:40	10:18 min/km	8:20:22	10:14 min/km	8:36:57	10:20 min/km	+5:09:25
1190	195	TRINIDAD VELA ALARCOS	INDEPENDIENTE	3:58:44	9:32 min/km	6:29:24	10:27 min/km	7:33:37	10:18 min/km	8:20:20	10:14 min/km	8:36:57	10:20 min/km	+5:09:25
1191	112	JOSE ANDRES CARRASCO LUCAS-TOR	MTB GIGANTES	4:02:11	9:41 min/km	6:20:11	10:12 min/km	7:33:59	10:19 min/km	8:20:21	10:14 min/km	8:36:57	10:20 min/km	+5:09:25
1192	131	PEDRO LUIS MASA LORENZO	CN GIGANTES	3:58:46	9:33 min/km	6:29:22	10:27 min/km	7:33:36	10:18 min/km	8:20:19	10:14 min/km	8:36:58	10:20 min/km	+5:09:25
1193	128	MANUEL CARRASCO LUCAS-TORRES	INDEPENDIENTE	4:01:26	9:39 min/km	6:29:29	10:27 min/km	7:33:58	10:19 min/km	8:20:18	10:14 min/km	8:36:58	10:20 min/km	+5:09:25
1194	1494	ANTONIO ALVARO MELERO	INDEPENDIENTE	4:15:54	10:14 min/km	6:40:17	10:44 min/km	7:40:59	10:28 min/km	8:21:13	10:15 min/km	8:37:15	10:20 min/km	+5:09:43
1195	603	JOSE MODESTO GARCIA ZAMARREÑO	PARRANDAS DE LA MONTAÑA	4:02:07	9:41 min/km	6:33:40	10:34 min/km	7:38:39	10:25 min/km	8:21:25	10:15 min/km	8:37:24	10:20 min/km	+5:09:51
1196	563	ANTONIO VILLA TORRES	INDEPENDIENTE	4:01:57	9:40 min/km	6:33:39	10:34 min/km	7:38:41	10:25 min/km	8:21:35	10:16 min/km	8:37:24	10:20 min/km	+5:09:52
1197	53	ARIADNA MENOR PEDRAS	INDEPENDIENTE	4:01:56	9:40 min/km	6:33:39	10:34 min/km	7:38:41	10:25 min/km	8:21:38	10:16 min/km	8:37:24	10:20 min/km	+5:09:52
1198	556	VERONICA CAMPOS GARCIA	INDEPENDIENTE	4:01:56	9:40 min/km	6:33:40	10:34 min/km	7:38:40	10:25 min/km	8:21:35	10:16 min/km	8:37:28	10:20 min/km	+5:09:55
1199	1476	JESUS M. MORALES RICO	TRAIL RUNNING MELILLA	4:04:56	9:47 min/km	6:29:37	10:27 min/km	7:35:10	10:20 min/km	8:20:25	10:14 min/km	8:37:58	10:21 min/km	+5:10:25
1200	1440	MARIA JOSE ALVAREZ MARTINEZ	INDEPENDIENTE	4:01:14	9:38 min/km	6:36:07	10:38 min/km	7:40:57	10:28 min/km	8:24:03	10:19 min/km	8:38:29	10:22 min/km	+5:10:56
1201	13	JOSE MARIA SORIANO APARICIO	INDEPENDIENTE	3:33:48	8:33 min/km	6:05:58	9:49 min/km	7:28:34	10:11 min/km	8:18:18	10:12 min/km	8:38:39	10:22 min/km	+5:11:07
1202	342	MARIA ISABEL CHAMORRO PAJARES	HTRAINER	4:02:34	9:42 min/km	6:27:13	10:23 min/km	7:37:58	10:24 min/km	8:22:35	10:17 min/km	8:39:03	10:22 min/km	+5:11:31
1203	418	CAROLINA GONZALEZ HANCHI	HTRAINER	4:02:33	9:42 min/km	6:27:11	10:23 min/km	7:37:57	10:24 min/km	8:22:32	10:17 min/km	8:39:05	10:22 min/km	+5:11:32
1204	594	PEDRO MARTINEZ FERNANDEZ	BOTAS ROTAS	3:58:52	9:33 min/km	6:26:35	10:22 min/km	7:34:14	10:19 min/km	8:21:51	10:16 min/km	8:39:29	10:23 min/km	+5:11:56





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
1205	1504	ANTONIO TEJADA VICIOSO	INDEPENDIENTE	3:52:43	9:18 min/km	6:20:23	10:12 min/km	7:32:09	10:16 min/km	8:21:26	10:15 min/km	8:39:33	10:23 min/km	+5:12:01
1206	1505	MARIA PILAR LAPUERTA LASCASA	INDEPENDIENTE	3:52:46	9:18 min/km	6:20:25	10:12 min/km	7:32:09	10:16 min/km	8:21:27	10:15 min/km	8:39:34	10:23 min/km	+5:12:02
1207	1033	ABELARDO GUTIERREZ VALLEJO	C.D. GRUPO MONTAÑERO CHORDI	4:00:08	9:36 min/km	6:37:58	10:41 min/km	7:46:53	10:36 min/km	8:25:12	10:20 min/km	8:39:43	10:23 min/km	+5:12:10
1208	72	JUANA ARIAS PEREZ	LOS ULTIMOS SUSMURAI	3:58:21	9:32 min/km	6:22:23	10:15 min/km	7:34:03	10:19 min/km	8:24:57	10:20 min/km	8:41:36	10:25 min/km	+5:14:03
1209	736	SOFIA LOPEZ QUESADA	INDEPENDIENTE	3:55:27	9:25 min/km	6:25:00	10:20 min/km	7:37:14	10:23 min/km	8:25:51	10:21 min/km	8:42:39	10:27 min/km	+5:15:06
1210	737	ABEL MUÑOZ EL YABLI	INDEPENDIENTE	3:55:27	9:25 min/km	6:24:58	10:20 min/km	7:37:15	10:23 min/km	8:25:50	10:21 min/km	8:42:39	10:27 min/km	+5:15:07
1211	702	LUIS SERRANO RUIZ	INDEPENDIENTE	3:58:31	9:32 min/km	6:36:57	10:39 min/km	7:44:05	10:32 min/km	8:27:47	10:23 min/km	8:42:59	10:27 min/km	+5:15:26
1212	1671	EVANGELINA POLO ALVARADO		4:12:01	10:04 min/km			7:47:40	10:37 min/km			8:43:06	10:27 min/km	+5:15:34
1213	424	JOSE MANUEL FERNANDEZ ALVAREZ	INDEPENDIENTE	3:51:10	9:14 min/km	6:28:44	10:26 min/km	7:37:47	10:24 min/km	8:26:08	10:21 min/km	8:43:37	10:28 min/km	+5:16:04
1214	435	SALVADOR BLANCO DOMINGUEZ	INDEPENDIENTE	3:51:11	9:14 min/km	6:28:45	10:26 min/km	7:37:50	10:24 min/km	8:26:12	10:21 min/km	8:43:38	10:28 min/km	+5:16:05
1215	430	ADRIAN FERNANDEZ EUSEBIO	INDEPENDIENTE	3:51:12	9:14 min/km	6:28:47	10:26 min/km	7:37:50	10:24 min/km	8:26:12	10:21 min/km	8:43:39	10:28 min/km	+5:16:06
1216	236	FRANCISCO GRANADO QUINTERO	ANYERA	4:04:28	9:46 min/km	6:40:27	10:45 min/km	7:46:15	10:35 min/km	8:29:18	10:25 min/km	8:46:14	10:31 min/km	+5:18:42
1217	488	CARLOS GALLARDO MARTINEZ	KAMPAMENTO BASE	4:06:48	9:52 min/km	6:35:05	10:36 min/km	7:43:33	10:32 min/km	8:29:21	10:25 min/km	8:46:15	10:31 min/km	+5:18:42
1218	1469	EVA M ABAD SANTIAGO	INDEPENDIENTE	3:59:19	9:34 min/km	6:39:01	10:42 min/km	7:43:07	10:31 min/km	8:27:48	10:23 min/km	8:46:59	10:32 min/km	+5:19:26
1219	777	EVA MARIA GRANADOS RECHE	INDEPENDIENTE	3:59:04	9:33 min/km	6:38:59	10:42 min/km	7:43:05	10:31 min/km	8:27:44	10:23 min/km	8:46:59	10:32 min/km	+5:19:27
1220	1474	MIGUEL CERDAN PEREZ	INDEPENDIENTE	3:59:04	9:33 min/km	6:38:59	10:42 min/km	7:43:06	10:31 min/km	8:28:03	10:24 min/km	8:46:59	10:32 min/km	+5:19:27
1221	1524	JOSE LUIS LOPEZ DOMINGUEZ	INDEPENDIENTE	4:07:49	9:54 min/km	6:36:16	10:38 min/km	7:44:08	10:32 min/km	8:30:53	10:27 min/km	8:47:13	10:32 min/km	+5:19:41
1222	4	JOSE MIGUEL RODRIGUEZ PALAFOX	INDEPENDIENTE	4:06:58	9:52 min/km	6:26:34	10:22 min/km	7:37:43	10:24 min/km	8:27:59	10:23 min/km	8:47:30	10:33 min/km	+5:19:57
1223	12	JOSE ANTONIO GIL GARCIA-VALDECAS	INDEPENDIENTE	4:06:59	9:52 min/km	6:26:34	10:22 min/km	7:37:46	10:24 min/km	8:27:53	10:23 min/km	8:47:33	10:33 min/km	+5:20:00
1224	469	GINES SEGURA MATEO	INDEPENDIENTE	3:55:02	9:24 min/km	6:36:05	10:38 min/km	7:44:04	10:32 min/km	8:31:07	10:27 min/km	8:47:37	10:33 min/km	+5:20:05
1225	394	RAFAEL CRIADO MORA	CIMA 2000	3:55:02	9:24 min/km	6:36:03	10:37 min/km	7:44:05	10:32 min/km	8:31:04	10:27 min/km	8:47:38	10:33 min/km	+5:20:06
1226	1362	YAMAL EDDIN MOHAMED MOHAMED	INDEPENDIENTE	3:56:28	9:27 min/km	6:26:43	10:22 min/km	7:38:31	10:25 min/km	8:31:38	10:28 min/km	8:52:15	10:38 min/km	+5:24:43
1227	176	JUAN GAVILAN MARTINEZ	INDEPENDIENTE	4:07:05	9:53 min/km	6:39:05	10:42 min/km	7:48:20	10:38 min/km	8:36:43	10:34 min/km	8:54:15	10:41 min/km	+5:26:43
1228	1407	ADELY MIRALLES NAVARRO	INDEPENDIENTE	4:06:52	9:52 min/km	6:43:32	10:49 min/km			8:39:27	10:38 min/km	8:55:15	10:42 min/km	+5:27:43
1229	965	CRISTINA FORT RIOS	INDEPENDIENTE	4:06:18	9:51 min/km	6:43:32	10:50 min/km	7:52:57	10:44 min/km	8:39:29	10:38 min/km	8:55:16	10:42 min/km	+5:27:44
1230	932	JUAN JESUS PRADO SERRANO	INDEPENDIENTE	3:55:35	9:25 min/km	6:31:38	10:30 min/km	7:39:38	10:26 min/km	8:33:27	10:30 min/km	8:55:33	10:42 min/km	+5:28:00
1231	1002	AHMED ALI	INDEPENDIENTE	4:04:24	9:46 min/km	6:38:20	10:41 min/km	7:50:14	10:41 min/km	8:39:42	10:38 min/km	8:55:43	10:42 min/km	+5:28:10
1232	230	JOSE CAÑETE LOPEZ	PRETORIANOS DE TOMARES	4:05:00	9:48 min/km	6:45:55	10:53 min/km	7:57:34	10:51 min/km	8:40:37	10:39 min/km	8:57:41	10:45 min/km	+5:30:08





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MARCHA CARRERA

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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
1233	177	JOSE LUIS MARTIN	PRETORIANOS DE TOMARES	4:03:19	9:43 min/km	6:45:55	10:53 min/km	7:57:37	10:51 min/km	8:40:26	10:39 min/km	8:57:41	10:45 min/km	+5:30:08
1234	126	RAFAEL JOSE IZA GONZALEZ	PRETORIANO DE TOMARES	4:08:17	9:55 min/km	6:45:59	10:53 min/km	7:57:35	10:51 min/km	8:41:12	10:40 min/km	8:57:41	10:45 min/km	+5:30:08
1235	1417	ISIDRO NICOLAS FERNANDEZ-PACHECO	INDEPENDIENTE	4:08:12	9:55 min/km	6:41:40	10:46 min/km	7:49:34	10:40 min/km	8:38:03	10:36 min/km	8:57:41	10:45 min/km	+5:30:08
1236	713	JOAQUIN REINA	PRETORIANOS DE TOMARES	4:03:20	9:44 min/km	6:45:57	10:53 min/km	7:57:34	10:51 min/km	8:40:23	10:39 min/km	8:57:41	10:45 min/km	+5:30:08
1237	1558	JUAN ANTONIO MORALO CRUZ	INDEPENDIENTE	4:13:22	10:08 min/km	6:56:57	11:11 min/km			8:39:41	10:38 min/km	8:58:07	10:45 min/km	+5:30:35
1238	341	CRISTINA LOPEZ ESTEVEZ	INDEPENDIENTE	4:06:23	9:51 min/km	6:39:49	10:44 min/km	7:49:34	10:40 min/km	8:38:46	10:37 min/km	8:58:12	10:45 min/km	+5:30:39
1239	204	YOLANDA SALAZAR CUEVAS	INDEPENDIENTE	4:06:23	9:51 min/km	6:39:50	10:44 min/km			8:38:44	10:37 min/km	8:58:14	10:45 min/km	+5:30:41
1240	1136	MAGDALENA MORENO PRADO	INDEPENDIENTE	3:59:20	9:34 min/km	6:44:14	10:51 min/km			8:40:24	10:39 min/km	9:00:23	10:48 min/km	+5:32:51
1241	1447	SANTIAGO ANDRES MILANS DEL BOSCO	INDEPENDIENTE	4:09:53	9:59 min/km	6:44:16	10:51 min/km	7:55:34	10:48 min/km	8:42:32	10:41 min/km	9:00:33	10:48 min/km	+5:33:00
1242	1068	MARIA RUTH GARCIA TORRE	INDEPENDIENTE	4:09:55	9:59 min/km	6:41:54	10:47 min/km	7:52:50	10:44 min/km	8:42:33	10:41 min/km	9:00:33	10:48 min/km	+5:33:00
1243	1210	ENCARNA MALO ALCALA	INDEPENDIENTE									9:00:34	10:48 min/km	+5:33:01
1244	1208	VICENTE LEON ZAFRA	INDEPENDIENTE	4:09:55	9:59 min/km	6:43:14	10:49 min/km	7:52:26	10:44 min/km			9:00:38	10:48 min/km	+5:33:05
1245	1067	RICARDO GONZALEZ ELUL	INDEPENDIENTE	4:09:56	9:59 min/km	6:43:24	10:49 min/km	7:52:27	10:44 min/km	8:42:33	10:41 min/km	9:00:40	10:48 min/km	+5:33:07
1246	101	AMANCIO IZQUIERDO IGLESIAS	CERRO DEL CABALLO	4:09:32	9:58 min/km	6:49:22	10:59 min/km	7:58:11	10:52 min/km	8:47:27	10:47 min/km	9:02:29	10:50 min/km	+5:34:56
1247	296	ALVARO MORALES PUGA	INDEPENDIENTE	3:54:11	9:22 min/km	6:23:36	10:17 min/km	7:39:00	10:25 min/km	8:40:09	10:38 min/km	9:04:03	10:52 min/km	+5:36:30
1248	1198	MARIA ANDREA DIAZ SANCHEZ	INDEPENDIENTE	4:02:45	9:42 min/km	6:40:32	10:45 min/km	7:53:12	10:45 min/km	8:45:07	10:44 min/km	9:04:45	10:53 min/km	+5:37:12
1249	280	JORGE CALDERON IBAÑEZ	KAMPAMENTO BASE	4:05:15	9:48 min/km	6:40:29	10:45 min/km	7:53:14	10:45 min/km	8:45:10	10:45 min/km	9:04:48	10:53 min/km	+5:37:15
1250	607	REMEDIOS GARCIA RAMIREZ	INDEPENDIENTE	4:20:22	10:24 min/km	6:49:19	10:59 min/km	7:58:36	10:52 min/km	8:47:30	10:47 min/km	9:05:21	10:54 min/km	+5:37:49
1251	559	SEBASTIAN NAVARRO GARCIA	INDEPENDIENTE	4:20:23	10:24 min/km	6:49:15	10:59 min/km	7:58:31	10:52 min/km	8:47:30	10:47 min/km	9:05:22	10:54 min/km	+5:37:49
1252	773	CONCHI GARCIA RAMIREZ	INDEPENDIENTE	4:21:02	10:26 min/km	6:49:19	10:59 min/km	7:58:31	10:52 min/km	8:47:31	10:47 min/km	9:05:22	10:54 min/km	+5:37:50
1253	670	ALFREDINA TOLEDO CANO	INDEPENDIENTE	4:20:26	10:25 min/km	6:49:17	10:59 min/km	7:58:32	10:52 min/km	8:47:15	10:47 min/km	9:05:23	10:54 min/km	+5:37:50
1254	669	ELENA BIRLANGA SOLANO	INDEPENDIENTE	4:20:25	10:25 min/km	6:49:15	10:59 min/km	7:58:32	10:52 min/km	8:47:23	10:47 min/km	9:05:24	10:54 min/km	+5:37:51
1255	772	JOSE ANTONIO JIMENEZ FERNANDEZ	INDEPENDIENTE	4:21:02	10:26 min/km	6:49:20	10:59 min/km	7:58:32	10:52 min/km	8:47:33	10:47 min/km	9:05:25	10:54 min/km	+5:37:52
1256	1202	ANA ROSARIO VILCHEZ PUERTA	INDEPENDIENTE	4:18:31	10:20 min/km	6:49:21	10:59 min/km	7:59:13	10:53 min/km	8:47:19	10:47 min/km	9:05:25	10:54 min/km	+5:37:52
1257	1201	ANGEL JIMENEZ	INDEPENDIENTE	4:18:30	10:20 min/km	6:49:20	10:59 min/km			8:47:20	10:47 min/km	9:05:25	10:54 min/km	+5:37:53
1258	908	MARGARITA SUEIRO QUIÑONES	INDEPENDIENTE	4:07:58	9:55 min/km	6:37:58	10:41 min/km	7:51:28	10:42 min/km	8:46:00	10:46 min/km	9:05:58	10:55 min/km	+5:38:25
1259	909	ADRIAN MARTIN PUERTA	INDEPENDIENTE	4:07:59	9:55 min/km	6:38:03	10:41 min/km	7:51:28	10:42 min/km	8:46:03	10:46 min/km	9:05:58	10:55 min/km	+5:38:25
1260	517	JUAN BERMEJO QUINTERO	INDEPENDIENTE	3:55:45	9:25 min/km	6:49:42	10:59 min/km	7:59:30	10:53 min/km	8:47:41	10:48 min/km	9:06:05	10:55 min/km	+5:38:33





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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
1261	1363	JUAN CARLOS MANZANARES TRIQUET	INDEPENDIENTE	4:11:53	10:04 min/km	6:51:31	11:02 min/km	8:02:25	10:57 min/km	8:47:29	10:47 min/km	9:06:17	10:55 min/km	+5:38:45
1262	1120	ALEJANDRO GUILLEN SANTORO	HUERTASALAMA	4:11:54	10:04 min/km	6:51:29	11:02 min/km	8:02:25	10:57 min/km	8:47:33	10:47 min/km	9:06:18	10:55 min/km	+5:38:45
1263	84	RUBEN JAVIER CHEJ GAVILAN	INDEPENDIENTE	3:42:00	8:52 min/km	6:30:52	10:29 min/km			8:50:45	10:51 min/km	9:09:30	10:59 min/km	+5:41:58
1264	1319	LAILA AHMED MOHAMED	INDEPENDIENTE	4:09:02	9:57 min/km	6:48:08	10:57 min/km	8:07:41	11:05 min/km	8:53:31	10:55 min/km	9:11:05	11:01 min/km	+5:43:33
1265	1493	JOSEFA DEL PERAL	INDEPENDIENTE	4:15:00	10:12 min/km	6:56:52	11:11 min/km	8:06:22	11:03 min/km	8:53:15	10:54 min/km	9:11:08	11:01 min/km	+5:43:36
1266	463	SUSANA JORRETO ZAGUIRRE	INDEPENDIENTE	4:14:59	10:11 min/km	6:56:48	11:11 min/km	8:06:24	11:03 min/km	8:53:20	10:55 min/km	9:11:09	11:01 min/km	+5:43:36
1267	1158	JUAN MANUEL BUCARAT RUBIO	REGULARES DE MELILLAME ATREVO	3:42:33	8:54 min/km	6:26:19	10:22 min/km	7:37:53	10:24 min/km	8:26:54	10:22 min/km	9:12:20	11:02 min/km	+5:44:48
1268	1189	DAVID POLO MANZANO	INDEPENDIENTE	3:42:32	8:54 min/km	6:26:21	10:22 min/km	7:37:53	10:24 min/km	8:26:55	10:22 min/km	9:12:21	11:02 min/km	+5:44:49
1269	1128	JOSE MARIA MATEO MERINO	REGULARES DE MELILLAME ATREVO	3:42:32	8:54 min/km	6:26:19	10:22 min/km	7:37:53	10:24 min/km	8:26:55	10:22 min/km	9:12:22	11:02 min/km	+5:44:49
1270	1149	JUAN IGNACIO GARCIA-CREUS SANCHI	REGULARES DE MELILLAME ATREVO	3:42:33	8:54 min/km	6:26:21	10:22 min/km	7:37:53	10:24 min/km	8:26:54	10:22 min/km	9:12:22	11:02 min/km	+5:44:49
1271	1087	SERGIO MARCOS DE LA FUENTE	REGULARES DE MELILLAME ATREVO	3:45:04	9:00 min/km	6:35:04	10:36 min/km	7:53:23	10:45 min/km	8:49:03	10:49 min/km	9:12:22	11:02 min/km	+5:44:50
1272	1027	TOMAS RAMIREZ CASTILLA	REGULARES DE MELILLAME ATREVO	3:43:51	8:57 min/km	6:35:07	10:36 min/km	7:53:25	10:45 min/km	8:49:07	10:49 min/km	9:12:23	11:02 min/km	+5:44:50
1273	1485	FRANCISCO JESUS SOLER GARCIA	REGULARES DE MELILLAME ATREVO	3:42:33	8:54 min/km	6:26:19	10:22 min/km	7:37:53	10:24 min/km	8:27:00	10:22 min/km	9:12:23	11:02 min/km	+5:44:50
1274	1028	ADONAI MONZON RODRIGUEZ	REGULARES DE MELILLAME ATREVO	3:42:34	8:54 min/km	6:26:19	10:22 min/km	7:37:54	10:24 min/km	8:26:57	10:22 min/km	9:12:24	11:02 min/km	+5:44:51
1275	1049	YAZIN MAANAN MOHAMEDI	REGULARES DE MELILLAME ATREVO	3:43:36	8:56 min/km	6:26:28	10:22 min/km	7:37:58	10:24 min/km	8:27:25	10:23 min/km	9:12:24	11:02 min/km	+5:44:52
1276	1029	FERNANDO BOLIVAR MENDOZA	REGULARES DE MELILLAME ATREVO	3:42:41	8:54 min/km	6:26:38	10:22 min/km	7:38:02	10:24 min/km	8:27:25	10:23 min/km	9:12:25	11:02 min/km	+5:44:52
1277	1042	AITOR LUPIAÑEZ SANCHEZ	INDEPENDIENTE	3:42:35	8:54 min/km	6:26:22	10:22 min/km	7:37:55	10:24 min/km	8:27:02	10:22 min/km	9:12:25	11:02 min/km	+5:44:52
1278	1246	JONATAN GUZMAN ROMERO	REGULARES DE MELILLAME ATREVO	3:43:00	8:55 min/km	6:26:21	10:22 min/km	7:37:57	10:24 min/km	8:27:14	10:23 min/km	9:12:25	11:02 min/km	+5:44:52
1279	1118	ROBERTO PUENTES MUÑOZ	REGULARES DE MELILLAME ATREVO	3:42:32	8:54 min/km	6:26:30	10:22 min/km	7:37:55	10:24 min/km	8:27:01	10:22 min/km	9:12:26	11:02 min/km	+5:44:53
1280	1268	PABLO DURAN GONZALEZ	INDEPENDIENTE	3:42:33	8:54 min/km	6:26:20	10:22 min/km	7:37:54	10:24 min/km	8:26:59	10:22 min/km	9:12:26	11:02 min/km	+5:44:54
1281	1241	CARMELO BEJARANO MONGE	INDEPENDIENTE	3:42:35	8:54 min/km	6:26:23	10:22 min/km	7:37:55	10:24 min/km	8:27:04	10:22 min/km	9:12:26	11:02 min/km	+5:44:54
1282	1031	OSCAR ALEJANDRO SANCHEZ COTARC	INDEPENDIENTE	3:42:41	8:54 min/km	6:35:09	10:36 min/km	7:53:25	10:45 min/km	8:49:10	10:49 min/km	9:12:27	11:02 min/km	+5:44:55
1283	1148	GERMAN MOURA BOULLOSA	REGULARES DE MELILLAME ATREVO	3:42:34	8:54 min/km	6:26:24	10:22 min/km	7:37:55	10:24 min/km	8:27:03	10:22 min/km	9:12:27	11:02 min/km	+5:44:55
1284	1260	MARTIN EDUARDO VELIZ ZAVALA	REGULARES DE MELILLAME ATREVO	3:43:10	8:55 min/km	6:26:28	10:22 min/km	7:37:58	10:24 min/km	8:27:45	10:23 min/km	9:12:28	11:02 min/km	+5:44:55
1285	1184	OLIVER CABRERA BLANCO	INDEPENDIENTE	3:42:33	8:54 min/km	6:26:23	10:22 min/km	7:37:56	10:24 min/km	8:27:07	10:22 min/km	9:12:28	11:02 min/km	+5:44:56
1286	1359	DAVID FERNANDEZ GABARRE	REGULARES DE MELILLAME ATREVO	3:42:39	8:54 min/km	6:35:09	10:36 min/km	7:53:27	10:45 min/km	8:49:05	10:49 min/km	9:12:29	11:02 min/km	+5:44:56
1287	1355	JUAN JOSE GONZALEZ VILLALOBOS	REGULARES DE MELILLAME ATREVO	3:42:47	8:54 min/km	6:26:29	10:22 min/km	7:37:57	10:24 min/km	8:27:13	10:22 min/km	9:12:29	11:02 min/km	+5:44:56
1288	1045	ALVARO DIAZ PORTILLO	INDEPENDIENTE	3:42:50	8:54 min/km	6:26:19	10:22 min/km	7:37:55	10:24 min/km	8:27:04	10:22 min/km	9:12:29	11:02 min/km	+5:44:56





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
1289	1167	JOSE ANGEL SANCHEZ SORIANO	REGULARES DE MELILLAME ATREVO	3:42:35	8:54 min/km	6:26:22	10:22 min/km	7:37:56	10:24 min/km	8:27:12	10:22 min/km	9:12:29	11:02 min/km	+5:44:57
1290	1025	ALVARO BAÑOS PULIDO	REGULARES DE MELILLAME ATREVO	3:43:08	8:55 min/km	6:26:27	10:22 min/km	7:38:21	10:25 min/km	8:28:08	10:24 min/km	9:12:30	11:03 min/km	+5:44:57
1291	1115	BERNARDO FERNANDEZ CARRICONDO	REGULARES DE MELILLAME ATREVO	3:42:49	8:54 min/km	6:26:33	10:22 min/km	7:38:02	10:24 min/km	8:27:25	10:23 min/km	9:12:30	11:03 min/km	+5:44:57
1292	1144	ABDELHAK AHABRACH ENFED DAL	REGULARES DE MELILLAME ATREVO	3:42:33	8:54 min/km	6:26:22	10:22 min/km	7:37:55	10:24 min/km	8:27:10	10:22 min/km	9:12:30	11:03 min/km	+5:44:58
1293	1114	JOSE ANTONIO JIMENEZ PARAMO	INDEPENDIENTE	3:42:33	8:54 min/km	6:26:21	10:22 min/km	7:37:55	10:24 min/km	8:27:00	10:22 min/km	9:12:30	11:03 min/km	+5:44:58
1294	1252	JIMMY FABRICIO OCHOA VILLAVICENCI	REGULARES DE MELILLAME ATREVO	3:44:32	8:58 min/km	6:26:23	10:22 min/km	7:37:56	10:24 min/km	8:27:08	10:22 min/km	9:12:30	11:03 min/km	+5:44:58
1295	1147	DIEGO PEREZ RODRIGUEZ	REGULARES DE MELILLAME ATREVO	3:42:32	8:54 min/km	6:26:31	10:22 min/km	7:41:33	10:29 min/km			9:12:31	11:03 min/km	+5:44:58
1296	1020	PEDRO JAVIER LECHUGA TAPIA	REGULARES DE MELILLAME ATREVO	3:42:37	8:54 min/km	6:26:25	10:22 min/km	7:37:54	10:24 min/km	8:27:09	10:22 min/km	9:12:31	11:03 min/km	+5:44:59
1297	1258	RAUL SALAZAR FERNANDEZ	REGULARES DE MELILLAME ATREVO	3:42:58	8:55 min/km	6:26:31	10:22 min/km	7:38:02	10:24 min/km	8:27:21	10:23 min/km	9:12:32	11:03 min/km	+5:45:00
1298	1082	ISAAC SUAREZ SANCHEZ	INDEPENDIENTE	3:42:37	8:54 min/km	6:26:30	10:22 min/km	7:41:29	10:29 min/km			9:12:32	11:03 min/km	+5:45:00
1299	1143	JUAN CARLOS HINOJO SANCHEZ	REGULARES DE MELILLAME ATREVO	3:42:38	8:54 min/km	6:26:26	10:22 min/km	7:38:04	10:24 min/km	8:27:13	10:23 min/km	9:12:33	11:03 min/km	+5:45:00
1300	100	CAROLINA PEREIRA PEÑA	INDEPENDIENTE	4:17:35	10:18 min/km	6:59:00	11:14 min/km	8:08:32	11:06 min/km	8:55:25	10:57 min/km	9:13:19	11:03 min/km	+5:45:46
1301	220	JOSE ANTONIO JIMENEZ PAGAN	INDEPENDIENTE	4:18:35	10:20 min/km	6:59:03	11:14 min/km			8:55:24	10:57 min/km	9:13:19	11:03 min/km	+5:45:46
1302	37	ANA MARIA ANDREU MOYA	INDEPENDIENTE	4:18:35	10:20 min/km	6:59:03	11:14 min/km	8:08:31	11:06 min/km	8:55:24	10:57 min/km	9:13:19	11:03 min/km	+5:45:46
1303	688	JOSE MANUEL PEREZ DELGADO	INDEPENDIENTE	4:18:27	10:20 min/km	6:51:30	11:02 min/km	8:04:23	11:00 min/km	8:54:13	10:56 min/km	9:13:30	11:04 min/km	+5:45:57
1304	1180	MARIA DEL CARMEN DEL PINO GAITAN	INDEPENDIENTE	4:10:38	10:01 min/km	6:51:49	11:03 min/km	8:05:47	11:02 min/km	8:55:55	10:58 min/km	9:14:44	11:05 min/km	+5:47:11
1305	648	CARLOS CARVAJAL TREJO	INDEPENDIENTE	4:10:39	10:01 min/km	6:51:48	11:03 min/km	8:05:49	11:02 min/km	8:55:55	10:58 min/km	9:14:46	11:05 min/km	+5:47:13
1306	647	MARIA DEL CARMEN RAMOS SANCHEZ	INDEPENDIENTE	4:24:24	10:34 min/km	6:54:27	11:07 min/km	8:07:06	11:04 min/km	8:57:22	11:00 min/km	9:15:07	11:06 min/km	+5:47:34
1307	80	RAFAEL REYES MARTIN	INDEPENDIENTE	4:24:22	10:34 min/km	6:54:00	11:06 min/km	8:07:07	11:04 min/km	8:57:19	10:59 min/km	9:15:07	11:06 min/km	+5:47:34
1308	313	JOSE LUIS SELFA CRUZ	INDEPENDIENTE	4:24:21	10:34 min/km	6:54:05	11:06 min/km	8:07:10	11:04 min/km	8:57:19	10:59 min/km	9:15:07	11:06 min/km	+5:47:35
1309	331	DOLORES RAMOS SANCHEZ	INDEPENDIENTE	4:24:22	10:34 min/km	6:54:05	11:07 min/km	8:07:13	11:04 min/km	8:57:20	10:59 min/km	9:15:08	11:06 min/km	+5:47:35
1310	644	ANTONIO JOSE MOLINA CORPAS	INDEPENDIENTE	4:24:24	10:34 min/km	6:54:27	11:07 min/km	8:07:06	11:04 min/km	8:57:18	10:59 min/km	9:15:09	11:06 min/km	+5:47:36
1311	282	MANUEL CONTRERAS ESCUDERO	INDEPENDIENTE	4:11:29	10:03 min/km	6:56:52	11:11 min/km	8:09:20	11:07 min/km	8:57:34	11:00 min/km	9:15:16	11:06 min/km	+5:47:43
1312	1194	DANIEL MEDINA HIJANO	INDEPENDIENTE	4:11:28	10:03 min/km	6:56:57	11:11 min/km	8:09:20	11:07 min/km	8:57:27	11:00 min/km	9:15:17	11:06 min/km	+5:47:44
1313	1277	Mª JESUS SALVATIERRA MIGUEL	INDEPENDIENTE	4:11:27	10:03 min/km	6:56:56	11:11 min/km	8:09:20	11:07 min/km	8:57:29	11:00 min/km	9:15:17	11:06 min/km	+5:47:45
1314	446	CRISTINA PISANO REYES	INDEPENDIENTE									9:15:56	11:07 min/km	+5:48:23
1315	275	FRANCISCA PEREZ SANCHEZ	INDEPENDIENTE	4:34:21	10:58 min/km	7:11:58	11:35 min/km	8:17:07	11:17 min/km	9:00:49	11:04 min/km	9:16:05	11:07 min/km	+5:48:33
1316	1059	MIGUEL REDONDO CABALLERO	INDEPENDIENTE	4:34:22	10:58 min/km	7:12:00	11:35 min/km	8:17:09	11:17 min/km	9:00:47	11:04 min/km	9:16:08	11:07 min/km	+5:48:36





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO OFICIAL		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	RITMO	RITMO	
1317	505	ALEJANDRO GONZALEZ HERNANDEZ	INDEPENDIENTE	4:14:19	10:10 min/km	6:42:32	10:48 min/km	7:56:42	10:50 min/km	8:54:23	10:56 min/km	9:16:25	11:07 min/km	+5:48:52
1318	1543	ALBERTO ESTELLER SEVILLA	INDEPENDIENTE	4:15:20	10:12 min/km	6:51:59	11:03 min/km	8:01:13	10:56 min/km	8:53:14	10:54 min/km	9:17:09	11:08 min/km	+5:49:36
1319	207	MARIA INMACULADA CANTOS DURAN	ANYERA	4:11:42	10:04 min/km	6:57:39	11:12 min/km	8:09:16	11:07 min/km	8:59:13	11:02 min/km	9:17:17	11:08 min/km	+5:49:45
1320	309	MAYCA EGIO LOPEZ	INDEPENDIENTE	4:19:58	10:23 min/km	7:00:43	11:17 min/km	8:11:03	11:09 min/km	8:58:34	11:01 min/km	9:19:08	11:10 min/km	+5:51:36
1321	951	DULCENOMBRE DE MARIA RUIZ GONZA	INDEPENDIENTE	4:17:49	10:18 min/km	7:02:23	11:20 min/km	8:15:09	11:15 min/km	9:04:40	11:08 min/km	9:24:57	11:17 min/km	+5:57:24
1322	949	AGUSTIN GALIANA FERNANDEZ	INDEPENDIENTE	4:17:20	10:17 min/km	7:02:20	11:20 min/km	8:15:09	11:15 min/km	9:04:42	11:09 min/km	9:24:57	11:17 min/km	+5:57:24
1323	761	REMEDIOS GALVEZ GONZALEZ	INDEPENDIENTE	4:12:28	10:05 min/km	6:43:13	10:49 min/km	8:04:41	11:00 min/km	9:09:41	11:15 min/km	9:26:45	11:20 min/km	+5:59:12
1324	578	CLARA HARO ORTEGA	INDEPENDIENTE	4:22:07	10:29 min/km	7:00:16	11:16 min/km	8:14:53	11:14 min/km	9:06:49	11:11 min/km	9:28:36	11:22 min/km	+6:01:04
1325	1235	MARUJA GONZALEZ REIGAZA	INDEPENDIENTE	4:17:45	10:18 min/km	6:54:56	11:08 min/km	8:09:26	11:07 min/km	9:06:26	11:11 min/km	9:28:44	11:22 min/km	+6:01:12
1326	576	ANGEL ÑIGUEZ RAMON	INDEPENDIENTE	4:22:06	10:29 min/km	7:00:17	11:16 min/km	8:14:51	11:14 min/km	9:06:51	11:11 min/km	9:28:49	11:22 min/km	+6:01:16
1327	784	GEMA LOPEZ SERRANO	INDEPENDIENTE	4:14:28	10:10 min/km	7:01:02	11:18 min/km	8:16:51	11:17 min/km	9:08:55	11:14 min/km	9:29:11	11:23 min/km	+6:01:38
1328	1509	SALVADOR LOPEZ SERRANO	INDEPENDIENTE	4:14:31	10:10 min/km	7:01:03	11:18 min/km	8:16:52	11:17 min/km	9:08:57	11:14 min/km	9:29:17	11:23 min/km	+6:01:44
1329	504	MARIA DEL PILAR CABEZA LOPEZ	INDEPENDIENTE	4:20:01	10:24 min/km	7:02:01	11:19 min/km	8:14:30	11:14 min/km	9:08:11	11:13 min/km	9:29:49	11:23 min/km	+6:02:17
1330	361	JUAN CARLOS PEREZ MARTOS	FERTILIDAD RINCON VELEZ	4:07:50	9:54 min/km	6:55:11	11:08 min/km	8:15:00	11:15 min/km	9:10:28	11:16 min/km	9:30:57	11:25 min/km	+6:03:24
1331	1587	MARIO CUESTA SALVADOR	INDEPENDIENTE	4:08:18	9:55 min/km	7:10:48	11:33 min/km	8:29:56	11:35 min/km	9:15:36	11:22 min/km	9:33:08	11:27 min/km	+6:05:35
1332	1151	ARANCHA GOMEZ	INDEPENDIENTE	4:11:27	10:03 min/km	7:02:14	11:20 min/km	8:23:41	11:26 min/km	9:17:05	11:24 min/km	9:33:28	11:28 min/km	+6:05:56
1333	1101	LUIS CANTO VALTIERRA	INDEPENDIENTE	4:26:07	10:38 min/km	7:08:42	11:30 min/km	8:25:16	11:29 min/km	9:20:05	11:27 min/km	9:39:48	11:35 min/km	+6:12:16
1334	1433	MANUEL JODAR	INDEPENDIENTE			7:03:03	11:21 min/km					9:44:46	11:41 min/km	+6:17:14
1335	1318	DOLORES ALAMO GARCIA	INDEPENDIENTE	4:21:26	10:27 min/km	7:03:05	11:21 min/km	8:25:03	11:28 min/km	9:21:59	11:30 min/km	9:44:46	11:41 min/km	+6:17:14
1336	405	CRISTIAN MARTY ALAMO	RUTEROS BIKES MELILLA	4:21:25	10:27 min/km	7:03:03	11:21 min/km	8:25:02	11:28 min/km	9:21:57	11:30 min/km	9:44:48	11:41 min/km	+6:17:15
1337	456	ELOISA GARCIA VARGAS	INDEPENDIENTE	4:24:08	10:33 min/km	7:19:27	11:47 min/km	8:33:52	11:40 min/km	9:25:44	11:34 min/km	9:44:59	11:41 min/km	+6:17:26
1338	496	GERMAN LUIS SEGURA LOPEZ	INDEPENDIENTE	4:14:25	10:10 min/km	7:19:28	11:47 min/km	8:33:50	11:40 min/km	9:25:44	11:34 min/km	9:45:03	11:42 min/km	+6:17:30
1339	386	ISABEL MARTIN RAMIREZ	CONFECCIONES SOLER	4:32:41	10:54 min/km	7:25:25	11:57 min/km	8:39:28	11:48 min/km	9:28:29	11:38 min/km	9:47:19	11:44 min/km	+6:19:47
1340	200	PAQUI SEMPERE ROBLES	INDEPENDIENTE	4:32:42	10:54 min/km	7:25:25	11:57 min/km	8:39:27	11:48 min/km	9:28:29	11:38 min/km	9:47:20	11:44 min/km	+6:19:47
1341	1187	ALFONSO GARCIA TEJEO	INDEPENDIENTE	4:35:19	11:00 min/km	7:19:40	11:48 min/km	8:37:00	11:45 min/km	9:28:53	11:38 min/km	9:48:28	11:46 min/km	+6:20:56
1342	1181	LATIFA SALAH MOHAMED	INDEPENDIENTE	4:35:20	11:00 min/km	7:19:40	11:48 min/km	8:37:00	11:45 min/km	9:28:52	11:38 min/km	9:48:29	11:46 min/km	+6:20:56
1343	219	MERCEDES GARCIA PAINE	INDEPENDIENTE	4:42:33	11:18 min/km	7:26:18	11:58 min/km	8:40:40	11:50 min/km	9:31:10	11:41 min/km	9:49:59	11:47 min/km	+6:22:26
1344	378	FRANCISCO VALLE BURREZO	NINGUNO	4:42:31	11:18 min/km	7:26:18	11:58 min/km	8:40:40	11:50 min/km	9:31:09	11:41 min/km	9:50:00	11:48 min/km	+6:22:27





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CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	OFICIAL	RITMO	
448		ELENA MARIA MARIN JUAN	INDEPENDIENTE	4:15:55	10:14 min/km									
477		JOSE REINA RODRIGUEZ	INDEPENDIENTE											
431		LUIS MANUEL VARELA ULLOA	INDEPENDIENTE	2:27:44	5:54 min/km									
606		JOSE CARLOS ROBLES COCA	INDEPENDIENTE	2:55:53	7:02 min/km	5:01:24	8:05 min/km	5:55:38	8:04 min/km	6:34:51	8:04 min/km			
630		RAMON CANELA HURTADO	TRAIL RUNNING MELILLA	1:43:25	4:08 min/km									
649		JOSE MANUEL FERNANDEZ DIAZ	CORREDORES AFRICANUS	2:24:25	5:46 min/km									
658		JOSE A. BASCUÑANA SIMON	INDEPENDIENTE	3:30:18	8:24 min/km	6:05:26	9:48 min/km							
29		JUAN SOLER VALLEJO	INDEPENDIENTE											
47		ISABEL DE LOS REYES DOBLAS	ARTE Y DEPORTE	3:37:58	8:43 min/km									
1200		JUAN VICENTE BLASCO ARACIL	INDEPENDIENTE											
1230		BENEDICTA PEÑA PONCE	INDEPENDIENTE											
1220		SANDRA VAREA BENABIDES	INDEPENDIENTE											
1221		BLAS CASTRO CANTERO	INDEPENDIENTE											
1245		MARTA NUÑEZ PELAEZ	INDEPENDIENTE	4:22:07	10:29 min/km									
1305		JAIRO SANCHEZ MORENO	INDEPENDIENTE	2:10:27	5:13 min/km									
1321		PAULA CALLEJON AGUILAR	INDEPENDIENTE											
1324		IGNACIO JOSE LOPEZ MAÑAS	INDEPENDIENTE											
1333		JESUS ROMERO IMBRODA	INDEPENDIENTE											
1259		INMACULADA ORTELLS RODRIGUEZ	INDEPENDIENTE	4:15:44	10:13 min/km									
1264		JESUS DANIEL ROMAN MOLI	INDEPENDIENTE											
1288		BRYAN JAVIER IGON BEDOYA	INDEPENDIENTE	2:58:31	7:08 min/km	4:56:29	7:57 min/km	5:59:26	8:10 min/km	6:45:45	8:18 min/km			
1285		VICTORIA BAEZA TORRES	INDEPENDIENTE	2:57:43	7:06 min/km									
1110		LETICIA RODRIGUEZ MARCOS	INDEPENDIENTE											
1116		BEATRIZ PEDRAZA RETTSCHLAG	INDEPENDIENTE											
1121		IVAN GARCIA CANLE	INDEPENDIENTE	2:59:20	7:10 min/km	5:26:29	8:45 min/km	6:28:07	8:49 min/km	7:10:21	8:48 min/km			
1137		Mª ANGELES ALEMANY GALVEZ	INDEPENDIENTE											
1138		GUIZLAN SONIA DRIS EL MANSOURI	INDEPENDIENTE											
1141		ABDELOUHAB EL MESSAOUDI	INDEPENDIENTE	2:17:36	5:30 min/km									





Fecha: 30/03/2019

MARCHA CARRERA

Distancia: 50.000 ms

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	OFICIAL	RITMO	
1142		OSCAR ANDRES CUERO MELLIZO	REGULARES DE MELILLAME ATREVO	3:44:31	8:58 min/km									
1160		DANIEL SANTOS FEIJOO	INDEPENDIENTE	4:44:47	11:23 min/km									
1155		AURELIO DE LA FUENTE GONZALEZ	HTRAINER											
1058		JUAN CARLOS JIMENEZ CAPEL	CLUB ATLETICO MELILLA	2:10:57	5:14 min/km	3:30:20	5:38 min/km							
1010		MERCEDES REDONDO SANCHO	INDEPENDIENTE											
1044		ALFONSO AGUILAR MARTIN	INDEPENDIENTE	3:45:42	9:01 min/km									
766		ALBERTO PIAZZA	INDEPENDIENTE											
767		MANUEL MARIN SALINAS	HTRAINER											
828		NIEVES LORETO LIMIA GALLEGO	INDEPENDIENTE											
829		MARIANO TORRES MAGANTO	INDEPENDIENTE											
824		ENCARNACION VILLATORO MUÑOZ	INDEPENDIENTE											
718		CRISTINA GUERRERO MORENO	INDEPENDIENTE											
947		JUAN SANCHEZ BERNAL	INDEPENDIENTE	3:09:39	7:35 min/km									
892		CARMEN ALONSO GARCIA	INDEPENDIENTE											
921		EHMED ABDESELAM ABDEL LAH	GRUPO REGULARES MELILLA 3ª CIA											
917		FRANCISCO ANTONIO BEJAR BOCETA	INDEPENDIENTE	2:29:37	5:59 min/km	4:03:05	6:31 min/km			5:15:57	6:28 min/km			
863		ALBERTO RAMOS MARQUEZ	INDEPENDIENTE	3:38:00	8:43 min/km									
1444		JUAN ANTONIO LOPEZ LASTRA	INDEPENDIENTE					6:22:34	8:41 min/km					
1492		ABDELSAMAD AHMED HADDU	INDEPENDIENTE	3:58:37	9:32 min/km									
1487		MUSTAFA ABDELKADER MOHAMED	INDEPENDIENTE	2:02:32	4:54 min/km	3:35:07	5:46 min/km							
1352		MANUEL PACHECO SANCHEZ	FONDISTAS TOLEDANOS											
1367		JUAN CARLOS NUÑEZ FERNANDEZ	AFRICANIC@S											
1376		FRANCISCO DANIEL RUIZ SANCHEZ	INDEPENDIENTE	2:06:26	5:03 min/km									
1406		FRANCISCO MANUEL GOMEZ GONZALEZ	NINGUNO											
1392		HABIT MOHAMED HADDU	BEER RUNNERS	2:11:51	5:16 min/km									
1393		JUAN CARLOS FDEZ BERNAL	INDEPENDIENTE	4:12:28	10:05 min/km	6:43:12	10:49 min/km	8:04:41	11:00 min/km					
1390		JESUS ANDUJAR AVIÑON	TRAIL RUNNING MELILLA											
1387		FIDUAN MOHAMED MOHAMED	INDEPENDIENTE	2:57:26	7:05 min/km									





Fecha: 30/03/2019

Distancia: 50.000 ms

MARCHA CARRERA

CLASIFICACION GENERAL

Pos	Dorsal	Nombre	CLUB/EQUIPO	CONTROL 1		CONTROL 2		CONTROL 3		CONTROL 4		TIEMPO		DIF.
				22.000	RITMO	35.500	RITMO	43.000	RITMO	46.000	RITMO	OFICIAL	RITMO	
1382	ALEJANDRO TELLEZ SEGURA	INDEPENDIENTE		2:11:19	5:15 min/km									
1661	SERGIO ALDEGUER JOYA			2:37:03	6:16 min/km									
1541	DANIELA PEREZ MESAUD	INDEPENDIENTE												
1562	ALBA CREUS GUILLEN	CLUB NATACION MELILLA												
1563	MARINA SILVA CUEVAS	INDEPENDIENTE		4:24:15	10:34 min/km	7:26:35	11:59 min/km							
1564	IRENE CRUZ HERNANDEZ	INDEPENDIENTE		4:24:15	10:34 min/km	7:26:33	11:59 min/km							
1578	JOSE MANUEL PEREZ MARTINEZ	REGULARES DE MELILLA...ME ATREVO		2:49:33	6:46 min/km									

